

The Tuesday Newsletter



Sacred Heart of Jesus School is a diverse community dedicated to educating the body, mind and spirit.

WEEKLY NEWS FROM SACRED HEART OF JESUS SCHOOL

OCTOBER 10, 2023

CALENDAR PEEK!

10.11	MOM'S NIGHT OUT (5:30 pm @ 210 S. 14th Street)
10.12	FIELD TRIP (for 3rd-5th grade)
10.13	MASS (8 am in the church 4 th grade leaders)
10.13	FALL FEST SHIRT DAY
10.14	FREE SOCCER CLINIC (on the SHS baseball field see flyer on pg. 9)
10.16	NO SCHOOL! FALL BREAK
10.17	1ST - 5TH GRADE PARENT TEACHER CONFERENCES (No school for 1st-5th grade)
10.18	6TH - 8TH GRADE PARENT TEACHER CONFERENCES (No school for 6th-8th grade)
10.19	OPEN HOUSE (from 9 am-1 pm & 5 pm -7 pm) SPREAD THE WORD!



PRINCIPAL'S POST

By: Michael Miller

Greetings to All!

I have to say that I am enjoying having cooler mornings and evenings this month. I know it is sometimes the fashion to complain about the weather, but I love Louisiana weather. I'll take 110 degrees with 90% humidity over -5 degrees and a foot of snow any day.

This week, we will elect our student council officers. Students have been campaigning since last Wednesday and it has been a great deal of fun! The results will be announced this Friday. True story, I was elected as the vice-president of my 8th grade class. It's possible that someone may have bought votes with candy but it was the 70's and things that old are often hazy when reflecting back on.

This week marks the end of our 1st quarter of school (nine weeks a quarter). Parents have the opportunity to schedule conferences with teachers on Tuesday and Wednesday of next week. I hope you take this opportunity to speak with your child's teacher and also give feedback about your children to give teachers a better insight on your child's learning styles. You know them best. Teachers want to be able to help your child succeed, but they need your input to assist them with their plans.

Some suggestions I have are:

- Make sure you have reviewed your child's grades.
- Get feedback from your child and prepare to share that with their teacher.
- Share your child's interests, skills, dreams, and strengths to better inform our faculty in assisting your child throughout their educational journey.
- Be an active participant in your child's education. Check their homework, study with them, attend events when possible, etc.

I hope you all have a blessed week and thank you for your support and belief in Sacred Heart of Jesus Church and School.

STUDENT COUNCIL: The campaigning is in full swing! Middle school candidates presented their speeches to 1st - 8th grade students last week and have been campaigning hard since then (I'm sure you've noticed the stickers). A schoolwide election will be held on Thursday, October 12 and the winners will be announced on Friday, October 13.

MOM'S NIGHT OUT JAZZERCISE STYLE Sacred Heart is hosting a Mom's Night Out on October 11 from 5:30-6:15 p.m. at 210 South 14th Street, Baton Rouge, LA 70802. This event isn't just for Sacred Heart moms, you may bring a friend or a few friends. The class with the most moms attending will earn a free dress day! [Click here](#) to fill out the Google Form if you are interested.

LITTLES START GOING TO MASS Starting Friday, October 20, the entire school will attend weekly Mass. The pre-K3-kindergarten classes will visit the church this week to prepare for their big day! Parents are welcome to attend.

LUNCH WITH STUDENTS Parents are invited to eat lunch with their student/s on campus everyday. Please let your child's teacher know that you will be here and be sure to check in at the office before going to the cafeteria. Questions? Email Sharon Jones (SJones@SacredHeartBR.com).

COME LORD JESUS LEADERS NEEDED Our Come Lord Jesus program for 8th grade is starting in a few weeks. These small groups of 8th graders meet weekly to discuss the upcoming Sunday gospel and how it relates to them in their lives now. The groups meet during their religion class on Friday normally between (10:30-11:30 am). All supplies and discussion questions are supplied to group leaders! If you are interested or have questions, please contact Julie Massey at julie_massey2000@yahoo.com or 504-975-8874. This is an amazing way to volunteer and is truly a wonderful experience for all. Remember you must have completed your background check to volunteer in the school.

