

The Tuesday Newsletter



Sacred Heart of Jesus School is a diverse community dedicated to educating the body, mind and spirit.

WEEKLY NEWS FROM SACRED HEART OF JESUS SCHOOL

APRIL 16, 2024

CALENDAR PEEK!

04.15-19	SPIRIT WEEK (see schedule on page 2)
04.16	8TH GRADE FIELD TRIP (to New Orleans)
04.17	MASS (8 am in the church led by 6th grade)
04.17	3RD GRADE MUSICAL (2 pm in the gym)
04.17	GAME CLUB MEETING (end of the year party)
04.19	PROGRESS REPORTS
04.19	SPRING PEP RALLY (1 pm in the gym)
04.19	8TH GRADE VS. FACULTY VOLLEYBALL GAME (after the pep rally)
04.19	FATHER DAUGHTER DANCE (6 pm in the PAC)
04.23-24	TERRA NOVA TESTING (3rd-8th grade)
04.25	BIRTHDAY FREE DRESS (April birthdays)
04.26	MASS (8 am in the church led by 7th grade)
04.26	8TH GRADE RETREAT



PRINCIPAL'S POST

By: Michael Miller

WOW! What a week! Saturday was our annual school auction. We raised over \$109,000!! Thank you to all who came and/or bid to support our school. This is our Home & School organization's largest fundraiser of the year, and they sure made it SUPER!

You may have noticed the large charter bus this morning. Today, we are in New Orleans with our 8th graders and many of their parents. We are going to have a great day visiting Notre Dame Seminary, Fly Park for lunch, WWII Museum, and Cafe du Monde followed by a fellowship dinner. We love celebrating our students!

This week is also filled with other exciting activities. We are celebrating Spirit Week. Don't forget to check your email to ensure your child is ready to show their spirit throughout the week. Wednesday is our annual 3rd grade concert at 2 pm followed by our Meet and Greet with our new second grade teacher on Thursday morning at 7:45 in the library. Friday, we will continue to show our school spirit with our spring Pep Rally and our annual 8th grade vs. faculty volleyball game. We hope you can join us! It is sure to be entertaining! Last but not least, Friday night is the annual Father/Daughter dance. Be sure to order your tickets before tomorrow's deadline!

Do Small Things With Great Love - St. Thérèse of Lisieux

SPIRIT WEEK SCHEDULE Tuesday - Twinning or Trio Tuesday - Dress up as a pair or group of 3, Wednesday - Wacky Tacky Wednesday - Wear a wacky hat and/or tacky socks, Thursday - Throwback Thursday - Dress up as your favorite decade, Friday - Blue and Gold Day - Wear any Sacred Heart shirt with uniform bottoms

THIRD GRADE CONCERT This Wednesday at 2 pm, come to the gym to hear the glorious voices of our 3rd graders as they sing songs from The Greatest Showman and Favorite Gospel Hymns.

FATHER DAUGHTER DANCE Sacred Heart's Annual Father Daughter Dance on Friday, April 19 at 7pm in the Sacred Heart Parish Activity Center. This annual event is open to girls in all grades and their dads, stepdads, granddads, uncles or special friends to have a night of fun with dancing, food & games! We will have a photographer on site with a photo backdrop and a picture package available for purchase. The deadline to register has been extended! Please complete and return the registration form on page 5 by **TOMORROW!** For any additional questions, please contact Joanna Canezaro at joanna.canezaro@gmail.com. We are looking forward to a fun night!

ADVISORY BOARD NOMINATIONS Advisory board nominations will open this week. Keep an eye out for a special email with more information.

TERRA NOVA TESTING SCHEDULE Terra Nova testing is Tuesday, April 23 and Wednesday, April 24. Testing on Tuesday will begin at 8:15 am and end at 10:45 am. Wednesday students will test from 8:15 am-9:30 am. Thursday and Friday are makeup days. Please be sure to send your student to school on time and feed them a healthy breakfast.

A NIGHT OF THE ARTS Please join us for a Night of the Arts on Saturday, April, 27th from 5-7 pm. We will showcase student art work, choir and Spanish performances. Doors will open at 5:00 pm to view the art show. The choir will perform at 6:00 in the newly renovated prayer room and at 6:30 students will perform an authentic flamenco dance in the grassy area of the school yard (weather permitting).

