

WEEKLY NEWS FROM SACRED HEART OF JESUS SCHOOL

**JANUARY 23, 2024** 

#### CALENDAR PEEK!

01.23	BINGO (6:30 p.m. in the PAC)	
01.24	GAME CLUB MEETING	
01.24	<b>OPEN HOUSE</b> (5 p.m 7 p.m.)	
01.25	BIRTHDAY FREE DRESS (January Birthdays)	
01.26	MASS (8 am in the church led by 8th grade)	
01.28	<b>OPENING DAY FOR BOOK FAIR</b> (10 am - 1 pm in the school library)	
01.28	USED UNIFORM SALE (10 am - 1 pm in the school library)	
01.28-02.02	CATHOLIC SCHOOL'S WEEK	
01.29	KNITTING CLUB	
01.30	CLUB PICTURE DAY	
01.31	BOYS BASKETBALL 8TH GRADE NIGHT (6:30 p.m. in the gym)	
02.02	SPIRIT SHIRT DAY	
02.02	BLACK HISTORY CELEBRATION (1:30 p.m. in the gym)	



#### PRINCIPAL'S POST

By: Michael Miller

Greetings to All!!

Happy New Year and Happy Carnival Season!!

Time keeps flying by. We are already almost into February and Mardi Gras. Just a few reminders; Tuition information and re-enrollment information went out Monday, January 22nd via email. The information is also posted on our website.

Tonight, Tuesday, January 23rd Home and School is hosting a BINGO night for parents. Come out and join us if you can for some BINGO, snacks, drinks and fellowship. You may win a little money too.

Tomorrow, Wednesday, January 24th from 5-7pm, Sacred Heart of Jesus School is hosting our second evening open house for prospective students. Encourage your friends and neighbors who are looking for an amazing school to come check us out.

Thursday, January 25th our boys basketball teams host a full slate of games here at the Sacred Heart Gym starting at 5:45 pm. Come out and root the Tigers to victory!

And finally Sunday, January 28th we will be kicking off Catholic School's Week by hosting the opening day of the Scholastic School Book Fair and a Used Uniform Sale both beginning at 10 am. It is a busy week in an amazing year! God Bless you all and thank you for your belief in Sacred Heart of Jesus Church and School.

2251 Main Street

Baton Rouge, Louisiana 70802

225.383.7481

225.383.1810 (f)

www.SacredHeartBR.com

**REENROLLMENT CORRECTION** The re-enrollment period has begun. The deadline in last week's Tuesday newsletter was incorrect. The correct deadline to re-enroll without a late fee is February 19. For more information regarding tuition and fees, please visit our website or see the email from Mr. Miller that was sent yesterday.

**QUIZ BOWL TOURNAMENT** Congratulations to our quiz bowl teams! After five grueling rounds, the 5th and 6th grade team remained solid competitors and finished in second place in the diocese! The 7th and 8th grade teams made a valiant effort finishing second in their pool. They couldn't have done it without the guidance of their moderators Mrs. Brooke Robinson and Mrs. Archana Banda!

**BINGO** Please join us for Bingo tonight! Doors open at 6:30 p.m. and games begin at 7. This is an adult-only event. See the flyer on page 5 for more information.

OPEN HOUSE Please spread the word regarding our open house tomorrow evening January 24 from 5-7 p.m.

**GIRL SCOUT MEETING** Girl Scout Troop 10510 will be meeting this Thursday, January 25th after school in the Blasco Room of the Parish Activity Center.

**THE BOOK FAIR BEGINS SUNDAY!** Join us for opening day of the book fair in the school libary Sunday, January 28 from 10 a.m. to 1 p.m. The book fair will be on campus from January 28-February 2. <u>Click here</u> if you would like to volunteer and earn PIP hours. See flyer on page 6 for more information.

**USED UNIFORM SALE** Sunday, January 28 from 10 a.m.-1 p.m. in the school gym. Questions? Contact Jennifer Thibodeaux (jthibodeaux@catholichigh.org)or Kendal Scheidt (kendalsheryl@gmail.com).

