

The Tuesday Newsletter



Sacred Heart of Jesus School is a diverse community dedicated to educating the body, mind and spirit.

WEEKLY NEWS FROM SACRED HEART OF JESUS SCHOOL

APRIL 30, 2024

CALENDAR PEEK!

- 05.03 **SPIRIT SHIRT DAY**
- 05.03 **MAY CROWNING** (8 am in the church led by 2nd grade)
- 05.03 **VOLUNTEER MASS & RECEPTION** (8 am in the church led by 8th grade)
- 05.03 **MIDDLE SCHOOL DANCE** (6:30 pm in the school gym)
- 05.04 **FATHER DAUGHTER DANCE** (6 pm in the school gym)
- 05.06-05.10 **TEACHER APPRECIATION WEEK**
- 05.08-05.10 **8TH GRADE EXAMS** (dismiss @ 11 am)
- 05.09 **BIRTHDAY FREE DRESS** (May & June birthdays)
- 05.10 **MASS** (8 am in the church led by 3rd grade)
- 05.11 **CYO SOFTBALL TOURNAMENT** (Sacred Heart baseball field)
- 05.12 **CHILDREN'S MASS** (11 am in the church)
- 05.13 **8TH GRADE FAMILY NIGHT DINNER** (6 pm in the school gym)
- 05.14 **8TH GRADE PROMOTION PRACTICE** (8 am) & **FINAL WALK** (10 am)
- 05.15 **8TH GRADE PROMOTION PICTURE** (5:30 pm in front of the church)
- 05.15 **8TH GRADE PROMOTION** (6 pm in the church)



PRINCIPAL'S POST

By: Michael Miller

Greetings to All!

I can't believe that May is upon us. The time of graduation, tests, quizzes, finishing projects, and special events galore!

This week is no exception. Friday, May 3rd our second grade students will conduct May Crowning of the Blessed Virgin Mary at Mass. We are also celebrating our volunteers after Mass which will be led by our 8th grade students. In the evening, Sacred Heart will host the end of the year middle school dance. Followed by the Father Daughter Dance on Saturday, May 4th. Sounds like some folks are going to need some new dancing shoes.

Next week is Teacher Appreciation Week. Our teachers are the best in town! Let them know how much you appreciate them by sending gift cards or special treats. Eighth grade exams are Wednesday-Friday, May 8th-10th and Thursday, May 9th is birthday free dress for May AND June Birthdays.

Thank you all for your support of Sacred Heart of Jesus Church and School. Your belief in the importance of Catholic education and formation is what fuels us each day to provide an outstanding faith and values based education for every student at Sacred Heart.

WHAT'S HAPPENING!

Continued from page 1

MAY CROWNING Please join us for May Crowning at Mass on May 3 led by 2nd grade. Students are invited to bring a flower for Mary.

VOLUNTEER MASS If you volunteered 60 or more hours this year you should have received an invitation via backpack mail to the volunteer Mass this Friday. If you did not receive an invitation, please email Wendy Milam wmilam@sacredheartbr.com. Everyone is welcome to attend Mass, but volunteers with more than 60 hours will be recognized.

MIDDLE SCHOOL DANCE The middle school dance is this Friday, May 3 from 6:30-9:00pm in the Sacred Heart school gym. We need your help with donation prizes, setting up, serving food/drinks and cleaning up for the evening. [Click here](#) to sign up for refreshments and prizes or [click here](#) to help with decorations or to chaperone.

FATHER DAUGHTER DANCE The annual father/daughter dance is this Saturday, May 4th from 6:00-8:00pm in the Sacred Heart school gym. We need your help setting up, serving food/drinks and cleaning up for the evening. [Click here](#) to sign up.

CHEER TRYOUTS Cheer tryouts are on Tuesday, May 7 and Wednesday, May 8 for girls that will be in 5th-8th grade next year. Questions? Contact Maggie Calandro (MCalandro@SacredHeartBR.com).

LOST AND FOUND If your child is missing a sweatshirt, please have them check the lost and found cubby. We have A LOT of sweatshirts (with no names in them) on those shelves.

SCHOOL SUPPLIES I know this year has not ended yet but it is already time to order your school supplies for the 2024-25 school year. The deadline to order to have them delivered to school is May 15. Questions? Contact Narkita Roscoe (roscoenarkita@gmail.com). See the flyer on page 10 for more information.