RED STICK MOM'S TEACHER OF THE YEAR AWARD Red Stick Mom's is asking for nominations for teacher of the year. [Click here](#) if you would like to nominate one of our wonderful teachers here at Sacred Heart.

ANNUAL SCHOOL CALENDAR The [annual school calendar](#) for the 2024-25 school year is ready! See page 8 for the first day of school and holidays for next year.

YEARBOOK SALES HAVE BEGUN If you would like to purchase a yearbook for the 2023-24 school year, please [click here](#) or visit www.yearbookforever.com and search for Sacred Heart School. The deadline to place your order is Friday, April 26. The yearbooks will be delivered in the fall. Questions? Email Wendy Milam (WMilam@SacredHeartBR.com).

COUNSELING CORNER The Louisiana Department of Education recently received a Trauma Recovery Demonstration Grant that benefits all grade levels and schools. If you feel your child is struggling emotionally or academically and has been exposed to trauma, he or she may benefit from this program. The deadline to submit students for trauma testing is on April 30, 2024. Please contact us for more information if interested. Mrs. Banda abanda@sacredheartbr.com or Mrs. O'Brien cobrien@sacredheartbr.com.

LSU SUMMER LANGUAGE CAMP Summer 2024 camp will offer Chinese, French, German, Italian and Spanish. The two week camp runs June 10-14 / June 17-21 from 9am-4pm. Registration is \$600 (\$550 plus \$50 reg. fee).

SACRED HEART PARISH MESSENGER [Click here](#) to read this week's edition of The Sacred Heart of Jesus Parish Messenger.

AUCTION PHOTOS



WINNER OF COSTUME CONTEST!



THEY ARE "SO TIRED"

Congratulations to the Track and Field for an outstanding performance this past weekend. Every athlete on the team received a personal record!

Track, and Baseball pictures have been rescheduled to Thursday, April 18 and Volleyball will be April 22 right after school. Be sure to bring your uniforms to change into for pictures

The [Tiger Shop](#) is always open for fan gear!

- **Volleyball**

April 18

April 18

April 22

April 24

April 24

5th Grade @ St. Thomas More

6th/7th Grade @ St. Thomas More

Picture Day (bring uniform to school)

5th Grade vs. St. George

6th/7th Grade vs. St. George

5:45 p.m. @ St. Thomas More

6:45 p.m. @ St. Thomas More

3:00 p.m. Sacred Heart Gym

5:45 p.m. @ Sacred Heart

6:45 p.m. @ Sacred Heart

- **Track**

April 18

April 28

Picture Day (bring uniform to school)

Middle School Track Championship @ Catholic High

3:00 p.m. Sacred Heart Gym

- **Baseball**

April 18

Picture Day (bring uniform to school)

3:00 p.m. Sacred Heart Gym

Volleyball Candidis



SACRED HEART HOME SCHOOL

NEWS AND REMINDERS

- Our annual auction was Saturday night and it was SUPER!!!! A huge THANK YOU to our chairs, Leah Bergeron and Ashley Sensley-Square. You did an amazing job!

Our auction committee members include:

- Leah Bergeron- Co-Chair
 - Ashley Sensley Square- Co-Chair
 - Monica Shaughnessy- Vice Chair
 - Abby Rauchenberger- Vice Chair
 - Kelli Partin- Media/Communications
 - Meghan Sticker- Sponsorship
 - Nia Canyon- Decorations
 - Katie Alexander- Decorations
 - Jessica McCrary
 - Ashley Troegel
 - Sheila Alford
 - Kathryn Mount
 - Lauren Hoover
 - Heather Hebron
 - Sophie St. Romaine
 - Julie Massey
 - Teacher Liaisons - Brooke Robinson & Allison Ray
-
- If you missed the opportunity at the auction to sign up for the **FREE DRESS WEEK PASS (April 29- May 3)** for \$25 - you still can! Sign up through [this link](#) and pay either through Venmo or send a check made payable to Sacred Heart Home & School.
 - Thank you Sacred Heart Families for making this auction the best auction ever!