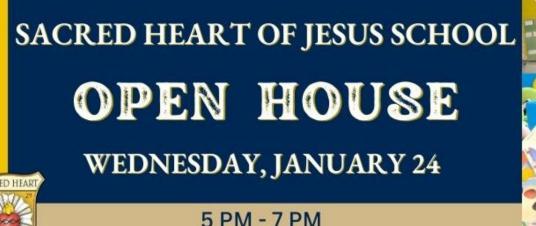
GIRL SCOUT COOKIES Girl Scout cookies are officially on sale now! See flyer on page 7 for more information.

**FREE THROW CHAMPIONSHIP** The Knights of Columbus Council based in Zachary is hosting a local & district round of the Free Throw Championship on January 28th. Winners move on to Diocesan and state rounds of the competition. See flyer on page 10 for more information.

**CATHOLIC SCHOOL'S WEEK DONATIONS** Next week, Student Council will be collecting laundry room supplies: gift cards, cleansers, laundry detergent, laundry baskets, flashlights, all size batteries to donate to Catholic Charities.

**CLUB PICTURES** We will be taking club pictures for the yearbook on Tuesday, January 30 beginning at 8 am. If your child is in a club that has a uniform or club tshirt, they may wear it to school. If they are in more than one club with a shirt or uniform, please send them with all shirts/uniforms so they can change into the appropriate item for each photo. Questions? Email Wendy Milam (wmilam@ sacredheartbr.com).

SACRED HEART PARISH MESSENGER <u>Click here</u> to read this week's edition of The Sacred Heart of Jesus Parish Messenger.





The 8th grade Tigers are working hard and remain undefeated after a close win to St Aloysius. The next home game is Thursday, January 26 against the OLOM for all the Tiger fans who want to come cheer them on.

Sacred Heart Developmental Tournament will be held February 2-4. Please sign up to volunteer HERE!

Biddy Basketball will meet Sunday, January 28th. Pre-K4/K will play at 2:00 and 1st/2nd at 3:00.

Track and Field Registration is open. If your student (Grades 4-8th) is interested, please register <u>HERE</u>. Practices will begin mid-February following the close of basketball season.

Volleyball Registration is now open! If your daughter (Grades 5th-8th) is interested in playing, please register <u>HERE</u>. An email with more information regarding practices and important dates will be sent to parents this evening.

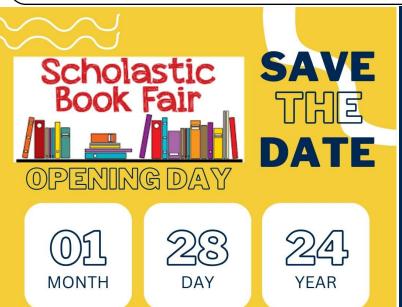
Join us this Thursday evening beginning at 5:45 to see all of our Tigers in action! If you are in need of PIP hours (or have a student in need of service hours), please Sign Up to volunteer during one of the games.

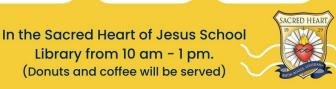
8th Grade night for our Basketball player and cheerleaders will be held prior to the start of the game on January 31st. We invite you all to attend and cheer on our 8th graders in their last home game!

The Knights of Columbus Council based in Zachary is hosting a local & district round of the Free Throw Championship on January 28th. Winners move on to Diocesan and state rounds of the competition. See flyer on page \_\_\_\_ for more information.

