

# The Tuesday Newsletter



*Sacred Heart of Jesus School is a diverse community dedicated to educating the body, mind and spirit.*

WEEKLY NEWS FROM SACRED HEART OF JESUS SCHOOL

AUGUST 22, 2023

## CALENDAR PEEK!

08.24	<b>INDIVIDUAL YEARBOOK PICTURES</b> (8 am in the gym)
08.25	<b>MASS</b> (8 am in the church 4 <sup>th</sup> grade leaders)
08.31	<b>BIRTHDAY FREE DRESS</b> (July and August birthdays)
09.01	<b>MASS</b> (8 am in the church)
09.04	<b>LABOR DAY HOLIDAY</b>
09.08	<b>SPIRIT SHIRT DAY</b>
09.08	<b>MASS</b> (8 am in the church)
09.10	<b>CHILDREN'S MASS</b> (11 am in the church)
09.14	<b>MASS</b> (8 am in the church 6 <sup>h</sup> grade leaders)
09.15	<b>PROGRESS REPORTS</b>



## PRINCIPAL'S POST

By: Michael Miller

WELCOME HOME!!!

We are off and running as we begin our school year focused on our theme:  
*"Do Small Things with Great Love" - St. Thérèse of Lisieux.*

Thank you to all for your patience and understanding with the carpool line as we continue to work to make things safer and more efficient. Please remember that we have new faculty and staff that are learning about our community. We also have new families that are learning how things work. And finally, we have all of our students in a single carpool line. The safety and welfare of our children is the most important part of picking up or dropping off for students. No appointment, meeting, or event is more important than our students being safe so if it means a little more time in your car (or us in the sun) that is ok. More time to pray!

With this in mind, we approach this year with great joy and enthusiasm. We are so blessed to have such an amazing community of students, parents, teachers, staff, administration, and clergy. No one person does it all, however, together, this surely promises to be another great year!

**YEARBOOK PHOTOS** Get your hair bows, curlers, flat irons, hairspray and steamers ready! Yearbook picture day is this Thursday! Please send your child to school in their school uniform. The photographer will begin taking photos at 8 am in the gym. We will begin with the youngest students and work our way up. If your child is absent, they will take their picture on retake day (Sept. 28). You will have the opportunity to purchase these photos directly from the photographer. More information will be sent home after the photos have been taken. Questions? Contact Wendy Milam [WMilam@SacredHeartBR.com](mailto:WMilam@SacredHeartBR.com).

**CARPOOL** Please be sure to hang your family carpool tag either from your rear view mirror or the sun visor where it can be seen. It is not visible sitting on the dash. Make sure to keep it displayed until your child is safely in your vehicle. For more information regarding carpool, please see page 3.

**BORN TO RUN:** Save the date, register now and join Team Sacred Heart for Woman's New Life Clinic's Born to Run 5K or ½ mile Fun Run. Races are open to all ages and skill levels. Your participation and generous support help women in need! The ½ mile fun run begins at 8:30 am November 4, 2023 at the downtown North Boulevard Town Square with the 5k following at 9 am. Early-bird registration ends Friday, September 15th. Adult ticket prices increase by \$10 after the 15th. [Click here](#) to register or donate. This is team Sacred Heart's eighth-year to participate and we want to make it our best ever. Our goal is for our team to join forces with you in supporting the life affirming services provided by Woman's New Life Clinic. If you cannot participate on race day, please consider [donating](#) to our team!

**DOES YOUR YARD NEED FRESH DECOR?** If you are in need of a new Sacred Heart yard sign, please email Akeisha Williams at [AWilliams1@SacredHeartBR.com](mailto:AWilliams1@SacredHeartBR.com).

**BIRTHDAY FREE DRESS PASSES** Students celebrating July and August birthdays will enjoy their free dress pass on Thursday, August 31. Appropriate dress includes blue jeans, capris, shorts (no shorter than 4 inches above the knee and no athletic shorts), loose-fitting tops (no tank tops or spaghetti straps), tennis shoes (no sandals or boots). Questions? Contact Alexis Williams [AWilliams@SacredHeartBR.com](mailto:AWilliams@SacredHeartBR.com).