SILLY STRING! The deadline to order Silly String is TOMORROW! Please [click here](#) to order your child's silly string for Fall Fest. There will be only a few leftover cans that will be available for sale on the day of Fall Fest, so to ensure your child can participate in the fun, please order ahead. **SILLY STRING IS FOR 1ST THROUGH 8TH GRADE ONLY.

FALL FEST PARENT NIGHT Our very first Fall Fest Parent Night is Thursday, October 26th from 6-9 pm at the Sacred Heart Baseball field. This is a free event open to all Sacred Heart parents and a great way to mingle and meet other parents. We plan to play a few games of kickball and cornhole, but would like to offer more games, so if you have a tailgate type game (washers, horseshoes, etc) please bring it. We are also offering smoked pulled pork trays for families at Fall Fest Parent Night. The tray will consist of 3-4 pounds of meat, trimmings, and an 8 pack of buns. This will be a presale event only. All meat trays will be handed out before you leave Parent Night. Please [click here](#) to sign up for a tray. The price of the meat tray will be \$20. You can also purchase a whole Boston Butt (8-10 pounds) for \$35. The deadline to order a tray is October 18th. **Please note that no orders will be considered final until payment is received for each purchase. Parent night is a BYOB event and the purchase of a meat try is not required.

CALLING ALL PARENTS!! WE ARE IN NEED OF SUBSTITUTE TEACHERS: Have you ever thought about subbing at our school? If so, we would love to have you! Please contact Sharon Jones (SJones@SacredHeartBR.com) to be added to the list. Of course you will have to complete a background check before subbing. Our teachers thank you in advance!

KNITTING CLUB: Mrs. Alexis Williams is sponsoring another club! Knitting! We hope you can join our cozy corner with meetings on Mondays beginning Monday, November 6. The deadline to sign up is TOMORROW. See flyer and permission slip on pages 7-8. Questions? Contact Alexis Williams AWilliams@SacredHeartBR.com.

CHRISTMAS CARD OPPORTUNITY Would you like your artwork to be the cover of the Sacred Heart Christmas card? Here's your chance! Each student will be allowed to turn in a drawing for the school's Christmas card. The theme of the card must go along with these Bible verses:

- Matthew 2: 1-2 Magi from the east came to Jerusalem and asked, "Where is the one who has been born king of the Jews? We saw his star when it rose and have come to worship him."
- Matthew 2: 11 On coming to the house, they saw the child with his mother Mary, and they bowed down and worshiped him. Then they opened their treasures and presented him with gifts of gold, frankincense and myrrh.

The drawing must be turned in on a 8.5 x 11 piece of paper on Monday, November, 27th to Ms. Calandro. They can use crayons, markers, or colored pencils to color their drawing.

SACRED HEART PARISH MESSENGER [Click here](#) to read this week's edition of The Sacred Heart of Jesus Parish Messenger.

PIP OPPORTUNITY WITH ST. VINCENT DE PAUL FOOD PANTRY Experience the joy of building personal relationships with our neighbors and being of service to those in need AND earn PIP hours while you to it. St. Vincent de Paul volunteers meet every other Saturday at 8:30 a.m. and the following Wednesday at 6:30 p.m. beginning on October 28 in the Parish Activity Center. Questions? Email Autumn Sullivan (autumnesullivan@gmail.com).