#### • Boys Basketball

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January 24	8th Grade @ St. Thomas More	7:15 p.m. @ St. Thomas More
January 25	4th Grade vs. OLOM	5:45 p.m. @ Sacred Heart Gym
January 25	6th Grade vs. RSG	6:30 p.m. @ Sacred Heart Gym
January 25	8th Grade vs. OLOM	715 p.m. @ Sacred Heart Gym
January 26	4th Grade vs. St. Thomas More	5:45 p.m. @ St. Thomas More
January 30	4th Grade vs. Catholic Pointe Coupee	5:45 p.m. @ Sacred Heart Gym
January 30	6th Grade vs. Catholic Pointe Coupee	6:30 p.m. @ Sacred Heart Gym
January 30	8th Grade vs. Catholic Pointe Coupee	7:15 p.m. @ Sacred Heart Gym
January 31	6th Grade vs. RSG	6:00 p.m. @Sacred Heart Gym
January 31	8th Grade vs. RSG	6:45 p.m. @Sacred Heart Gym
January 31	8th GRADE NIGHT	6:30 p.m. @Sacred Heart Gym











#### **NEWS AND REMINDERS**

- TODAY is the day! BINGO NIGHT is tonight! Doors open at 6:30 pm. Food and Drinks are provided! CASH PRIZES! \$10 to attend and each BINGO packet costs \$30, which includes 10 games. ADULTS ONLY and CASH ONLY! Please see the flyer on page 5 for more details. Parents who attend will earn a PIP hour. If you have any questions, please contact Lori Stoeckle: at <a href="mailto:loristoeckle@gmail.com">loristoeckle@gmail.com</a> or Kecia Campbell: at keciacampbell@yahoo.com.
- Many thanks to those who signed up to donate for Bingo Night.
- Save the date for our Annual School Auction on April 13!!! If you or anyone you know is interested in sponsoring or donating to the Auction, please contact Leah Bergeron (leahberg7@gmail.com) or Ashley Sensley-Square (asensley@att.net).
- Used Uniform Sale Sunday, January 28 from 10 am until 1 pm in the Gym. A Sign-Up Genius was sent out for volunteers.
   Don't miss out on the opportunity to earn PIP hours.
- TIGER SHOP IS OPEN 24/7! Buy yourself, friends, and family Sacred Heart merch and gear! It's cold now and the Tiger Shop is the only place to purchase Sacred Heart uniformapproved sweatshirts and outerwear - place your orders NOW! It's a great way to help support our school!





#### HAPPY BIRTHDAY

January 4 - Erin Wilcox (Pre-K Assistant)

January 8 - Andy Smothermon (P.E. Teacher/Coach)





# BINGO Tuesday, Jan 23

6:30p - Doors Open 7:00p - Games Start

### \$10 to Enter Door \$30 ea BINGO Pack

**BINGO Pack includes** 10 games with 3 boards per game

CASH ONLY - ADULTS ONLY

Location: Sacred Heart Parish Activity Center

GAMES + FUN + Food/Drinks **CASH PRIZES** 

brought to you by: Sacred Heart Home & School Association









#### SACRED HEART OF JESUS SCHOOL 2251 MAIN ST, BATON ROUGE, LA 70802

#### **In-Person FAIR DATES** Jan 28 - Feb 1

Our Book Fair will begin on Sunday, January 28 from 10 am-1 pm in the Sacred Heart School Library.

During the week, each class will have an opportunity to visit the Book Fair. Parents and guardians are invited to join their child(ren) during their designated time.

#### **Class shopping schedule:**

Monday, January 29 Tuesday, January 30 Wednesday, January 31 Thursday, February 1

K: 8:00-8:50 8th: 8:00-8:50 Pre-K3&4: 9:00-10:30 2nd: 9:00-9:50 4th: 1:00-2:00

1st: 10:00-10:50

6th: 11:00-12:00 5th: 12:30-1:15 7th: 1:45-2:30 3rd: 1:15-2:00

If you can't make it to the Fair, you may shop at our school's Online Book Fair. All orders ship directly to your home, and shipping is free for book orders over \$25. Your online orders will also benefit our school.

Visit our Book Fair homepage to learn more and get started with eWallet and online shopping:

https://bookfairs.scholastic.com/bf/sacredheartofjesusschool1

#### Sign up to help with the Fair here:



#### **Book Fair Volunteers**

The Sacred Heart Book Fair will be Sunday, January 28 - Thursday, February 1. This is a wonderful opportunity to volunteer and earn PIP hours! Many...

signupgenius.com



## Support Sacred Heart Girl Scout Troop 10510!

Scan the QR code or click directly on link to place an order to the Troop! Select Girl Delivery to receive your order in person.





https://digitalcookie.girlscouts.org/scout/troop10510346?fpkp=1

Orders will be available at the end of February.