**SACRED HEART OF JESUS ST. VINCENT DE PAUL FOOD PANTRY** Sacred Heart of Jesus St. Vincent de Paul Food Pantry serves people in need who live within the geographical boundaries of Sacred Heart of Jesus Parish. Food pantry collections are made each Friday during our school liturgy. Students, faculty, and staff donate non-perishable food items and are a major source of donations. While all donations are accepted, the pantry is in particular need of tuna, canned vegetables, canned fruit, and beans. Thank you so much for your support!

**SACRED HEART PARISH MESSENGER** [Click here](#) to read this week's edition of The Sacred Heart of Jesus Parish Messenger.

**THE TUESDAY NEWSLETTER** We look forward to communicating with you each week via The Tuesday Newsletter. Parents will receive a newsletter in their inbox at the email address provided in their RenWeb/FACTS account. We are happy to send the newsletter to other family members or interested parties. Simply email Wendy Milam ([WMilam@SacredHeartBR.com](mailto:WMilam@SacredHeartBR.com)) and provide their name and email address.

**NEWS TO THE EDITOR** Do you have news for The Tuesday Newsletter? Please email news to [WMilam@SacredHeartBR.com](mailto:WMilam@SacredHeartBR.com) by 1:00 p.m. the Monday prior to publication. **SOCIAL MEDIA** If you haven't already done so, be sure to follow us on [Facebook](#) and [Instagram](#).

## PRAYER FOR TODAY

Heavenly Father, thank you for Your plan for my life today. Help me to grow deep roots in my relationship with You. Cause my thoughts to be Your thoughts so that I will be strong and established. Thank You for Your favor and blessing in my life today in Jesus' name. Amen.

- **Cross Country Schedule**

September 2	vs. St. Jean Vianney @ Highland Rd. Park
September 9	Episcopal Round Table @ Highland Rd. Park
September 16	Brusly Middle Invite @ Brusly Middle School

*Cross Country Practice will be held on Monday thru Thursday at Perkins Road Park beginning at 5:30 pm. Saturday Practices will be held at Highland Road Park beginning at 8:00 am.*

- **Football Schedule**

September 6	4th Grade vs. False River	5:30 pm @ False River
September 6	6th Grade vs. False River	7:00 pm @ False River
September 16	4th Grade vs. Central Private	9 am @ Central Private
September 16	6th Grade vs. Central Private	10:30 am @ Central Private
September 16	8th Grade vs. Central Private	12:00 pm @ Central Private

Parents with students in grades Pre-K thru 2nd, if you are interested in earning PIP hours and helping with our Biddy Sports program by coaching, please fill out your information [HERE](#). We will offer soccer, basketball, and t-ball/coaches pitch. Please note that all volunteers must have their background on file with Sacred Heart.



## *Carpool Procedures*

*The safety of your children is our highest priority. It is imperative that carpool procedures are strictly observed.*

### **MORNING DROP-OFF PROCEDURES**

- Students may be dropped off as early as 7 a.m. **only** if they are enrolled in the Before-School Program. Parents may drop students off in front of the cafeteria until 7:25 a.m.
- Students not enrolled in the Before-School Program may not enter the school grounds until the 7:25 a.m. bell rings. If a child is dropped off before 7:25 a.m., the student is **required** to go to the Before-School Program and the parent will be charged for the Before-School service.
- **For all students**, use the carpool lane which is located on Main Street adjacent to the school sidewalk. Please enter the carpool lane from behind the church to prevent Main Street from getting backed up. **Pull up as far as possible** (to the crosswalk) before letting your child out of the car. Students will exit the car on the **passenger side**. Please make sure that you are in the car lane before unloading. **Do not drop students off in the street**. Once the child has exited the car and the door is closed, you must drive forward through the lane and turn onto North 22nd Street.
- Students should have all books and materials in hand when they exit the vehicle. Parents **should not** exit the vehicle to help their child.