HAPPY BIRTHDAY

April 27 Candice Brooks (Coordinator of Religions Education & Elementary Religion Teacher)

COME ONE COME ALL

AND JOIN US FOR THE GREATEST SHOW ON EARTH

SACRED HEART'S ANNUAL

FATHER DAUGHTER DANCE

FRIDAY, APRIL 19, 2024

7:00 UNTIL 9:00 PM

SACRED HEART PARISH ACTIVITY CENTER

ADVANCE TICKETS:

\$40 PER COUPLE

\$10 PER ADDITIONAL GIRL

ADVANCE TICKETS DEADLINE

MONDAY, APRIL 15TH

TICKETS AT THE DOOR:

\$50 PER COUPLE

\$10 PER ADDITIONAL GIRL

HOSTED BY GIRL SCOUT TROOP 10278

FATHER DAUGHTER COUPLE: 1 @ \$40.00: \$40.00

ADDITIONAL GIRL(S): # @ \$10.00 PER GIRL: \$

TOTAL: \$

GIRL SCOUT FUN PATCH: # FREE FOR GIRL SCOUTS

DAUGHTER(S) NAME(S): _____ GRADE/CLASS

MAKE CHECKS PAYABLE TO GIRL SCOUT TROOP 10278

RETURN TO JOANNA CANEZARO C/O GIANNA 8TH GRADE BY MONDAY, APRIL 15TH

SONG REQUEST: SONG NAME _____ ARTIST _____

PHOTOGRAPHY BY LAYNE PHOTOGRAPHY

PACKAGES TO BE PURCHASED DIRECTLY WITH THE PHOTOGRAPHER THE NIGHT OF THE DANCE

(SEE PHOTO ORDER FORM FOR DETAILS)



Baton Rouge Ballet Theatre presents

Cinderella



APRIL 20-21, 2024 • 2 p.m.
RIVER CENTER THEATRE



BATON ROUGE PARENTS
THE MAGAZINE BATON ROUGE FAMILIES LIVE BY



THE ADVOCATE
[225] MAGAZINE





night
of the
Arts

LOCATION:
SACRED HEART SCHOOL
ART ROOM
CHAPEL
SCHOOL YARD

SATURDAY

27

APRIL

DOORS OPEN AT 5:00 PM

We are so very GRATEFUL for you!

PLEASE JOIN US FOR THE

School Volunteer Mass

WITH VOLUNTEER RECOGNITIONS

FRIDAY, MAY 3, 2024

AT 08:00 AM
SACRED HEART OF JESUS CHURCH
*RECEPTION TO FOLLOW



Annual School Calendar

2024



2025

Sacred Heart of Jesus

July

July 25
New Family
Night @ 6 pm

August

August 1-7
Teacher In-
Service
August 8
First Day of School

September

September 2
Labor Day
Holiday

October

October 18 & 21
Fall Holidays
October 22
Students return
to school

November

November 22
1/2 day
November 25 - 29
Thanksgiving
Holidays

December

December 2
Students return
to school
December 20
1/2 day
**December 23-
January 6**
Christmas Holidays

January

January 6
Teacher In-Service
January 7
Students return
to school
January 15
Martin Luther King,
Jr. Holiday

February

February 28
1/2 day

March

March 3-7
Mardi Gras
Holidays
March 10
Students return
to school

April

April 17
1/2 day
April 18-25
Easter Holidays
April 28
Students return
to school

May

May 22
Last Day of
School

June



How To Treat Your Child's Sting or Bites at Home

The sun is shining, the birds are singing, and everyone is enjoying Spring. This includes the mosquitos, bees wasp and every other creepy crawly thing. It is likely that your child may interact with such creatures. In fact, we just finished an educational program about bees with pre-k 3 through first grade. We have some neighboring bees visiting our campus flowers. The children have learned not to scare the bees, and all is well.

If your child gets stung or bitten by a bug, you want to make them feel better as soon as possible. A hug, some tear-drying and a little soap and water are enough to address most situations. If those simple steps don't take care of the problem, here are some suggestions on what to do next.

Bee stings

For starters, let's not blame bees for every sting. The who-done-it list also may include wasps, hornets, yellow jackets and other winged insects with stingers and occasional anger management issues. If your child is stung by any of these suspects, expect a few tears, as well as pain, itchiness, redness and swelling around the site of the sting often last for a day or two. It's not unusual for signs of irritation to extend across a wider area, too. (A sting near an ankle can lead to swelling up the leg, for instance.)