#### The Benefits of Cooking with Children

I don't even know how many hours I spent cooking in the kitchen with my mom or baking with my dad. I also spent many days after school with my papa who was a baker for a living. I doubt I would love cooking that much if it weren't for my parents and grandparents. I am grateful that they were patient with me. Besides fond memories, I know there are many benefits to cooking with kids. Here are a few.

The many benefits of cooking with children include:

#### **Increases Language Development**

Through listening and following instructions for the steps of each recipe.

#### **Enhances Fine Motor Skills**

Mixing the ingredients, rolling the dough, and using cookie cutters are all great ways to enhance a child's fine motor strength and control. These are skills needed to develop academic skills such as writing, cutting, and coloring. Help improve these skills even more by allowing them to slowly pour ingredients into

a bowl or quickly mix ingredients together. For older children, let them help flip the pancakes.

#### **Increases Math Ability**

Through learning measurements such as cups, weight, teaspoons, and tablespoons. They will also understand fractions as well as utilize addition and subtraction skills.

#### Improves Reading Skills

Have children help you read recipes. Starting with numbers with the younger children, such as 2 cups of flour and 4 teaspoons of sugar. For older kids, have them read each step then follow the directions. This also helps enhance reading comprehension.

#### **Introduces Scientific Concepts**

Children will learn what happens when certain ingredients are mixed together as well as what happens when the measurements are incorrect.

#### Increases Focus and Attention

Children need to stay focused and pay attention to each detail or the recipe will not be completed correctly. This also teaches planning and the importance of following each step.

#### **Teaches Life Skills**

Cooking is an important life skill for all people. Children can learn early on how to prepare their own cereal and pour their own drinks. Older kids can learn to cook meals for themselves and the family. This will allow them to be more independent and responsible individuals. Cooking also teaches kids various safety lessons such as not to touch a hot stove or how to use a knife correctly.

#### **Promotes Healthy Eating**

By allowing children to cook helps them learn what foods are healthy and what are not.

It allows them to try new food that they may not have tried otherwise. It encourages them to eat at home instead of out which can often provide unhealthy options. It allows for parents to introduce fresh, healthy foods to their children. They can learn about how different foods look and where they come from. They are more likely to try healthy food that they have helped to cook.

#### **Boosts Self-Confidence**

When a child is able to successfully complete a recipe and make a meal, they feel a sense of pride and confidence.

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#### **Encourages Family Bonding**

Cooking is a task that the entire family can enjoy! Make it a routine to cook Sunday dinner together each week or turn Friday night into make your own pizza night. They can also learn about family traditions, recipes, and foods which they can cook in later years.

#### 10 Kitchen Activities to complete with your children.

Here are some functional everyday activities you can start building into your daily routines. These will help facilitate your child's independence in the long term also. Remember the easier the tasks are to set up, the easier it is for you and your children to complete. In addition, the more repetitive the daily practice, the greater the benefits of learning the skill. Here are **10** super simple activities that children can practice daily when helping out in the kitchen at home. These helpful kitchen activities for kids also provide bilateral coordination practice (using both sides of the body at the same time).

- Spread butter, or jam on bread: one hand holds the knife, and one hand holds the bread.
- Pouring a drink one hand holds the jug, and the other hand stabilizes the cup.
- Mixing and stirring hold the bowl with one hand and use the other hand to stir with a spoon.
- Open and close jars/containers hold the container with one hand and open the lid with the other hand.
- Roll out dough hold a rolling pin with both hands and roll out pizza, cookie, or pie dough.
- Gather ingredients on the counter to help have everything ready.
- Wash fruit and vegetables use both hands to gently clean the food.
- Pack up lunch or leftovers using both hands wrap up the food.
- Set the table carry the plates, silverware, and cups to the table.
- Clean up Wash any sticky or messy areas of the countertop. Wring out cloth when wet.
- Safety You'll still need to supervise and help your child with any tasks that involve the sharp knives and other
  utensils, the oven, stove, and hot liquids.
- Some safety ground rules that are appropriate for your child's skills and understanding will help to make your kitchen safe.