SONGLIST FOR MASS (10.13.23):

Opening: [They'll Know We Are Christians By Our Love Music Lyrics](#)

Offertory: [I Have Decided to Follow Jesus](#)

Communion: [Let Us Break Bread Together Music Lyrics](#)

SHS Cross Country competed in St. Aloysius Invitational Meet on September 30. Cadence Scheidt finished with her best time yet, 22:19. The top three boys were Nathan Beall finishing with 14:02, Jordan McGee with 14:50 and Mathieu Brackeen with 15:10. This past weekend they raced in the St. Jude Invitational. Cadence Scheidt beat her time from last week for a new personal best at 20:48 and Gianna Canezaro finished with her seasonal best of 20:58. The following boys finished with personal bests! Cooper Volland with 12:27, Nathan Beall at 13:26 and Mathieu Brackeen at 13:59. They race again this weekend at the Battlefield Run @Port Hudson.

IMPORTANT! The times and location of our next home football games on October 15 are changing. See Below:

Before the games, all Football players and their families are invited to Holy Family Church for 10:30 Mass honoring Fall Sports Athletes. We ask that you wear church pants and your game jersey (Gray) to mass on this day. All players are highly encouraged to attend. All Football games will be at Brusly High School Game Field

1pm- 4th grade vs CPC

2 pm- 6th grade vs CPC

3:30 - 8th grade vs CPC

Football News: Our young men remained undefeated today beating St. Jude 27-0. Our defense led by Daniel Campbell, Finn Daughdrill, Mark Debose, James Rutledge, and Konnor Brockhoeft have still not given up a score this year. Kaiden Monroe rushed for three touchdowns and Will Boudreaux threw for a touchdown and a conversion. Even though we only contribute 7 players to the 26 man roster, we are the (Sacred) heart of the team.

If your XC child is interested in the Born to Run event please let Coach Stoeckle or Amy Daughdrill know. The Sacred Heart team has two sponsors that have offered to cover the registration for any of our runners.

Later in the year, either at the Tiger 5K or the LA marathon, there will be an opportunity for our XC team to volunteer at one of the stations. In doing this, the event organizers will make a \$200-250 donation directly to the school. This money will be set aside for the cross country team. More information will be sent out closer to the dates of these events.

Get your Tiger Spirit Pass to all of our home games during the girls basketball season by [clicking HERE](#). Passes are \$30 and gain entry for each home game for the girls season and a free popcorn.

If you would like to earn PIP hours during one of our home games, sign up [HERE!](#)

Any parent interested in supporting biddy sports and earning pip hours, please contact Amy Daughdrill directly at adaughdrill@sacredheartbr.com. In order for us to have biddy sports, we will need 1-2 parent coaches from each grade.

The Athletic Department is selling door wreath sashes to raise money for a Sacred Heart tent and new athletic uniforms. The sashes are \$50 for either the Sacred Heart Radiant or the Sacred Heart Tiger or \$55 for the duo with the Radiant on one side and the Tiger on the other side. [Click here](#) to purchase. Contact Amy Daughdrill (adaughdrill@sacredheartbr.com) with any questions.

- **Cross Country Schedule**

October 14	Northwestern Braves Battlefield Run
------------	-------------------------------------

- **Football Schedule**

October 15	4th Grade vs. Catholic Pointe Coupee	12 pm @ Port Allen Middle School
October 15	6th Grade vs. Catholic Pointe Coupee	1 pm @ Port Allen Middle School
October 15	8th Grade vs. Catholic Pointe Coupee	2:30 pm @ Port Allen Middle School

- **Girls Basketball Schedule**

October 10	4th Grade @ St. Alphonsus	7:15 pm @ St. Alphonsus
October 16	3rd Grade vs. St. Alphonsus	5:45 pm @ Sacred Heart
October 16	4th Grade vs. St. Alphonsus	6:30 pm @ Sacred Heart
October 16	5th Grade vs. St. Jude	7:15 pm @ Sacred Heart