ANNUAL SCHOOL CALENDAR The [annual school calendar](#) for the 2024-25 school year is ready! See page 12 for the first day of school and holidays for next year.

LSU SUMMER LANGUAGE CAMP Summer 2024 camp will offer Chinese, French, German, Italian and Spanish. The two week camp runs June 10-14 / June 17-21 from 9am-4pm. Registration is \$600 (\$550 plus \$50 reg. fee).

SACRED HEART PARISH MESSENGER [Click here](#) to read this week's edition of The Sacred Heart of Jesus Parish Messenger.

SACRED HEART OF JESUS ST. VINCENT DE PAUL FOOD PANTRY Sacred Heart of Jesus St. Vincent de Paul Food Pantry serves people in need who live within the geographical boundaries of Sacred Heart of Jesus Parish. Food pantry collections are made each Friday during our school liturgy. Students, faculty, and staff donate non-perishable food items and are a major source of donations. While all donations are accepted, the pantry is in particular need of rice, beans, peanut butter, canned fruit and canned meat. Thank you so much for your support!

NEWS TO THE EDITOR Do you have news for The Tuesday Newsletter? Please email news to WMilam@SacredHeartBR.com by 1:00 p.m. the Monday prior to publication.

God of wisdom,
we thank you for all the gifts you have given us
throughout this school year.
We praise you for giving us life,
for saving us in Christ,
and for choosing us to be your people.

As we come to the end of this school year,
we voice our gratitude
for the good things you have done in us,
and we praise you for all who have shared in the work of this year.

We ask you to bless them in your love
and give them refreshment and peace.

We praise you, God, through Jesus Christ our Lord, who lives and reigns
forever and ever. Amen!



Congratulations to our Track and Field athletes and Coach Erica Clark on a successful season!

James Rutledge 3rd place in the 200 meter

Mathieu Brackeen 5th place in the 400 meter

Mathieu Brackeen, James Rutledge, Caleb Clark, and Andrew Brackeen - 5th place in the 4x100 relay

Mathieu Brackeen- 3rd place in the long jump

Congratulations to the 6th/7th grade volleyball team for winning 2nd place in the St. George tournament last weekend!

The [Tiger Shop](#) is always open for fan gear!

Student life lately...



SACRED HEART HOME + SCHOOL

NEWS AND REMINDERS

- **SCHOOL SUPPLIES 2024-2025** – We know this school year isn't over yet, but it's time to order school supplies for next year!! The deadline to order is May 15th. This is a fundraiser for the school, and supplies are shipped directly to the school. It's a win-win!!! Visit www.schooltoolbox.com or see the flyer below for more details.
- **CALLING ALL VOLUNTEERS!** If you are interested in being more involved with Home and School for next school year, please contact Home and School Co-Presidents Kecia Campbell (keciacampbell@yahoo.com) or Lori Stoeckle (lori.stoeckle@gmail.com).
- **TIGER SHOP IS OPEN 24/7!** Don't forget to buy yourself, friends, and family Sacred Heart merch and gear for your summer wear! It's a great way to help support our school! [Click here to shop.](#)



HAPPY BIRTHDAY

April 27 - Candice Brooks (Coordinator of Religious Education & Elementary Religion Teacher)

May 26 - Michael Miller (Principal)

May 27 - Rianna Reed (Music Teacher)

We are so very GRATEFUL for you!



PLEASE JOIN US FOR THE

School
Volunteer
Mass

WITH VOLUNTEER RECOGNITIONS

FRIDAY, MAY 3, 2024

AT 08:00 AM
SACRED HEART OF JESUS CHURCH
*RECEPTION TO FOLLOW





SACRED HEART
MIDDLE SCHOOL DANCE

FRIDAY, MAY 3, 2024

6:30 - 9:00 PM

SACRED HEART OF JESUS SCHOOL GYM

**COME JOIN US FOR A NIGHT OF
MUSIC, FUN, GAMES, AND PRIZES!**

**ADMISSION PRICES: \$8 PRESALE UNTIL MAY 3
AT 2:45 PM/ \$10 AT THE DOOR**

**GUESTS ARE ENCOURAGED TO BRING CANNED FOOD ITEMS TO HELP
STOCK THE SACRED HEART FOOD PANTRY! ONE RAFFLE TICKET ENTRY
PER CANNED FOOD ITEM (MAX 10 TICKETS)**