### **AFTERNOON PICK-UP PROCEDURES**

- **Please make sure that your family carpool tag is displayed prominently in the front window or from the rear view mirror until your child has entered your vehicle.**
- **For all students**, use the carpool lane which is located on Main Street adjacent to the school sidewalk.
  - Parents should line up for carpool behind Sacred Heart of Jesus Church by entering the parking lot off Main Street. Cars arriving early will pull forward in the driveway east of the church, then cars will line up in three separate lines behind the church and parish hall. One car from each line will move forward, beginning with the line closest to the church and parish hall, then the second, then the third line.
  - A faculty member will call your child for pick-up and other faculty members will be placing your child into the car on the **passenger's side only**. Once the child has entered the car and the door is closed, you must drive through the school yard and turn right onto Main Street.
  - *Note:* The first 4 spots in carpool are reserved spaces. Please leave them open for the families that purchased these spots at the school auction.
- **Students will not be released to parents who walk over to the school grounds; parents must use the carpool lines.**

# SACRED HEART HOME + SCHOOL

## NEWS AND REMINDERS

- **Home and School Meeting/Bingo:** Mark your calendar for our first meeting and BINGO which will be held Tuesday, September 12th at 6:30 PM in the PAC.
- There will be another Signup Genius going out later this week to sign up for finger foods for Bingo Night.
- **Calling all parents for the Fall Fest committee!** Contact Ron Broussard and Jeff McCollum (mccollum22@gmail.com) if you would like to be on the committee.
- **Charleston Wrap:** Be on the lookout for Charleston Wrap packets to go home with students on Tuesday, September 5th. This is our first fundraiser of the school year. Don't miss this opportunity to get Christmas shopping done early and raise money for our school. Wrapping paper and gifts galore!
- **Room Parents Needed:** There is still time to sign up. If you are interested in volunteering to be a room parent, please fill out this **Room Parent form**. The deadline to submit the form is Wednesday, August 23rd. If you are selected, there will be a meeting in early September to go over responsibilities. This is a great way to get to know your teachers and other parents. Sign up today!!!



### HAPPY BIRTHDAY

August 07 - Blake LeBlanc - 5th Grade Teacher & Coordinator of Parent and Faculty Relations

August 18 - Cindy Duenckel - REACH

August 28 - Amy Pickenheim - Kindergarten Teacher

August 2023

Dear Sacred Heart Families,

Welcome to the School Counseling Department! Your counselors are Christina O'Brien, MA, PLPC and Archana Banda, MSW. We are very excited to be working with you and your child this upcoming school year!

*Our mission* is to provide a supportive environment in which each student can develop emotionally, socially, spiritually, physically and academically. We hope to achieve this by facilitating clear and open communication between students, families and teachers, through classroom guidance lessons, small group counseling, individual and academic counseling, and parent consultation and support.

***When should I contact a counselor?***

Please contact us *whenever* you or your child has concerns about:

- Family change (separation, divorce, death, illness, moving, etc.)
- Classroom behaviors
- Sudden changes in your child's behavior
- Concerns about peer relationships
- Parenting issues
- Academic concerns
- Implementation or changes regarding Accommodation Plans
- Requesting evaluations for Gifted/Talented
- Facilitating/scheduling outside Speech or Occupational therapies into the school day
- Facilitating teacher reports for Evaluations

We look forward to meeting and working with you and your child throughout the school year. Please do not hesitate to contact us with any questions or concerns that you may have as we begin this new school year.

A counselor will be at school M-Th. during school hours. The quickest way to contact us is through email. You are welcome to copy us both on any communication as we work as a collaborative team. We will always get back with you in a timely manner.

Thank you for sharing your children with us, and God bless us all for a safe, happy, and healthy school year!

Best,

Archana Banda, MSW

abanda@sacredheartbr.com

Christina O'Brien, MA, PLPC

cobrien@sacredheartbr.com

***"Do Small Things With Great Love." - St. Therese of Lisieux***





## **Mandatory Vision Screening for Grades Pre-K 3, PreK 4, K, 1<sup>st</sup>, 3<sup>rd</sup>, 5<sup>th</sup>, and 7<sup>th</sup> Grade- Even if You Have an Eye Doctor Consent Forms are Due Now (All other grades are encouraged but not required to participate.)**

Good vision plays an important role in your child's education. For that reason, **students in Louisiana are required to receive vision screening at school in Pre-K, Kindergarten, 1<sup>st</sup>, 3<sup>rd</sup>, 5<sup>th</sup>, and 7<sup>th</sup> grade.** All other grades participation are optional. Many childhood eye problems can be improved if identified and treated before age eight.