SACRED HEART HOME SCHOOL

NEWS AND REMINDERS

- Sadly, Our Charleston Wrap has come to an end. We would like to express our gratitude to Kathryn Mount and Danielle Baker for organizing this fundraiser along with those who helped us SHOP, SHARE, and SUPPORT our school. Your help and support is much appreciated!
- FALL FEST IS COMING FAST! FRIDAY, OCTOBER 27th!!! Be on the lookout for an email to sign up for volunteers and donations!! If you have any questions or want to volunteer for Fall Fest, please contact our Fall Fest Chairs, Ron Broussard (rbroussardjr@gmail.com) and Jeff McCollum (mccollum22@gmail.com). The deadline to order Fall Fest Jambalaya is October 18th - click here or enter <https://forms.gle/XaR4rUVWnZjvQUoW6>
- We are excited to introduce our FIRST FALL FEST PARENT NIGHT!!!! Mark your calendar! October 26th from 6:00-9:00 p.m. we will hang out, cook, play kickball, and BYOB. To preorder your meat tray, please click here before the October 18th deadline!!! For more details, please refer to the email from Wendy Milam on October 5th or page 2 of the newsletter. If you have any questions or need more information, please contact Jeff McCollum (mccollum22@gmail.com).



HAPPY BIRTHDAY

October 21- Marta Luque - Spanish Teacher

October 25 - Michelle Newman - P.E. Teacher

October 27 - Victoria Stewart - Middle School Math Teacher



SACRED HEART BATON ROUGE

MOM'S

Night Out

It's a dance party
you won't want to miss!

OCTOBER 11, 2023 • 5:30 PM
JAZZERCISE MID-CITY BATON ROUGE
INSIDE GALLERY 14

Entrance fee is at \$25, which includes
post-class snacks and one free drink stub.
Come back for free classes on Thursday, 10/12 and
Saturday 10/14.



MID-CITY BATON ROUGE • 225-772-4097

Sacred Heart



Knitting Club

COME JOIN OUR COZY
CORNER ON CAMPUS! JUST
COMPLETE A PERMISSION SLIP
SO YOUR KIT CAN BE
ORDERED!

Grades:
4th - 8th & Staff

When:
Most Mondays

Schedule will be
emailed.

MONDAY, NOVEMBER 6, 2023 ENDS @ 4:30PM

Club Fee:

\$10

Kit Cost:

\$23

Deadline for
sign up is:

Oct 11

awilliams@sacredheartbr.com



SACRED HEART OF JESUS SCHOOL

2251 Main Street • Baton Rouge, Louisiana 70802
225.383.7481 • fax 225.383.1810
www.SacredHeartBR.com

Knitting Club Parental Permission Form

Due: October 11th, 2023 (kits need to be ordered in advance)

Dear 4th-8th grade Parents,

Sacred Heart will have a new club this fall to add skill and fun into your student(s) life! Knitting Club will run most Mondays after school from November 6, 2023 – April 29, 2024. **If you are interested in your child participating, please fill out the bottom section of this notice and return with \$10 cash to school.** (Our dues will pay for miscellaneous supplies along with Christmas and End of the year parties.) In addition, please have your student make a starter kit selection below and see payment options.

We will also hold out of school open knit days (1-2 hours) over holiday breaks and the occasional weekend that will be for fun and with no obligation.

Participant Name & Grade: _____

I give permission for my child (named above) to attend Knitting Club on Mondays after school carpool from 3:15pm – 4:30 pm. I understand my child must be picked up at 4:30 pm at the front gate entrance. Or my child will be sent to extended care.

Printed name of Parent or Guardian

Date

Starter Kit Yarn Selection: (please select one and send \$23 to Alexis Williams for ordering.)

- ☐ **Flora:** Red/Mauve/Pink/Green
- ☐ **Zen:** Mint/Pastel Yellow/White/Light Bamboo Green
- ☐ **Tropical:** Yellow/Pink/Teal/White

Payment types:

- ☐ Cash _____
- ☐ Check (Alexis Williams) _____
- ☐ Venmo (@ARW77) Please include the kit selection and student 1st name in memo. _____

FALL FEST CANDYLAND 10-27-2023 JAMBALAYA

**PLEASE SEND ALL JAMBALAYA ORDER FORMS TO THE SCHOOL OFFICE
YOU MAY ALSO USE THE ONLINE FORM.**

Link can be found in the Tuesday Newsletter or by using the QR Code on this flyer.