LINKS FOR PIP HOUR OPPORTUNITIES & FORMS

**TICKET
PRESALE FORM**

**REFRESHMENT/PRIZES
SIGN UP**

**CHAPERONE/DECORATING
SIGN UP**

**GUEST
INFORMATION/
PERMISSION
SLIP**

COME ONE COME ALL

AND JOIN US FOR THE GREATEST SHOW ON EARTH

SACRED HEART'S ANNUAL

FATHER DAUGHTER DANCE

SATURDAY, MAY 4, 2024

6:00 UNTIL 8:00 PM

SACRED HEART SCHOOL GYM

ADVANCE TICKETS:

\$40 PER COUPLE

\$10 PER ADDITIONAL GIRL

ADVANCE TICKETS DEADLINE

TUESDAY, APRIL 30TH

TICKETS AT THE DOOR:

\$50 PER COUPLE

\$10 PER ADDITIONAL GIRL

HOSTED BY GIRL SCOUT TROOP 10278

FATHER DAUGHTER COUPLE: 1 @ \$40.00: \$40.00

ADDITIONAL GIRL(S): # @ \$10.00 PER GIRL: \$

TOTAL: \$

GIRL SCOUT FUN PATCH: # FREE FOR GIRL SCOUTS

DAUGHTER(S) NAME(S): _____ GRADE/CLASS

MAKE CHECKS PAYABLE TO GIRL SCOUT TROOP 10278

RETURN TO JOANNA CANEZARO C/O GIANNA 8TH GRADE BY TUESDAY, APRIL 30TH

SONG REQUEST: SONG NAME _____ ARTIST _____

PHOTOGRAPHER WILL BE ONSITE

PACKAGES TO BE PURCHASED DIRECTLY WITH THE PHOTOGRAPHER THE NIGHT OF THE DANCE



Volunteers/Donations Needed Last Opportunities for PIP hours!

MIDDLE SCHOOL DANCE

We need your help donation prizes, setting up, serving foo/drinks and cleaning up for the evening. CClick below for sign up genius.

[Refreshments and Prizes](#)
[Chaperones/decorations](#)

FATHER DAUGHTER DANCE

We need your help setting up, serving food/drinks and cleaning up for the evening. Use the sign up genius below if interested!

[Sign up here!](#)

JOSEPH HALL COURTYARD

Mrs. Aydell and the 2nd grade class are planting all sorts of beautiful plants in the courtyard. They are in need of the following items to help beautify our special hidaway. Click the link below to select items to bring to school by May 1st!

[Sign up here!](#)

TEACHER NEEDS

The following requires that you have a completed Background Check.

- [Mrs. Payne](#): Assistance in the library

CHEER TRYOUTS



**TUESDAY, MAY
7TH FROM 3-5**

**WEDNESDAY, MAY
8TH FROM 3-3:45**

**TUESDAY: LEARN THE
CHEER AND DANCE
WEDNESDAY: TRYOUTS**

LOCATION: MAIN GYM

**ANY QUESTIONS PLEASE EMAIL
MAGGIE CALANDRO AT MCALANDRO@SACREDHEARTBR.COM**

Order online **today!**

Dear parents,

We are happy to announce that we have chosen to sell prepackaged school supplies for the next school year through School Tool Box.

It doesn't get any easier than this!

- Put your zip code in the box at **SchoolToolBox.com**
- Find the school, then choose your child's new grade
- Each supply box matches your teacher's approved list
- Supplies are name-brand and guaranteed all school year



SCHOOL TOOL BOX

schooltoolbox.com

800-952-1119

Your order supports



One Box, One Meal

School Name:

Sacred Heart of Jesus School
Baton Rouge, LA 70802

Ordering Available:

April 22nd - May 15th

Pick-up date at school:

In classroom on first day



Notes



Scan here to view your school's boxes and place your order today!





Don't miss our best storewide sale of the year!

IN-STORE AND ONLINE

SAVE 15% IN MAY



You'll also get \$10 In School Time Bucks for each \$100 spent in-store and online in May.

Sacred Heart of Jesus School

**15%
off**

**FRIDAY, JUNE 21 &
SATURDAY, JUNE 22, 2024**

Save on your entire purchase in-store and online during your school's sale days!

