

WEEKLY NEWS FROM SACRED HEART OF JESUS SCHOOL

FEBRUARY 26, 2024

Calendar Peek! 02.29 1929 DINNER (7 pm at White Oak Plantation) SPIRIT SHIRT DAY 03.01 03.01 MASS (8 am in the church led by 3rd grade) 03.01 **STATIONS OF THE CROSS** (2 pm in the church) GUEST SPEAKER: MARION B. LAZAN (5th -8th grade in the Parish Hall) 03.05 GAME CLUB MEETING 03.06 MASS (8 am in the church led by 6th grade) *Note this is Thursday not Friday 03.07 **STATIONS OF THE CROSS** (2 pm in the church) 03.08 **END OF 3RD QUARTER** 03.08 CHILDREN'S MASS (11 am in the church) 03.10 YOUTH LEGISLATURE (8th grade) 03.11-12 03.13 MASS (8 am in the church led by 8th grade) *Note this is a Wednesday 03.15 ST. PATRICK THEME DRESS **STATIONS OF THE CROSS** (2 pm in the church) 03.15





PRINCIPAL'S POST

By: Michael Miller

Please read the following information from Dr. Tom Eldringhoff and join us in prayer.

As the Haitian Brothers of Sacred Heart reported to their school this past Friday morning, six Brothers of the Sacred Heart in the Province of Haiti, and one lay teacher, were kidnapped by an armed gang.

Please pray for the brothers and lay teacher who continue to be held against their will, and for all brothers, especially those whose ministry involves significant risk.

Loving God, we pray for the safety and quick release of Haitian brothers: Brother Brother Pierre Valméus, Brother Adam Marius, Brother Jobner Jean, Brother Bee Hérold, Brother Freud Boncoeur, Brother Christopher Napoléon and their lay partner Altema Farah. We join our prayers with the prayer of Br. Augustine Nelson, Provincial of Haiti:

"May the triumphant Church unite with the pilgrim Church to intercede with the Father so that our beloved country, sorely tested, may rise from the ashes of its own divisions, and that worthy men and women may emerge, capable of taking the reins of the country and work together for a better future." Amen.

Do Small Things With Great Love - St. Thérèse of Lisieux

2251 Main Street Baton Rouge, Louisiana 70802 225.383.7481 225.383.1810 (f) www.SacredHeartBR.com

YEARBOOK SALES HAVE BEGUN If you would like to purchase a yearbook for the 2023-24 school year, please <u>click here.</u> The yearbooks will be delivered in the fall. Questions? Email Wendy Milam (<u>WMilam@SacredHeartBR.com</u>).

KIDS ORCHESTRA SUMMER CAMP Kids' Orchestra summer camp is quickly approaching! For the entire month of June, they will have four different weeks of camp themes surrounding music from 8am-5pm, Monday-Friday. Some of the themes are Music and Movement, The Science of Music, Books and Music, and Technology of Music. No musical experience is needed! Breakfast, lunch, and a snack will be provided. Click here to register. See flyer on page 8 for more information.

HELP FOR ST. LUKE'S EPISCOPAL CHURCH St. Luke's Episcopal Church was considered a total loss after a fire on February 17. Our student council and Jr. Beta Club would like to raise money to support their church community as they rebuild. They would like each student to bring a minimum of \$10 to help cover the cost of church supplies such as vestments, pews, kneelers, etc. Or, if possible, a donation of \$25, which will be used to purchase a hymnal that can be used right away as they are currently having Mass in the school gym. Classes with 100% participation will receive free dress, and the class with the highest amount collected will be awarded a class celebration. The deadline to donate is March 15.

COUNSELING CORNER The Louisiana Department of Education recently received a Trauma Recovery Demonstration Grant that benefits all grade levels and schools. If you feel your child is struggling emotionally or academically and has been exposed to trauma, he or she may benefit from this program. The deadline to submit students for trauma testing is on April 30, 2024. Please contact us for more information if interested. Mrs. Banda abanda@sacredheartbr.com or Mrs. O'Brien cobrien@sacredheartbr.com.

LSU SUMMER LANGUAGE CAMP Summer 2024 camp will offer Chinese, French, German, Italian and Spanish. The two week camp runs June 10-14 / June 17-21 from 9am-4pm. Registration is \$600 (\$550 plus \$50 reg. fee). See flyer on page 9 for more information.

GIRL SCOUT COOKIES Girl Scout cookies are officially on sale now! See flyer for more information.