#### The 1929 Society (\$1000+)

Anonymous (3) Bridget and Rick Akin

Patti Alford

Sheila and Kevin '95 Alford

Brent Altazin

Archana and Venkat Banda Rosemary and Kyle Beall Kim & Sterling Bertrand

Katie and Greg Bodin LaMeisa and Darius Bonton

Mary Elizabeth & Sid Bowden

Cristina Caminita & Kurt Brauner

Diane & Paul '66 Burns Pat & Sonny Calandro

Kecia '91 and Robb Campbell Becky '63 & Louis '62 DeJohn Maria '67 and David DiVincenti Algonie & Mike DiVincenti, Jr.

Elaine and Randy Ellis David Faucheaux Franklin Family Fund Jane S. Green

Shave & Brian Harriford

Jeanne & Michael Henderson Tricia & Brady Hurdle

Fr. Joshua Johnson

Mary Beth '68 and Kelly '65 Kling

Laurie and Joey Landry Julie and Matt Massey Mrs. & Dr. Michael Miguez Kristina & John Miremont Kathryn and Cliff Mount Daniel R. Murray '58 Natasha and John Nnadi

Christina '95 and Joe O'Brien Partin Roofing, LLC Patricia & Ben Ragusa Cynthia Ristroph Allie and Phil Schmitt Dennis Simoneaux

#### Sisters of St. Joseph (\$500-\$999)

Baton Rouge Digital Products Jamie Broyles

Congregation of the Sisters of St. Joseph

#### Sisters of St. Joseph (\$500-\$999) cont'd

Keith Constantino '69 Kay and James Culotta Rebecca & Eric Lewis Carol Marabella Cindy & Trey '84 Ourso

Donna Seidel

David '70 and Peggy Whatley

#### Monsignor Dominic Blasco (\$250-\$499)

Kelly and Darrell Broussard

Samuel Cancienne Rachel & Ron Ceruti Lisa and Clark Cosse' Tyre and Hal '69 Dupuy

Mary Lee Eggart and Clyde LeBlanc

Karleen and Reggie Green Thomas Holliday '56 Dr. and Mrs. Michael Owens Julie & Michael Perrault

Ashley Sensley and Richard Square

Akeisha Williams

#### Friend of Sacred Heart (\$1-\$249)

Anonymous (13) Peter Arbour '62 Gail and Richard Beall Caroline Bertrand Paul Bologna '74 Candice Brooks Maggie Calandro '09 Kim Crawford Judy Determann '68 Sam DiVincenti Cindy Duenckel John Eldridge Kay & Don Elliott

Fredrick "Rickey" Esnard '60 Allison and James Fisher

Gary Focht Marion Gatti

Carol, Cayleen and Brandt Green

Charles W. Haase Kyle Harvey

Gail Hawkes

Lauren Hoover & Jon Eval Beverly F. Jackson '47

Eilleen Jones

Sharon & Rob Jones Charleen Kaelin '59

Neal King Christie Lauff

Chloe '11 and Blake LeBlanc

Marty LeBlanc

Claudia & Ted '70 Lyles

Gina Magri

Cindy Simmons Mancuso '73 Diane and Tony '60 Marabella

Camp E. Matens '56 Deborah Matirne

Catherine & Jonny McKay

Wendy Milam

Rebecca and Michael Miller

Rose Miller Rosalie Zito Moak Amanda Moran '08 Michelle and Sean Nelson

Michelle Newman Michael Olinde Ann & Justin Ourso Suzanne Payne Sallie Kay Percy Janes '61