We'll also give you \$5 In School Time Bucks for each \$100 spent in June!
Use code **GOLDTIGER1** to get **FREE SHIPPING** and 15% off.

WWW.SCHOOLTIMEUNIFORMS.COM

If you miss your school's sale days, you can still **save 10% all month in June** in-store and online!

You will also get \$5 In School Time Bucks for each \$100 spent.

Why do parents love shopping at School Time?

We have a wonderful staff ready to help you find exactly what you need. We also allow returns and exchanges even when logos are on your items.

**WE OFFER
LAYAWAY**

Annual School Calendar

2024



2025

Sacred Heart of Jesus

July

July 25
New Family
Night @ 6 pm

August

August 1-7
Teacher In-
Service
August 8
First Day of School

September

September 2
Labor Day
Holiday

October

October 18 & 21
Fall Holidays
October 22
Students return
to school

November

November 22
1/2 day
November 25 - 29
Thanksgiving
Holidays

December

December 2
Students return
to school
December 20
1/2 day
**December 23-
January 6**
Christmas Holidays

January

January 6
Teacher In-Service
January 7
Students return
to school
January 20
Martin Luther King,
Jr. Holiday

February

February 28
1/2 day

March

March 3-7
Mardi Gras
Holidays
March 10
Students return
to school

April

April 17
1/2 day
April 18-25
Easter Holidays
April 28
Students return
to school

May

May 22
Last Day of
School

June

Sun Safety and Treating Sunburn in Kids

Sun Safety

People receive more than 50% of their lifetime UV exposure in childhood, so it is important to protect them from the sun and sunburn when they are kids and hopefully help reduce their later risk of skin cancer. People with fair skin and freckles can also be at a higher risk for developing sunburns with even limited sun exposure, so protection for kids in these groups is key. Every sunburn your child gets can put them at increased risk for skin cancer later in life. Following these sun safety tips can help prevent sunburn:

American Academy of Pediatrics. Sun safety: information for parents about sunburn and sunscreen.

- Apply sunscreen for at least 15 to 30 minutes before going outside over all exposed areas of the body.
- Avoid sun exposure during peak times from 10 a.m. to 4 p.m. when UV rays are the strongest.
- Routinely use a broad-spectrum sunscreen or sunblock with a sun protection factor (SPF) of 30 or higher that protects against both UVA and UVB rays.
- Wear protective clothing including sunglasses, wide-brimmed hats, and loose, long-sleeved shirts and pants with a tight weave.
- Babies are also susceptible to sunburn. Although it is best to keep babies younger than 6 months out of direct sunlight and use protective clothing and hats to help reduce exposure, you can also apply a small amount of sunscreen to exposed skin when necessary.

Sun Burns

Even when parents do their best to protect their kids from too much sun, many children will still end up with sunburn at some point. So, it's important to know how to identify a sunburn, what to do about it, when to call a doctor, and how to prevent future sunburns in kids.

Like other burns, sunburns can cause first-degree burns, which are the most common type, but more severe sunburns can lead to second-degree burns, and more rarely, third-degree burns. Parents should be aware that both UVB and UVA rays can damage their kids' skin. While UVB rays typically *burn* the skin, UVA rays may be more important in *aging* the skin. The radiation from UVA rays is more constant and penetrates deeper into the skin (the dermis). Both UVA and UVB cause DNA damage in the skin; the damage which can lead to skin cancer. Even if your child has only a mild burn or has no visible burn at all, skin damage may still occur.

Kids' Sunburn Symptoms

While your child can get a sunburn in as little as 15 to 30 minutes of being in the sun without adequate protection, the symptoms of a sunburn typically don't develop until one to 24 hours later. Symptoms can include pain, red skin that may have blisters, and sometimes fever.

Even though sunburns are more common in children with lighter skin, children with all shades of skin color can still get sunburned. Regardless of skin color, sunburned skin can be sensitive to the touch, and feel hot, painful, irritated, or itchy. Because it may be harder to detect the redness of a sunburn in kids with darker skin, it is important for parents to watch for signs of heat stroke from sun exposure including headaches, dizziness, nausea, swollen skin, fever, or muscle cramps. Most kids recover from their sunburns over the course of two to seven days, depending on how bad it was, to begin with, and with the first few days being the worst. After four to seven days, your child's sunburned skin will usually peel.