Steps to Go By:

1. Promptly remove the stinger if it's sticking out of their skin. More toxin gets released the longer it stays in, which can worsen symptoms.
2. Wash the area to reduce the risk of infection.
3. Apply ice, which can help minimize pain and swelling.
4. Use calamine lotion or hydrocortisone cream to ease itching.
5. If swelling lingers, talk to your pediatrician about giving your child an antihistamine. An over-the-counter pain reliever also may help if symptoms persist.
6. In rare cases, bee stings may lead to anaphylaxis, a severe allergic reaction that demands immediate emergency treatment.

Signs of an allergic reaction include:

- Hives.
- Swelling (face, throat, or mouth).
- Wheezing or difficulty swallowing.
- Restlessness or anxiety.
- Rapid pulse.
- Dizziness or loss of consciousness.

If your child has allergies to other things (such as pollen and dust) or has asthma, it might be worth talking to your pediatrician about allergy testing during bee season. Children with severe allergies to stings may be prescribed an EpiPen® to use in case of a severe reaction.

Mosquito bites

Although quite annoying, mosquito bites are rarely serious. Itching, swelling, and red lumps are typical. Welts may vary in size from barely noticeable to near softball sized. Encourage your kids NOT to scratch at the bites. Apply calamine lotion or hydrocortisone cream to help with itching if it's an issue. An antihistamine also may be useful if your child is really feeling the urge to scratch (but consult your pediatrician first). Mosquito bites can turn into a problem if kids refuse to leave them alone, covering bites with a bandage can keep fingers off of the welts.

If an infection seems to arise, call your pediatrician. Signs of infection include:

- Swelling at the site of the bite.
- Yellowish drainage or crusting over the bite.
- Warm to the touch or fever.
- Muscle weakness.

Allergic reactions (including hives, throat swelling and wheezing) are rare but do require immediate attention.

Spider bites

It's estimated that up to 15% of people are afraid of spiders. That may explain why spiders get a bad rap when it comes to bite blame. What most people call a "spider bite" is usually from another insect or other cause. Spiders can bite. The good news? Most true spider bites are harmless and don't require special treatment. Simply wash the area with soap and water and all should be well. You can also apply an ice pack to numb the bite if it hurts. An age-appropriate dose of an over-the-counter pain medication may be useful, too. There are spider bites that can be more serious.

Bites from some arachnids, such as the black widow and brown recluse spiders, are of greater concern. These spiders are found mostly in the Western and Southern United States. Symptoms may include:

- Swelling.
- Fluid-filled blister (brown recluse only).
- Increasing pain and stiffness.
- Chills.
- Fever.

Call your pediatrician right away if your child has any of the above symptoms. If the bite is on your child's arm or leg, elevate it while seeking medical advice. Allergic reactions are rare but require immediate attention.

Tick bites

Odds are you won't just find a bite mark if a tick sinks its mouth of hooks into your child's skin. Expect to find the tick, too. If you discover a tick on your child, remove the pest immediately — and carefully — using a pair of tweezers. After removing the tick, clean the area with rubbing alcohol. You can also apply antibiotic ointment or calamine lotion to help with itching. Make sure you remove the entire tick, including the head (which may be embedded in your child's skin). Any part of the tick left behind can potentially cause Lyme disease, a condition that can cause joint pain and other symptoms.

Save the removed tick in a baggie or other container for potential testing in case your child develops signs of Lyme disease, which could include:

- A large, red, ring-like mark around the tick bite.
- Fever.
- Headache.
- Feeling tired.
- Muscle aches.
- Swollen lymph nodes.
- Rash.

Contact your child's pediatrician if a tick bite leads to the above symptoms. Treatment with antibiotics in the early part of Lyme disease is necessary to avoid the spread of infection to the joints, heart, and nervous system. On a side note, if you find one tick, make sure to check for others. Ticks travel quickly once on the body and like to hide in crevasses in the skin, such as armpits or the folds of the groin area.

Final thoughts

Can bug bites or stings be serious? Yes ... but that's not usually the case. Typically, bites and stings are just a source of temporary discomfort with no lasting issues needing medical attention. Chances are good that it won't be long before your kid is back outside running around like nothing ever happened.