*Remember orders must be purchased in advance to guarantee you receive jambalaya. Only a very limited number of orders may be available the day of Fall Fest.

*If you have multiple orders, please select which item(s) you want and then list the number below. Use the name of your oldest student for "Student's Name."

Please note the deadline for order and payment is October 18th. Payment can be made via Venmo or check. Send checks (made out to Sacred Heart Home & School) to the school office in an envelope marked "Fall Fest Jambalaya Order Form."

Any questions, please email Jeff McCollum (jlmccollum@duprelogistics.com).



☐ **\$5 – Lunch Bowl**

Will be served at lunch the day of Fall Fest and includes a bowl of jambalaya

☐ **\$6 – Lunch Combo**

Will be served at lunch the day of Fall Fest and includes a bowl of jambalaya and a large drink

☐ **\$25 – Take Home Box**

Will be ready for pick up from 2p-3p. Includes jambalaya and dinner rolls for a family of four.

Total: \$ _____

If you order online, you do not need to turn in a paper order form

Student's Name: _____ Grade _____

Payment due by Venmo (<https://account.venmo.com/u/SHSBRHomeandSchool>) or check made payable to Sacred Heart Home & School by Wednesday October 18th

SACRED HEART SCHOOL



SACRED HEART SCHOOL

BATON ROUGE SOCCER CLUB



FREE SOCCER CLINIC!

LOCATION: 2250 MAIN ST. BATON ROUGE, LA 70802

The clinic will take place on the baseball field behind the church.

Baton Rouge Soccer Club is conducting a free soccer clinic at Sacred Heart School for boys and girls ages 6-11 years old! The clinic will be conducted by the the BRSC Academy Director/Sacred Heart Physical Education teacher Andy Smothermon and BRSC Executive Director Louie Smothermon.

★ FREE CLINIC DATE/TIME ★

Saturday, October 14th

9 - 10 am U6-U8 boys and girls

10 - 11am U9-U11 boys and girls

SCAN OR CLICK



TO REGISTER

**Players will work on fundamentals, small sided games and have fun!*

PROFESSIONAL SOCCER COACHING AND TRAINING

FOR MORE INFORMATION:

Visit BR Soccer.org or call 504-957-3180

Visit Sacredheartbr.com or call 504-210-5735



A MESSAGE FROM NURSE GERI

What are the Signs of Dyslexia?

October is dyslexia awareness month. Cindy Duenckel, REACH Lab Instructor shared an article on signs of dyslexia from the Yale Center of Dyslexia and Creativity. It is an excellent article and worth reading.

Signs of Dyslexia

The signs of dyslexia can appear as early as preschool. Whether you are a parent or teacher— or think you might have dyslexia yourself—here is what to look for, starting in the earliest years through adulthood.

The Preschool Years

- Trouble learning common nursery rhymes, such as “Jack and Jill.”
- Difficulty learning (and remembering) the names of letters in the alphabet.
- Seems unable to recognize letters in his/her own name.
- Mispronounces familiar words; persistent “baby talk.”
- Does not recognize rhyming patterns like *cat*, *bat*, *rat*.
- A family history of reading and/or spelling difficulties (dyslexia often runs in families)

Kindergarten & First Grade

Difficulties

- Reading errors that show no connection to the sounds of the letters on the page—will say “puppy” instead of the written word “dog” on an illustrated page with a picture of a dog.
- Does not understand that words come apart.
- Complaints about how hard reading is; “disappears” when it is time to read.
- A history of reading problems in parents or siblings
- Cannot sound out even simple words like *cat*, *map*, *nap*.
- Does not associate letters with sounds, such as the letter b with the “b” sound.