Sunburn Complications

Depending on the severity of your child's sunburn, they may be at risk for complications. Each can lead to significant health impacts if not addressed, so it is important to pay close attention if any of the following complications present with your child's sunburn.

Dehydration

Excessive amounts of water are lost through sweat— particularly during physical activity. If you are also not drinking water during this time, dehydration can set in, depleting the body of water and electrolytes, such as sodium and potassium.

Blisters

More severe sunburns that cause second-degree burns can have blisters that develop on the skin. These small, fluid-filled sacs will typically burst within a few days of forming and then heal completely within two weeks. Do not pop the blisters intentionally, as this can lead to infection. Keep blistered areas clean and dry as possible, covering them with loose gauze.

Sun Poisoning

Sun poisoning is a non-medical term for severe sunburn. This type of sunburn may include red, painful skin with swelling and blisters. A child with sun poisoning may also have other symptoms, such as fever, chills, or nausea. Sun poisoning is also sometimes used to describe the rash that certain people get because they have a sensitivity to the sun. The medical term for this type of sun exposure rash is a polymorphous light eruption, which can present as small, red dots on the skin, eczema-like patches, or target-shaped lesions one to two days after sun exposure. Less commonly, a condition known as solar urticaria may occur in sunburned children in which both redness and hives are present but typically resolves within several hours post-sun exposure.⁷

Heat Stress

Heat-related illnesses like heat exhaustion (the precursor to the more serious heat stroke) can happen to children during sun exposure regardless of whether or not their skin appears to be sunburned. When an increase in core body temperature due to sun exposure is combined with a lack of hydration, heat exhaustion can occur.

A child with a red face during sun exposure may not actually have a sunburn yet, but they could be experiencing a form of heat stress that can cause health complications if not treated. If your child experiences weakness, dizziness, nausea, vomiting, or headache, with pale, warm, and moist skin, it's important to remove them from the heat and seek medical attention.

When to Call the Doctor

Call your doctor if your child has a severe sunburn, blisters, or fever, and/or if the sunburn covers a large area of his body. Increased redness, yellow discharge from blisters, and skin swelling can be signs of infection that may require medical attention.

Additionally, seek medical treatment if your child is particularly lethargic, begins vomiting, or experiences severe dizziness.

Treating a Child's Sunburn

There are many things you can do to ease the discomfort of your child's sunburn, but there is nothing you can do to reverse the damage to DNA and structures in the skin that occurs with a sunburn. The goals of most sunburn treatments are to make your child comfortable and ease the pain, especially in the first few days when the sunburn is usually the most painful. When you first notice a child's sunburn, immediately remove them from the sun if you haven't already. Then, offer pain reducers, such as Tylenol (acetaminophen) or Advil (ibuprofen), and apply a cool, wet compress over the affected area. Make sure that your child is given extra fluids so that they don't get dehydrated.²

Cool baths and showers can help to relieve the heat and pain associated with sunburns, as can applying soothing lotions that contain aloe vera. An oral antihistamine and topical moisturizer can be used once the sunburned areas begin to peel and become itchy. For severe sunburns, prescription-strength pain medicine and prescription burn cream like Silvadene may be necessary to reduce significant pain.² Additionally, corticosteroids are used rarely and only with severe sunburns.

Sunburn Relief Don'ts

While your child is recovering from a sunburn, avoid things that may aggravate his sunburned skin, such as hot baths or showers and lotions that contain benzocaine. Be extra careful not to expose them to the sun. In addition to being painful, the sunburned areas are likely even more susceptible to getting harmed by the sun. Treatments for sunburn do not heal the burn. There are no treatments that address the damage that has been done. The goal of "treatment" is to ease discomfort while the body repairs itself.