This is our 5<sup>th</sup> year, partnering with the Lion's Club as they screen our students using the Plusoptix screener. Their Cub Sight Program is available this year (for kids under 6) and their new Sight for Kids Program (for kids over 6). Advantages of the Plusoptix screener include greater reliability than manual screening in a fraction of the time. The Plusoptix screener uses infrared light that is totally harmless to the child's eyes. Screening is performed one meter away from the child in less than one second. The student's face covering remains on during screening. This device provides simultaneous measurement of both eyes (binocular). Screening does not rely on the student's ability to concentrate on the screening, respond to screening questions or have dilated eyes. This also creates a socially distant acceptable method of screening that is a very low risk to our students.

**This is a mandatory screening for students in Pre-K, Kindergarten, 1<sup>st</sup>, 3<sup>rd</sup>, 5<sup>th</sup>, and 7<sup>th</sup> grade. Because the Lion's Club is not a part of regular Sacred Heart Faculty and Staff, a signed consent must be filled out and returned to school before the screening. Please fill out the consent form attached. Sacred Heart staff always monitors the screening. The screening will occur later this month. Please return your student's consent form no later than Wednesday, September 13<sup>th</sup>.** If you object to this screening, you must opt out in writing. Please notify me via e-mail @gpearson@sacredheartbr.com.



Above is a picture of what your child will see. The student is asked to look at the nose on the happy face and that is it!



Louisiana Lions Eye Foundation  
**FREE Vision Screening**  
**CONSENT & REFERRAL FORM**  
*For more information call (504) 525-7235*



**PLEASE PRINT CHILD'S INFORMATION**

Child's Name: \_\_\_\_\_  
First mid initial Last

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_ Male: \_\_\_\_ Female: \_\_\_\_

Is your child under the care of an Eye Doctor? \_\_\_\_YES \_\_\_\_NO Does your child wear glasses? \_\_\_\_YES \_\_\_\_NO

School Name: \_\_\_\_\_ Teacher's Name: \_\_\_\_\_

**PLEASE PRINT PARENT CONTACT INFORMATION**

Parent's Name: \_\_\_\_\_

Email: \_\_\_\_\_

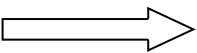
Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Secondary phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

***I, the undersigned, hereby give permission for my child, \_\_\_\_\_, to participate in the LLEF CubSight Vision Screening. I understand the following regarding this program:***

1. The information obtained from this vision screening is preliminary and does not constitute a complete vision exam. It is designed to potentially detect eye problems such as myopia (near-sightedness), hyperopia (far-sightedness), astigmatism (not seeing things in focus), strabismus (eyes point in different directions), amblyopia (lazy eye), or anisocoria (different size pupils).
2. There is **no charge** to participate in the vision screening. The screening is done using a camera that takes a picture/reading of your child's eyes. No medication is needed to complete the screening. The screener stands approximately 3-4 feet away from your child.
3. The LLEF CubSight screener or volunteer may take a picture of my child which could possibly be used in future CubSight promotions.
4. If my child is referred, I am responsible for arranging a complete eye exam by a vision professional.
5. If my child is referred and examined by a vision care professional, the examiner should release the results of my child's exam to the CubSight Program and to my child's school/day-care. These results may not remain confidential as they will be shared with my child's school/day-care administration, the CubSight office staff, and participating Lions Clubs.
6. I will not hold the Lions Club organizations, the LLEF CubSight Program, or the Louisiana Lions Eye Foundation accountable for any errors or omissions obtained by this screening.
7. If my child receives a REFER outcome, I should be notified by the school and may be contacted by the LLEF CubSight staff to follow up on my child's vision screening. I may contact the LLEF CubSight staff at any time with questions or concerns regarding my child's vision screening.

***Signature of Parent/Guardian: \_\_\_\_\_ Date \_\_\_\_\_***

*Was the child wearing glasses when screened? \_\_\_\_ Yes \_\_\_\_ No*

Circle Result   
  
& Place Refer Sticker  
  
Here

(Do not cover result information with sticker)

**PASS:**

The screening did not detect a vision problem.

**UNABLE TO SCREEN:**

We were unable to obtain a clear result on your child. We recommend that your child receive a complete vision exam by an eye doctor.

**REFER:**

Your child did not pass our vision screening. We recommend that your child receive a complete vision exam by an eye doctor.