Strengths

- Curiosity
- Great imagination
- Ability to figure things out; gets the gist of things.
- Eager embrace of new ideas
- A good understanding of new concepts
- Surprising maturity
- A larger vocabulary than typical for age group
- Enjoys solving puzzles.
- Talent for building models
- Excellent comprehension of stories read or told to him.

Second Grade through High School

Reading

- Very slow in acquiring reading skills. Reading is slow and awkward.
- Trouble reading unfamiliar words, often making wild guesses because he cannot sound out the word.
- Does not seem to have a strategy for reading new words.
- Avoids reading aloud.

Speaking

- Searches for a specific word and ends up using vague language, such as “stuff” or “thing,” without naming the object.
- Pauses, hesitates, and/or uses lots of “um’s” when speaking.
- Confuses words that sound alike, such as saying “tornado” for “volcano,” substituting “lotion” for “ocean.”
- Mispronunciation of long, unfamiliar, or complicated words
- Seems to need extra time to respond to questions.

School and Life

- Trouble remembering dates, names, telephone numbers, random lists.
- Struggles to finish tests on time.
- Extreme difficulty learning a foreign language.
- Poor spelling

- Messy handwriting
- Low self-esteem that may not be immediately visible

Strengths

- Excellent thinking skills: conceptualization, reasoning, imagination, abstraction
- Learning that is accomplished best through meaning rather than rote memorization.
- Ability to get the “big picture.”
- A high level of understanding of what is read to him.
- The ability to read and to understand at a high level overlearned (or highly practiced) words in a special area of interest; for example, if he or she loves cooking they may be able to read food magazines and cookbooks.
- Improvement as an area of interest becomes more specialized and focused—and a miniature vocabulary is developed that allows for reading in that subject area.
- A surprisingly sophisticated listening vocabulary
- Excels in areas not dependent on reading, such as math, computers, and visual arts, or in more conceptual (versus fact-driven) subjects, including philosophy, biology, social studies, neuroscience, and creative writing.

Young Adults & Adults

Reading

- A childhood history of reading and spelling difficulties
- While reading skills have developed over time, reading still requires great effort and is done at a slow pace.
- Rarely reads for pleasure.
- Slow reading of most materials—books, manuals, subtitles in films
- Avoids reading aloud.

Speaking

- Earlier oral language difficulties persist, including a lack of fluency and glibness; frequent use of ums and imprecise language; and general anxiety when speaking.
- Often pronounces the names of people and places incorrectly, trips over parts of words.
- Difficulty remembering names of people and places; confuses names that sound alike.
- Struggles to retrieve words; frequently has “It was on the tip of my tongue” moments.
- Rarely has a fast response in conversations; struggles when put on the spot.
- Spoken vocabulary is smaller than listening vocabulary.
- Avoids saying words that might be mispronounced.

School & Life

- Despite good grades, often says he is dumb or is concerned that peers think he’s dumb.
- Penalized by multiple-choice tests.
- Frequently sacrifices social life for studying.
- Suffers extreme fatigue when reading.
- Performs rote clerical tasks poorly.

Strengths

- Maintains strengths noted during the school-age years.
- Has a high capacity to learn?
- Shows noticeable improvement when given additional time on multiple-choice examinations.
- Demonstrates excellence when focused on a highly specialized area, such as medicine, law, public policy, finance, architecture, or basic science.
- Excellent writing skills if the focus is on content, not spelling.
- Highly articulate when expressing ideas and feelings.
- Exceptional empathy and warmth
- Successful in areas not dependent on rote memory
- A talent for high-level conceptualization and the ability to produce original insights.
- Inclination to think outside of the box and see the big picture.
- Noticeably resilient and able to adapt.