SACRED HEART PARISH MESSENGER <u>Click here</u> to read this week's edition of The Sacred Heart of Jesus Parish Messenger.



Volleyball practice for 5th and 7th grade teams will be after school on Wednesday

Track practice Wednesday after school.

Biddy Basketball will be played this Sunday. Pre-K4/K will play at 2:00 and 1st/2nd will play at 3:00.

For parents with students in spring sports, the <u>Tiger Shop</u> is always open for fan gear!

Boys Baseball

March 1	6th Grade vs. Holy Family	7 p.m. @ Myhand Field 2
March 6	6th Grade vs. West Feliciana	7 p.m. @ Erwinville Field 2
March 8	6th Grade vs. St. John	5:30 p.m. @ Myhand Field 2
March 15	6th Grade vs. False River Academy	5:30 p.m. @ Myhand Field 2
March 18	6th Grade vs. Brusly	5:30 p.m. @ Rivault Field 3
March 27	6th Grade vs. Ascension Catholic	7 p.m. @ Plaquemine Field 1A







- Trivia Night is coming soon! Save the date! March 19! Please see the attached flyer for more information.
- Save the date for our Annual School Auction on April 13!!! If you or anyone you know is interested in sponsoring or donating to the Auction, please contact Leah Bergeron (leahberg7@gmail.com) or Ashley Sensley-Square (asensley@att.net). Please see flyer on the next page for more details.
- TIGER SHOP IS OPEN 24/7! Buy yourself, friends, and family Sacred Heart merch and gear! It's cold now and the Tiger Shop is the only place to purchase Sacred Heart uniformapproved sweatshirts and outerwear - place your orders NOW! It's a great way to help support our school!





HAPPY BIRTHDAY

March 5 - Christina O'Brien (School Counselor)

March 7 - Brooke Robinson (4th & 5th Grade Teacher)

March 9 - Akeisha Williams (Director of Advancement & Development)

March 15 - Alexis Williams (Receptionist)

March 25 - Caroline Bertrand (1st Grade Teacher)

2024 TIGER AUCTION SUPER HEROES



OUR MISSION

Steeped in Catholic tradition, Sacred Heart of Jesus School is a diverse community dedicated to educating the mind, body, and spirit. Sacred Heart is a community of faith where the primary purpose is to create an environment permeated with the Gospel spirit of love and freedom.

To continue this important work, we would like to ask for your support!

SPONSORSHIP FORM

Deadline for all sponsorships is March 13, 2024 in order to receive full advertising benefits.

Please make checks payable to Sacred Heart School and include this form to Sacred Heart School; c/o SHS Auction; 2251 Main Street; Baton Rouge, LA 70802. Sponsors should email their logos in a high-resolution format to meghancharbonnet@cox.net by March 13, 2024. All contributions are tax deductible to the extent allowable by law. A letter acknowledging your contribution will be mailed after the event.

Contact Information:	
Name	Business or Family Name
Phone Number	Email
Mailing Address	
Select One:	THE LANGER
POW LEVEL SPONSOR	WHAM LEVEL SPONSOR
 \$1,250 Reserved table for 10 guests Name in parish newsletter distributed to Sacred Heart Church parishioners Logo in school newsletter distributed to Sacred Heart families Logo included in all marketing materials Logo on event banner and auction slideshow Logo on Sacred Heart social media pages (over 4000 followers) 	 \$1,000 Reserved table for 8 guests Name in parish newsletter distributed to Sacred Heart Church parishioners Logo in school newsletter distributed to Sacred Heart families Logo on event banner and auction slideshow Logo on Sacred Heart social media pages (over 4000 followers)
ZAP LEVEL SPONSOR \$500	CRUSH LEVEL SPONSOR \$250
 Reserved table seating for 4 guests Name in parish newsletter distributed to Sacred Heart Chiparishioners Logo in school newsletter distributed to Sacred Heart fam 	 Name in school newsletter distributed to Sacred urch Heart families Name on event banner and auction slideshow



Logo on event banner and auction slideshow

Logo on Sacred Heart social media pages (over 4000

4000 followers)

Name on signage for food/beverage stations

ACRED HEART

SACRED HEART OF JESUS SCHOOL TRIVIA TOURNAMENT EMCEED BY CHALLENGE ENTERTAINMENT



TUESDAY MARCH 19

DOORS OPEN
AT: 6 PM

IN THE PARISH HALL

QUESTIONS WILL BE GENERAL TRIVIA ON VARIOUS TOPICS

4 PERSON TEAMS

ENTRY FEE: \$200/TEAM OR \$50/INDIVIDUAL

(INDIVIDUALS TO BE PLACED ON TEAMS)