**For information about this screening, or LA Lions Clubs, call:**

Name \_\_\_\_\_ Phone \_\_\_\_\_

**Rev. 5/25/2021**



## **Lab Services Program**

The Lab Services Program is a division of the Department of Special Education that focuses on dyslexia therapy and reading intervention. Students who are currently enrolled at their school and either have a diagnosis of dyslexia or are recommended by the school administration due to struggles in reading can apply for Lab Services.

## **How does the Lab Services Program help the students?**

- It is designed to meet the students where they are and bring them up to grade-level in reading fluency, comprehension, writing and spelling with an additional handwriting component if necessary.
- Deficits are identified through diagnostic assessment.
- A multisensory and systematic approach is used to teaching reading and spelling concepts. • Our lab teachers also collaborate with the students' classroom teachers to best meet the needs of each child.

## **How often do students attend Lab Services?**

Students will be pulled strategically throughout the day in order to attend the lab. Depending on the class period length, it will be 2-3 times per week for 100-120 minutes. Students may be pulled in a group of up to 4 students. Depending on the degree of the reading deficit, it can be a 2-3-year course of instruction.

## **What are the fees for Lab Services?**

The fees are \$3000/year with a \$75 registration fee. Payments of \$300 will be drafted from your bank account at the beginning of each month. If a child enters the lab mid-month, fees will be pro-rated.

## **How to I apply for Lab Services?**

1. School administration, in accordance with the classroom teacher, will meet with the family to determine if the child would benefit from the lab.
2. If the family would like to apply for the program or has any further questions, they should email Kristy Monsour, Program Director of the Department of Special Education ([kmonsour@csobr.org](mailto:kmonsour@csobr.org)), for the digital application and bank draft information.
3. Once application, banking information and registration fees are received, Kristy will notify the school and parents that services can begin.
4. If there is an educational evaluation for the child that would help with reading remediation, it should also be submitted.





# AUGUST 2023

## Elementary Schools



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Honey Citrus Chicken  
Fried Rice  
Garden Variety Veggies  
Pineapples

Spaghetti and Meatballs in Sauce  
Garden Salad  
Garden Variety Veggies  
Orange Wedges  
Garlic Bread Stick

BBQ Pulled Pork Sandwich  
Baked Beans  
Garden Variety Veggies  
Tropical Fruit

Chicken Teriyaki Rice Bowl  
Garden Variety Veggies  
Sorbet Cup

Macaroni and Cheese  
Green Beans  
Garden Variety Veggies  
Strawberry Applesauce

Chicken Smackers  
Spaghetti and Cheese  
Garden Variety Veggies  
Vegetable Melody  
Green Apple Wedges

Hamburger/Cheeseburger  
Lettuce and Pickle Cup  
French Fries  
Garden Variety Veggies  
Tropical Fruit

Jambalaya  
White Beans  
Garden Variety Veggies  
Sorbet Cup  
Dinner Roll

Chicken Parmesan with  
Spaghetti  
Garden Salad  
Garden Variety Veggies  
Diced Peaches  
Garlic Bread Stick

Nachos  
Nacho Salad Cup  
Salsa  
Mexican Corn  
Garden Variety Veggies  
Orange Wedges

Chicken Tenders  
Red Beans and Rice  
Garden Variety Veggies  
Pineapples  
Biscuit

Soft Tacos  
Taco Salad Cup  
Pinto Beans  
Salsa  
Garden Variety Veggies  
Sorbet Cup

Chicken Potato Bowl  
Garden Variety Veggies  
Red Apple Wedges  
Dinner Roll

Pepperoni or Cheese Pizza  
Garden Variety Veggies  
Garden Salad  
Fresh Fruit

Chicken Filet on Bun  
Tator Tots  
Lettuce and Pickle Cup  
Garden Variety Veggies  
Diced Peaches

**Choice:** Pizza  
Power Cup

**Choice:** Chicken Smackers  
Power Cup

**Choice:** Chef Taco Salad  
Power Cup

**Choice:** BBQ Chicken Fries  
Power Cup

**Choice:** Pizza  
Power Cup

Honey Citrus Chicken  
Fried Rice  
Garden Variety Veggies  
Pineapples

Spaghetti and Meatballs in Sauce  
Garden Salad  
Garden Variety Veggies  
Orange Wedges  
Garlic Bread Stick