Wishing you a healthy week ahead, Nurse Geri



OCTOBER 2023

Elementary Menu



Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Tenders Red Beans and Rice Garden Variety Veggies Pineapples Biscuit Choice: Pizza Power Cup	Soft Tacos Taco Salad Cup Pinto Beans Salsa Garden Variety Veggies Sorbet Cup Choice: Chicken Smackers Power Cup	Chicken Smackers Mashed Potatoes Buttered Corn Garden Variety Veggies Red Apple Wedges Dinner Roll Choice: Chef Taco Salad Power Cup	Pepperoni or Cheese Pizza Garden Variety Veggies Garden Salad Diced Peach Cup Choice: BBQ Pork Fries with Cheez its Power Cup	Chicken Filet on Bun Tator Tots Lettuce and Pickle Cup Garden Variety Veggies Diced Pears Choice: Pizza Power Cup
Honey Citrus Chicken Fried Rice Garden Variety Veggies Pineapples Choice: Pizza Power Cup	Spaghetti and Meatballs in Sauce Garden Salad Garden Variety Veggies Orange Wedges Garlic Bread Stick Choice: Chicken Smackers Power Cup	BBQ Pulled Pork Sandwich Baked Beans Garden Variety Veggies Tropical Fruit Choice: Chef Caesar Salad Power Cup	Pastalaya Garden Salad Garden Variety Veggies Sorbet Cup Choice: BBQ Pork Fries with Cheez its Power Cup	Nachos Nacho Salad Cup Salsa Mexican Corn Garden Variety Veggies Orange Wedges Choice: Pizza Power Cup
Chicken Smackers Spaghetti and Cheese Garden Variety Veggies Cauliflower with Cheese Mixed Fresh Fruit Choice: Pizza Power Cup	Hamburger/Cheeseburger Lettuce and Pickle Cup French Fries Garden Variety Veggies Tropical Fruit Choice: Chicken Smackers Power Cup	Gumbo Potato Salad Garden Variety Veggies Sorbet Cup Dinner Roll Choice: Chef Chicken Smacker Salad Power Cup	Chicken Parmesan with Spaghetti Garden Salad Garden Variety Veggies Diced Peaches Garlic Bread Stick Choice: BBQ Pork Fries with Cheez its Power Cup	Macaroni and Cheese Green Beans Garden Variety Veggies Strawberry Applesauce Choice: Pizza Power Cup
Chicken Tenders Red Beans and Rice Garden Variety Veggies Pineapples Biscuit Choice: Pizza Power Cup	Soft Tacos Taco Salad Cup Pinto Beans Salsa Garden Variety Veggies Sorbet Cup Choice: Chicken Smackers Power Cup	Chicken Smackers Mashed Potatoes Buttered Corn Garden Variety Veggies Red Apple Wedges Dinner Roll Choice: Chef Taco Salad Power Cup	Pepperoni or Cheese Pizza Garden Variety Veggies Garden Salad Fresh Fruit Choice: BBQ Pork Fries with Cheez its Power Cup	Chicken Filet on Bun Tator Tots Lettuce and Pickle Cup Garden Variety Veggies Diced Pears Choice: Pizza Power Cup
Honey Citrus Chicken Fried Rice Garden Variety Veggies Pineapples Choice: Pizza Power Cup	Eyeball Pasta Graveyard Garden Salad Garden Variety Veggies Orange Wedges Garlic Bread Stick Halloween Cupcake Choice: Chicken Smackers Power Cup			

BORN TO RUN 2023

7:30 am, Saturday, November 4
North Boulevard Town Square

5k Run and 1/2 Mile Fun Run Fundraiser for
Women's New Life Clinic

JOIN OUR TEAM FOR ITS 8TH YEAR OF PARTICIPATING!
SACRED HEART CHURCH & SCHOOL



Scan the QR code
to register or donate
or go to WomensNewLife.com/borntorun
Early-bird discount registration ends Sept. 15!



Help the Society of St. Vincent de Paul
bring the love and mercy of Jesus
to all in need within the
geographical boundaries of our parish.

8:30 a.m.
Saturday, October 28, 2023
Parish Activity Center



Join us to
experience the joy
of building
personal
relationships with
our neighbors and
being of service to
those in need.

For more information, contact Autumn Sullivan
225-975-1226 or autumnesullivan@gmail.com