JAMBALAYA DONATED BY THE KC'S, DRINKS, AND ADULT BEVERAGES
PROVIDED FOR ALL PLAYERS

IST PLACE - CASH PRIZE

<u>Click here</u> or scan the QR code to sign up Deadline to Register is Monday, March 18th Doors Open at 6 PM. Please Arrive No Later Than 6:45 PM





ARETE SCHOLARS provides private K-12 scholarships exclusively to qualifying low-to-moderate-income students. The scholarships empower parents who otherwise have limited options to select a school that best meets their child's unique gifts, talents, and learning needs.

Maximum scholarship amounts: \$4,350 for grades K-8; or \$4,900 for grades 9-12.

Application period: February 27, 2024 through May 31, 2024 (or sooner if application limit reaches 3,200)

Note: Applications are first-come, first-served, with priority given to current students using the Louisiana Scholarship Program Scholarship and TDC scholarships. An application does not guarantee a scholarship.

To be eligible for a scholarship in Louisiana, a student must meet the following income, residency, and prior school year requirements:

- 1. Louisiana resident, AND
- 2. Enrolled in Louisiana public school for 2023-24, OR
- 3. Entering kindergarten in 2024-25, OR
- 4. Received a TDC or Louisiana Scholarship Program award in 2023-24, AND
- 5. Family income less than the following maximum amounts:

HOUSEHOLD SIZE	MAX ANNUAL \$
2 People	\$51,000
3 People	\$64,550
4 People	\$78,000
5 People	\$91,450
6 People	\$104,900
7 People	\$118,350



Instructions to apply: visit www.aretescholars.org or scan the QR code to begin the online application process.

Questions? contact Mary Helen at maryhw@aretescholars.org



2024 SUMER SUMP CAMP © The Dufrocq School









Tuition \$250 per week

Week 1
June 3-7

Week 2 **June 10-14** Week 3 **June 1***7***-21** Week 4

June 24-28

M-F

8:00 am - 5:00 pm

Lunch and snacks provided

No prior musical experience needed!

Instruments Available:

Violin Flute
Viola Clarinet
Cello Trumpet

Bass Trombone
Foundations Percussion

instruments included in tuition fee

LSU 2024 Summer Language Camp

Ciao!

Hallo!

Nĭ hǎo!



Holal

Chinese, French, German, Italian & Spanish Elementary-Aged Students Ages 6-10

June 10-14 & June 17-21, 2024 9AM - 4PM

Interactive Language Lessons Games, Movies & Field Trips Arts & Crafts Cooking Lessons!!

\$550 plus \$50 registration fee

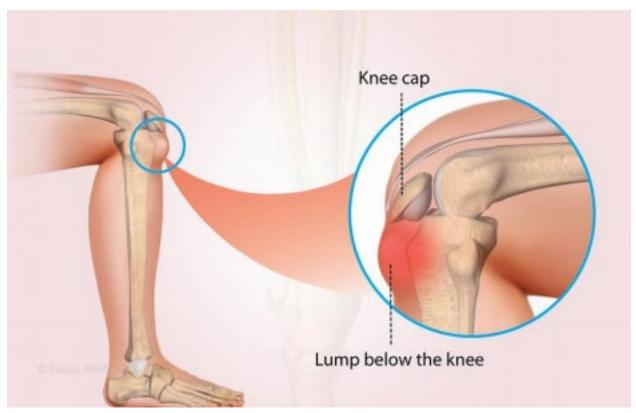
Contact Dr. Mike Dettinger: mbdett1@lsu.edu Camp Website S Registration Here!





A Look at Osgood Schlatter Disease

"Mom, my knee really hurts." The next question from mom is "What did you do to it?" The answer is usually "nothing." Many aches and pains afflict our children's growing bodies. The majority are nothing to worry about. One situation that can happen and is worth mentioning is Osgood Schlatter Disease. That sounds terrible, doesn't it? The name is worse than the actual problem, but some kids have a hard time until a growth spirt passes. It involves inflammation of the area just below knee causing pain, especially in growing children. It usually occurs in children who participate in sports that involve running and jumping such as soccer, basketball etc.



General

- Diagnosed by medical professional.
- Requires lab test or imaging.
- Can last several months.
- More common in males
- It mostly occurs during growth spurts when bones, muscle and other structures are growing and changing rapidly.
 It usually gets resolved when child's bones stop growing.
- Those who are active in sports and athletics are more prone to it.