Amy Pickenheim Allison and Ron Ray Laura & Edward Rhorer, Jr. Omer Roberts, Jr. '54

Brooke Robinson Janis and Robert Roux Barbara Schmitt John Schwab, Jr. '62 Janelle Bergeron Shell '63 Corliss & John Sandy Smith

Andy Smothermon Victoria Stewart Diana Saul Stewart Lori & Justin Stoeckle Marta Luque Suarez Jennifer & Mike Thibodeaux

Scott Thomas '62 Erin Wilcox '10

Alexis Williams

<sup>\*</sup> Every effort is made to assure that names are listed correctly. If an error is made or a name omitted, please contact Wendy Milam (WMilam@SacredHeartBR.com)

In Honor of

Frank & Maria Bologna

Paul Bologna '74

Betty Burns

Paul Burns '66

"Miss Libby" Dupuy

Tyre & Hal '69 Hall

John Gatti, Sr.

Marion Gatti

Martha Haase

Charles Haase

Brandon Kling '94

Mary Beth '68 and Kelly '65 Kling

Lloyd and Velma Lyles

Claudia & Ted '70 Lyles

Charles 3. Marabella

Kay & Don Elliott

Adrienne & Bob Percy

Sallie Kay Percy Janes '61

Mr. & Mrs. O.L. Roberts, 3r.

Omer Roberts, Jr. '54

Julius Saul

Diana Saul Stewart

John Schwab, Sr.

John Schwab, Jr. '62

Evelyn Smith

Allie & Phill Schmitt

Stephanie Cheramie Simoneaux

Dennis Simoneaux

Mrs. Clifford Blanchard Charleen Kaelin '59 Mrs. Jones Charleen Kaelin '59 3r. Mary Lawrence Charleen Kaelin '59 Brooklyn Nelson '27 Michelle and Sean Nelson 3r. Patricia Wolfe

Charleen Kaelin '59

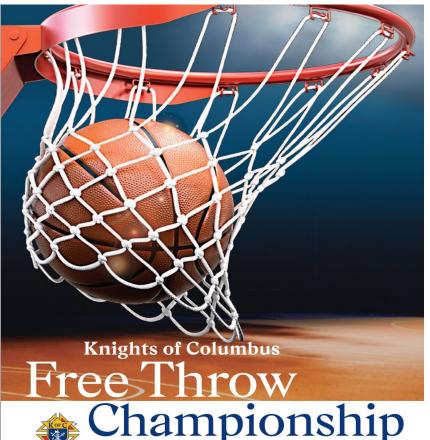


#### **JANUARY 2024**

**Elementary Schools** 



#### Monday Tuesday Wednesdar Thursday Friday Pepperoni or Cheese Pizza Macaroni and Cheese Hamburger/Cheeseburg Buttered Corn Green Beans **Baked Beans** Broccoli and Cheese Peas and Carrots New Years Holiday French Fries Diced Peaches Strawberry Applesauce Diced Pears Choice: Chicken Teriyaki Rice Bowl Choice: Baked Potato with Taco Meat Choice: Chicken Smackers Chicken Smackers Chicken Tenders Chili with Cornbread Macaroni and Cheese Soft Tacos Mashed Potatoes Red Beans and Rice Garden Salad Taco Salad Cup **Buttered Corn** Pinto Beans Garden Variety Veggies Garden Variety Veggies Garden Variety Veggies Pineapples Salsa Apple Wedges **Diced Pears** Strawberry Applesauce Dinner Roll Garden Variety Veggies Biscuit Choice: Baked Potato with Taco Meat Sorbet Cup Choice: Chicken Teriyaki Rice Bowl Choice: Pizza Choice: Chef Taco Salad Choice: Chicken Smackers Beef A Roni Grilled Cheese Pastalaya Nachos Garden Salad Garden Salad Nacho Salad Cup Veggie Soup Garden Variety Veggies Garden Variety Veggies Garden Variety Veggies Salsa Pinto Beans Peaches Sorbet Cup Diced Pears Garlic Bread Stick Garden Variety Veggies Choice: Chicken Teriyaki Rice Bowl Apple Wedges Choice: Chef Caesar Salad Choice: Chicken Smackers Choice: Baked Potato with Taco Meat Pepperoni or Cheese Pizza Chicken Parm with Spaghetti Hamburger/Cheeseburger Gumbo Lettuce and Pickle Cup Spaghetti and Cheese Garden Salad Potato Salad **Buttered Corn** Garden Variety Veggies Garden Variety Veggies Garden Variety Veggies **Baked Beans** Garden Variety Veggies Orange Wedges Vegetable Melody French Fries Sorbet Cup Diced Peaches Garden Variety Veggies Garlic Bread Stick Dinner Roll Grapes Celebration Cupcake Choice: Baked Potato with Taco Meat Diced Pears Choice: Pizza Choice: Chicken Teriyaki Rice Bowl Choice: Chicken Smackers Choice: Chef Chicken Smacker Salad Chicken Tenders Soft Tacos Chicken Smackers Mashed Potatoes Red Beans and Rice Taco Salad Cup Garden Variety Veggies Garden Variety Veggies Pinto Beans Pineapples Salsa Red Apple Wedges Garden Variety Veggies Biscuit Dinner Roll Sorbet Cup Choice: Pizza Choice: Chef Taco Salad Choice: Chicken Smackers