Monday Tuesday Wednesday Thursday Friday



6
 Chicken Tenders
 Red Beans and Rice
 Garden Salad
 Garden Variety Veggies
 Pineapples
 Biscuits
Choice: Pizza

7
 Chopped Beef Steak and Gravy
 Over Mashed Potatoes
 Garden Salad
 Garden Variety Veggies
 Peaches
 Roll
Choice: Chicken Smackers

8
 Chicken Filet on Bun
 French Fries
 Lettuce and Pickle Cup
 Garden Variety Veggies
 Fresh Strawberries
Choice: Chef Taco Salad

9
 Jambalaya
 White Beans
 Garden Salad
 Garden Variety Veggies
 Sorbet Cup
 Dinner Roll
Choice: BBQ Pork Fries with Dinner Roll

10
 Hamburger/Cheeseburger
 Lettuce and Pickle Cup
 French Fries
 Garden Variety Veggies
 Tropical Fruit
Choice: Baked Potato with Taco Meat

13
 Honey Citrus Chicken
 Fried Rice
 Garden Salad
 Garden Variety Veggies
 Pineapples
Choice: Pizza

14
 BBQ Pulled Pork Sandwich
 Baked Beans
 Garden Variety Veggies
 Lettuce and Pickle Cup
 Tropical Fruit
Choice: Chicken Smackers

15
 Chicken and Sausage Gumbo
 Garden Salad
 Garden Variety Veggies
 Orange Wedges
Choice: Chef Caesar Salad

16
 Pizza
 Buttered Corn
 Garden Salad
 Garden Variety Veggies
 Red Apple Wedges
Choice: BBQ Pork Fries with Garlic Breadstick

17
 Chicken Filet on Bun
 French Fries
 Lettuce and Pickle Cup
 Garden Variety Veggies
 Fruit Choice
Choice: Baked Potato with Taco Meat

20
 Hamburger
 French Fries
 Garden Variety Veggies
 Whole Orange
Choice: Pizza

21
 Nachos
 Salsa
 Mexican Corn
 Garden Variety Veggies
 Fruit Choice
Choice: Chicken Smackers

22
 Chicken Smackers
 Mashed Potatoes
 Garden Variety Veggies
 Fruit Choice
 Dinner Roll
Choice: Pizza

23
 Macaroni and Cheese
 Green Beans
 Garden Variety Veggies
 Fruit Choice

24
 Pizza
 Buttered Corn
 Garden Variety Veggies
 Fruit Choice

27

28

29

30

31

Enjoy Your Summer!





arts council
GREATER BATON ROUGE

DEAR MAGNET SCHOOL
PRINCIPALS,

I hope that this letter finds you well. My name is Shamira Gatz, I am one of six district leaders heading a new national arts project hosted by the Arts Council of Greater Baton Rouge. The project is called "Arts for Everybody", and we are thrilled to partner with the EBR Fine Arts Department for this event. I am overjoyed to open this opportunity to all EBR students to continue experiencing the magic of performing arts this summer. On July 27th, we will be presenting a performing arts show with a multitude of different dance styles, acting, and music. AUDITIONS are next Saturday, April 27th, at the Arts Council downtown. Casting will be divided in three separate time blocks according to age brackets. Myself and Mike Esneault are spearheading this event and can't wait to spread the word with your help. We have EBR Central Office/EBR Communications Department approved marketing materials for your students. Thank you for your continued support of the arts, and recognizing the power in bringing a community together.



☎ 225-439-2228
✉ fortheloveofdance@yahoo.com
📍 3446 Drusilla Ln. BR, LA 70809
🌐 ftldstudios.com

OUR BEST,

Shamira Gatz

District Leader
(Owner/Director FTLD Studios)

ACGBR- Director of Arts In Education



This program or event is sponsored in whole or part by the U.S. Department of Health and Human Services-Office of Minority Health and the City of Baton Rouge





arts council
GREATER BATON ROUGE

Dance Auditions

**April 27th
2024
3:00pm-7:30pm**

**ARTS
FOR
EVERY
BODY**

ONE NATION/ONE PROJECT



Audition blocks:

**Ages 6-9yrs 3pm-4:30pm
Ages 10-12yrs 4:30pm-6:00pm
Ages 13-17yrs 6:00pm-7:30pm**

Open casting call EBR students
ages 6-17 welcome!

Wear All-Black

Dance shoes required:

Jazz, ballet, and sneakers for hip-hop.

Audition Location:

Arts Council of Greater Baton Rouge
233 Ferdinand St. BR, LA 70802

Show dates: July 26th & 27th 2024



This program or event is supported in whole or in part by the U.S. Department of Health and Human Services—Office of Minority Health and the City of Baton Rouge

SACRED HEART ALUMNI SHIRT \$20



If you are interested in purchasing either shirt, [click here](#) to fill out the form.



SACRED HEART SCHOOL SHIRT \$20