Enjoy Spring,

Nurse Geri

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Chicken Smackers Spaghetti and Cheese Buttered Corn Steamed Broccoli Diced Peaches</p> <p>8</p> <p>Choice: Pizza</p>	<p>2</p> <p>Soft Tacos Taco Salad Cup Pinto Beans Salsa Garden Variety Veggies Sorbet Cup</p> <p>9</p> <p>Choice: Chicken Smackers</p>	<p>3</p> <p>Chicken Parmesan with Spaghetti Garden Salad Garden Variety Veggies Apple Wedges Garlic Flatbread</p> <p>10</p> <p>Choice: Chef Chicken Smacker Salad</p>	<p>4</p> <p>Hamburger/Cheeseburger Lettuce and Pickle Cup French Fries Garden Variety Veggies Tropical Fruit</p> <p>11</p> <p>Choice: BBQ Pork Fries with Garlic Breadstick</p>	<p>5</p> <p>Pizza Buttered Corn Garden Variety Veggies Diced Pears</p> <p>12</p> <p>Choice: Baked Potato with Taco Meat</p>
<p>Chicken Tenders Red Beans and Rice Garden Variety Veggies Pineapples Biscuit</p> <p>15</p> <p>Choice: Pizza</p>	<p>Chopped Beef Steak and Gravy Over Rice Spinach Madaline Garden Variety Veggies Peaches Roll</p> <p>16</p> <p>Choice: Chicken Smackers</p>	<p>Chicken Filet on Bun French Fries Lettuce and Pickle Cup Garden Variety Veggies Fresh Strawberries</p> <p>17</p> <p>Choice: Chef Taco Salad</p>	<p>Jambalaya White Beans Garden Variety Veggies Sorbet Cup Dinner Roll Celebration Cupcake</p> <p>18</p> <p>Choice: BBQ Pork Fries with Dinner Roll</p>	<p>Nachos Nacho Salad Cup Salsa Mexican Corn Garden Variety Veggies Orange Wedges</p> <p>19</p> <p>Choice: Baked Potato with Taco Meat</p>
<p>Honey Citrus Chicken Fried Rice Broccoli with Cheese Garden Variety Veggies Pineapples</p> <p>22</p> <p>Choice: Pizza</p>	<p>Spaghetti with Meat Sauce Garden Salad Garden Variety Veggies Orange Wedges Raisin Cinnamon Roll</p> <p>23</p> <p>Choice: Chicken Smackers</p>	<p>BBQ Pulled Pork Sandwich Baked Beans Garden Variety Veggies Lettuce and Pickle Cup Tropical Fruit</p> <p>24</p> <p>Choice: Chef Caesar Salad</p>	<p>Pizza Buttered Corn Garden Variety Veggies Red Apple Wedges</p> <p>25</p> <p>Choice: BBQ Pork Fries with Garlic Breadstick</p>	<p>Macaroni and Cheese Green Beans Garden Variety Veggies Strawberry Applesauce</p> <p>26</p> <p>Choice: Baked Potato with Taco Meat</p>
<p>Chicken Smackers Spaghetti and Cheese Garden Variety Veggies Vegetable Melody Diced Peaches</p> <p>29</p> <p>Choice: Pizza</p>	<p>Soft Tacos Taco Salad Cup Pinto Beans Salsa Garden Variety Veggies Sorbet Cup</p> <p>30</p> <p>Choice: Chicken Smackers</p>			

INTERIOR LIFE THROUGH THE LENS OF ST. TERESA OF AVILA



Join Dan Burke as he talks about the Purgative, Illuminative, and Unitive ways through the teachings of St. Teresa of Avila.

Tuesday, April 16th

7:00 - 8:30 PM

Mass at 6:00 PM

Sacred Heart of Jesus Catholic Church
2250 Main Street, Baton Rouge, LA

Register Online:

SpiritualDirection.com/Events

Questions? Email Events@MyAvila.com



Dan Burke
President and Founder,
Avila Foundation



SACRED HEART ALUMNI SHIRT \$20



If you are interested in purchasing either shirt, [click here](#) to fill out the form.



SACRED HEART SCHOOL SHIRT \$20