#### Boys and Girls, Ages 9-14

#### Sunday, January 28th

Entry Round: Registration 1:30, Shooting 2 PM District Round: Sign-in 3:30, Shooting 4 PM

#### **BREC Church St Park Gym**

3210 Church St, Zachary, LA Contact: KC Community Director James Graves (337) 534-2700 Sponsor: Knights of Columbus Council #10080

Save time & bring your own completed registration:



Or visit: http://tinyurl.com/kc10080-ftc

Winners advance to Baton Rouge Diocesan round (February TBD) and then state round (March 16 in Lafayette).

Please note: Entrants may compete in only one local competition.

1686 11/21

#### Are you wondering where your lost items have gone?

The front office currently houses all lost items that have been turned in with no name. We are overflowing with sweatshirts, fleeces, cardigans and even a few free dress jackets!

Call the office (225.383.7481) with the item and size you are looking for.





# TIGER Shop













# SHOP FOR YOUR OUTERWEAR NEEDS.

Any questions, please contact Jennifer Thibodeaux (jthibodeaux@catholichigh.org) or Kendal Scheidt (kendalsheryl@gmail.com).

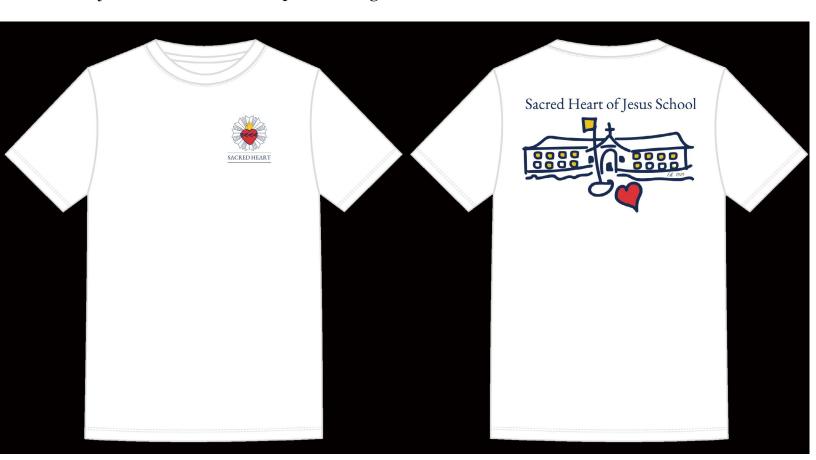




#### **SACRED HEART ALUMNI SHIRT \$20**



If you are interested in purchasing either shirt, <u>click here</u> to fill out the form.



**SACRED HEART SCHOOL SHIRT \$20**