Symptoms

- Pain in the lower part of the knee
- Swelling or tenderness
- Increased warmth under the knee and over the shinbone
- Worsening of Pain while running, exercising or any stressing activities
- Limping after physical activity
- Tight muscles in front or back of thigh
- · It mostly affects one knee.

Causes

Osgood Schlatter Disease is primarily an overuse injury. The following factors can increase the chance of occurrence: • High stress activities like running, jumping, and bending.

- Rigorous exercise
- Puberty's growth spurt
- · Active participation in athletics and sports

The risk factors include:

- Age it occurs during growth spurts.
- Gender more common in boys

Diagnosis

- Physical examination Physical examination of swelling, tenderness, and pain.
- X-ray To take a close look of knee and bones.
- MRI To rule out other conditions with similar symptoms.

Treatments

Resolves itself when growth of bone stops.

Prevention

There is no way to completely prevent Osgood Schlatter disease, but measures can be taken to minimize the possibility of occurrence -

Stretching exercises to counteract inflexibility occurring at times of rapid growth in adolescents.
 Slowly and cautiously increase the intensity and duration of sports activities.

Questions To Ask Your Doctor

- Does the child need to completely stop all physical activities?
- Does the child need to change his / her preference in the sport?
- Are there any complications?
- When can the child get back to his / her normal routine?

Nutrition

Some studies suggest diet can help:

Take rich and nutritious diet with calcium and proteins.

The Takeaway:

We know a lot more about things that aggravate growing children. Most of these irritations do not have any long-lasting effects. Call your pediatrician if your child complains of the above symptoms for longer than three days. They may need a doctor's visit if there are no other explanations for their knee pain.

My sympathies go out to all of the parents who seem to be continually buying longer skirts or pants and bigger tennis shoes this Spring. Your child will stop growing at some point in the future!

In gratitude for your growing children,

Nurse Geri



The 1929 Society (\$1000+)

Anonymous (3) Bridget and Rick Akin

Patti Alford

Sheila and Kevin '95 Alford

Jodi & Brent Altazin

Archana and Venkat Banda

Rosemary and Kyle Beall

Kim & Sterling Bertrand

Katie and Greg Bodin

LaMeisa and Darius Bonton

Mary Elizabeth & Sid Bowden

Cristina Caminita & Kurt Brauner

Diane & Paul '66 Burns

Pat & Sonny Calandro

Kecia '91 and Robb Campbell

Becky '63 & Louis '62 DeJohn

Maria '67 and David DiVincenti

Algonie & Mike DiVincenti, Jr.

Elaine and Randy Ellis

David Faucheaux

Franklin Family Fund

Jane S. Green

Shave & Brian Harriford

Jeanne & Michael Henderson

Tricia & Brady Hurdle

Fr. Joshua Johnson

Mary Beth '68 and Kelly '65 Kling

Laurie and Joey Landry

Julie and Matt Massey

Mrs. & Dr. Michael Miguez

Kristina & John Miremont

Kathryn and Cliff Mount

Daniel R. Murray '58

Natasha and John Nnadi

Christina '95 and Joe O'Brien

Partin Roofing, LLC

Patricia & Ben Ragusa

Cynthia Ristroph

Allie and Phil Schmitt

Dennis Simoneaux

Sisters of St. Joseph (\$500-\$999)

Baton Rouge Digital Products

Jamie Broyles

Congregation of the Sisters of St. Joseph

Sisters of St. Joseph (\$500-\$999) cont'd

Keith Constantino '69

Kay and James Culotta

Rebecca & Eric Lewis Carol Marabella

Cindy & Trey '84 Ourso

Donna Seidel

David '70 and Peggy Whatley

Monsignor Dominic Blasco (\$250-\$499)

Kelly and Darrell Broussard

Samuel Cancienne

Rachel & Ron Ceruti

Lisa and Clark Cosse'

Tyre and Hal '69 Dupuy

Gradney Family

Mary Lee Eggart and Clyde LeBlanc

Karleen and Reggie Green

Courtney Gustin

Michelle & Rodney Heine

Thomas Holliday '56

Dr. and Mrs. Michael Owens

Julie & Michael Perrault

Ashley Sensley and Richard Square

Akeisha Williams

Friend of Sacred Heart (\$1-\$249)

Anonymous (13)