BBQ Pulled Pork Sandwich  
Baked Beans  
Garden Variety Veggies  
Tropical Fruit  
Celebration Cupcake

Chicken Teriyaki Rice Bowl  
Garden Variety Veggies  
Sorbet Cup

**Choice:** Pizza  
Power Cup

**Choice:** Chicken Smackers  
Power Cup

**Choice:** Chef Caesar Salad  
Power Cup

**Choice:** BBQ Chicken Fries  
Power Cup

**Notes:** Menus are subject to change. All meals are served with a choice of milk.

**Notification Statement:** Peanuts and Peanut butter are not purchased for meals produced by the Baton Rouge Diocese Child Nutrition Program; however, some products served may contain nuts, may be produced in plants that use nuts and may contain traces of nuts.



## Application Period Now Open For Women's ACTS Retreat! October 5th - 8th, 2023 Tracey Center - Baton Rouge

The application period is now open for our first Sacred Heart women's ACTS retreat. Information sheets will be distributed after all Masses this weekend. Space is limited and the total retreat cost is \$300. If your name is selected, a deposit for \$75 made payable to Sacred Heart Church (ACTS in memo line) will be required in order to hold your spot. Deadline for applications is Monday, August 21st by noon. Please use the QR code provided to access the application or visit the link directly: <https://forms.gle/cmLgikbd7K5GYLNG6>



Back to school means lots of things and for me, it means time to connect with Principals, Teachers and Superintendents about the Kids Heart Challenge! We know that safety is a top priority within your schools.

If you are in the Lafayette, Ascension, Baton Rouge, Livingston, St. Tammany, Jefferson, and New Orleans area, and want your school district and or school to be part of this life changing program to help students and families in your community learn the life saving skill of CPR, please reach out at [Melissa.Mitchell@heart.org](mailto:Melissa.Mitchell@heart.org)   
#community #lifesaving #schools #cpsaveslives

## Back to School!

HELP US EDUCATE 1.8 MILLION FAMILIES ABOUT HANDS ONLY CPR!



# BORN TO RUN 2023

7:30 am, Saturday, November 4

North Boulevard Town Square

*5k Run and 1/2 Mile Fun Run Fundraiser for  
Women's New Life Clinic*

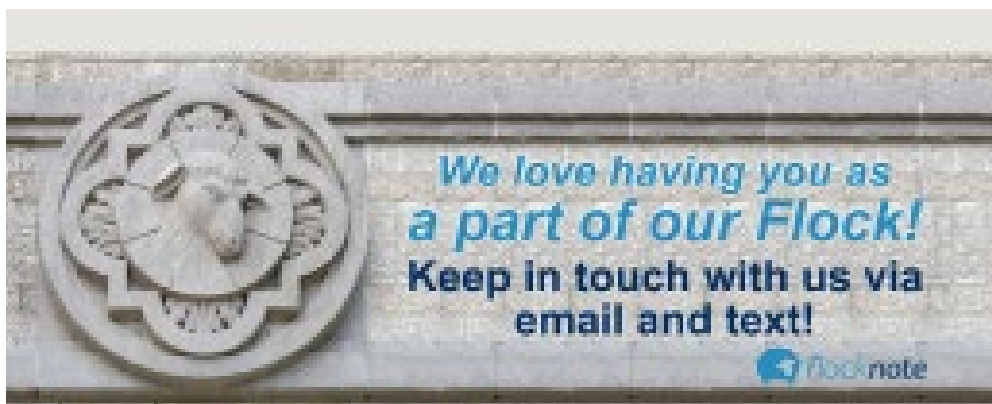
**JOIN OUR TEAM FOR ITS 8TH YEAR OF PARTICIPATING!  
SACRED HEART CHURCH & SCHOOL**



Scan the QR code  
to register or donate

or go to [WomensNewLife.com/borntorun](https://WomensNewLife.com/borntorun)

**Early-bird discount registration ends Sept. 15!**



TEXT SHBR to 84576  
or CONNECT ONLINE  
at [sacredheartbr.flocknote.com](https://sacredheartbr.flocknote.com)



DON'T FORGET TO SIGN  
UP FOR FLOCK NOTES TO  
RECEIVE MESSAGES DI-  
RECTLY FROM FR. JOSH.