Peter Arbour '62

Gail and Richard Beall

Caroline Bertrand

Paul Bologna '74

Gloria Broders

Erica & Brandon Brockhoeft

Candice Brooks

Maggie Calandro '09

Kim Crawford

Judy Determann '68

Sam DiVincenti

Cindy Duenckel

John Eldridge

Kay & Don Elliott

Fredrick "Rickey" Esnard '60

Allison and James Fisher

Gary Focht

Marion Gatti

Carol, Cayleen and Brandt Green

Charles W. Haase

Kyle Harvey Gail Hawkes

Lauren Hoover & Jon Eval

Beverly F. Jackson '47

Eilleen Jones

Sharon & Rob Jones

Charleen Kaelin '59

Neal King

Christie Lauff

Chloe '11 and Blake LeBlanc

Marty LeBlanc

Claudia & Ted '70 Lyles

Gina Magri

Cindy Simmons Mancuso '73

Diane and Tony '60 Marabella

Camp E. Matens '56

Deborah Matirne

Catherine & Jonny McKay

Wendy Milam

Rebecca and Michael Miller

Rose Miller

Rosalie Zito Moak

Amanda Moran '08

Michelle and Sean Nelson

Michelle Newman

Michael Olinde

Ann & Justin Ourso

Suzanne Payne

Sallie Kay Percy Janes '61

Amy Pickenheim

Alliy I ickcillicilli

Allison and Ron Ray Laura & Edward Rhorer, Jr.

Omer Roberts, Jr. '54

Brooke Robinson

Janis and Robert Roux

Barbara Schmitt

John Schwab, Jr. '62

Janelle Bergeron Shell '63

Corliss & John Sandy Smith Andy Smothermon

Victoria Stewart

Diana Saul Stewart

Lori & Justin Stoeckle

Marta Luque Suarez

^{*} Every effort is made to assure that names are listed correctly. If an error is made or a name omitted, please contact Wendy Milam (WMilam@SacredHeartBR.com)

Friend of Sacred Heart cont'd (\$1-\$249)

Jennifer & Mike Thibodeaux Scott Thomas '62 Nancy Watkins Erin Wilcox '10 Alexis Williams Tammy Williams

In Memory of

Frank & Maria Bologna

Paul Bologna '74

Betty Burns

Paul Burns '66

"Miss Libby" Dupuy

Tyre & Hal '69 Hall

John Gatti, Sr.

Marion Gatti

Martha Haase

Charles Haase

Brandon Kling '94

Mary Beth '68 and Kelly '65 Kling

Lloyd and Velma Lyles

Claudia & Ted '70 Lyles

Charles S. Marabella

Kay & Don Elliott

Adrienne & Bob Percy

Sallie Kay Percy Janes '61

Mr. & Mrs. O.L. Roberts, Sr.

Omer Roberts, Jr. '54

Julius Saul

Diana Saul Stewart

John Schwab, Sr.

John Schwab, Jr. '62

Evelyn Smith

Allie & Phill Schmitt

Stephanie Cheramie Simoneaux

Dennis Simoneaux

In Honor of

Mrs. Clifford Blanchard

Charleen Kaelin '59

Mrs. Jones

Charleen Kaelin '59

Sr. Mary Lawrence

Charleen Kaelin '59

Brooklyn Nelson '27

Michelle and Sean Nelson

Sr. Patricia Wolfe

Charleen Kaelin '59

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Are you wondering where your lost items have gone?

The front office currently houses all lost items that have been turned in with no name. We are overflowing with sweatshirts, fleeces, cardigans and even a few free dress jackets!





Support Sacred Heart Girl Scout Troop 10510!

Scan the QR code or click directly on link to place an order to the Troop! Select Girl Delivery to receive your order in person.





https://digitalcookie.girlscouts.org/scout/troop10510346?fpkp=1

Orders will be available at the end of February.







TASTE OF WARRIOR TAILGATE

• LET'S CELEBRATE

AUCTION • MUSIC • FOOD

SATURDAY, MARCH 2, 2024 6-10PM

2) + OVER EVENT



PURCHASE TICKETS HERE

SCAN ME



TIGER Shop



SHOP FOR YOUR OUTERWEAR NEEDS.

Any questions, please contact Jennifer Thibodeaux (jthibodeaux@catholichigh.org) or Kendal Scheidt (kendalsheryl@gmail.com).





SACRED HEART ALUMNI SHIRT \$20



If you are interested in purchasing either shirt, <u>click here</u> to fill out the form.



SACRED HEART SCHOOL SHIRT \$20