

The Tuesday Newsletter



Sacred Heart of Jesus School is a diverse community dedicated to educating the body, mind and spirit.

WEEKLY NEWS FROM SACRED HEART OF JESUS SCHOOL

MAY 16, 2023

CALENDAR PEEK!

05.17	8TH GRADE PROMOTION PHOTO (5:30 pm in front of the church)
05.17	8TH GRADE PROMOTION CEREMONY (6 pm in the church)
05.18	6TH-7TH GRADE FIELD DAY
05.18	SPLASH DAY FOR PRE-K AND KINDERGARTEN
05.18	LAST DAY OF SCHOOL FOR PRE-K3&4
05.19	KINDERGARTEN CLOSING (9 am in the gym)
05.19-23	6TH-7TH GRADE EXAMS (Dismissed at 11 am)
05.23	RECORDS DAY - NO SCHOOL FOR GRADES 1-5
05.24	1ST-5TH GRADE FIELD DAY
05.24	RECORDS DAY - NO SCHOOL FOR GRADES 6-7
05.25	MASS (8 am in the church)
05.25	1ST - 7TH GRADE AWARDS CEREMONY (8:40 am in the church)
05.25	LAST DAY OF SCHOOL (Dismissed at 11 am)
05.25-08.09	SUMMER VACATION!!!!
08.10	FIRST DAY OF SCHOOL

CHRIST
has no body on Earth



but YOURS
—St. Teresa of Avila

ONLY
1 DAY UNTIL
GRADUATION

Congratulations to the Sacred Heart of Jesus School Class of 2023!

HALEY MARIE BROUSSARD
PAUL KEATON BROUSSARD III
MADELYN RAE CAMPBELL
SOFIA LUCY CERUTI
ISABELLA ANNE FREESE
LOGHAN ELIZABETH GUSTIN
MARIE ELIZABETH HENDERSON
JACE JERALD HOLLAND
RIVER DELORES HOPKINS
ELENA KATHRYNE KRONENBERGER
GRAHAM THOMAS NASSIF

EMMA THY NGUYEN
LUCY ISABELLA O'BRIEN
CATHERINE MARIE PERRAULT
THADDEUS JUDE PICKENHEIM
LIONS MAYER RAY
ETHAN WILLIAMS ROGERS
PAIGE BRIGETTE ROSCOE
AMELIE ANNE SCHMITT
MARLEY ROSE SEIFERTH
JAXSON COLE VESSELL

LIP SYNC WINNERS The 8th grade won the lip sync battle by a landslide! Thank you to everyone that brought in food to donate to St. Vincent De Paul.

ATHLETIC PICTURES If would like to order volleyball, track or baseball pictures, please be sure to turn in your order form by Thursday of this week. You may also order online via the info on your proof sheet. If the prints aren't ready before the last day of school, they will be mailed to your home address.

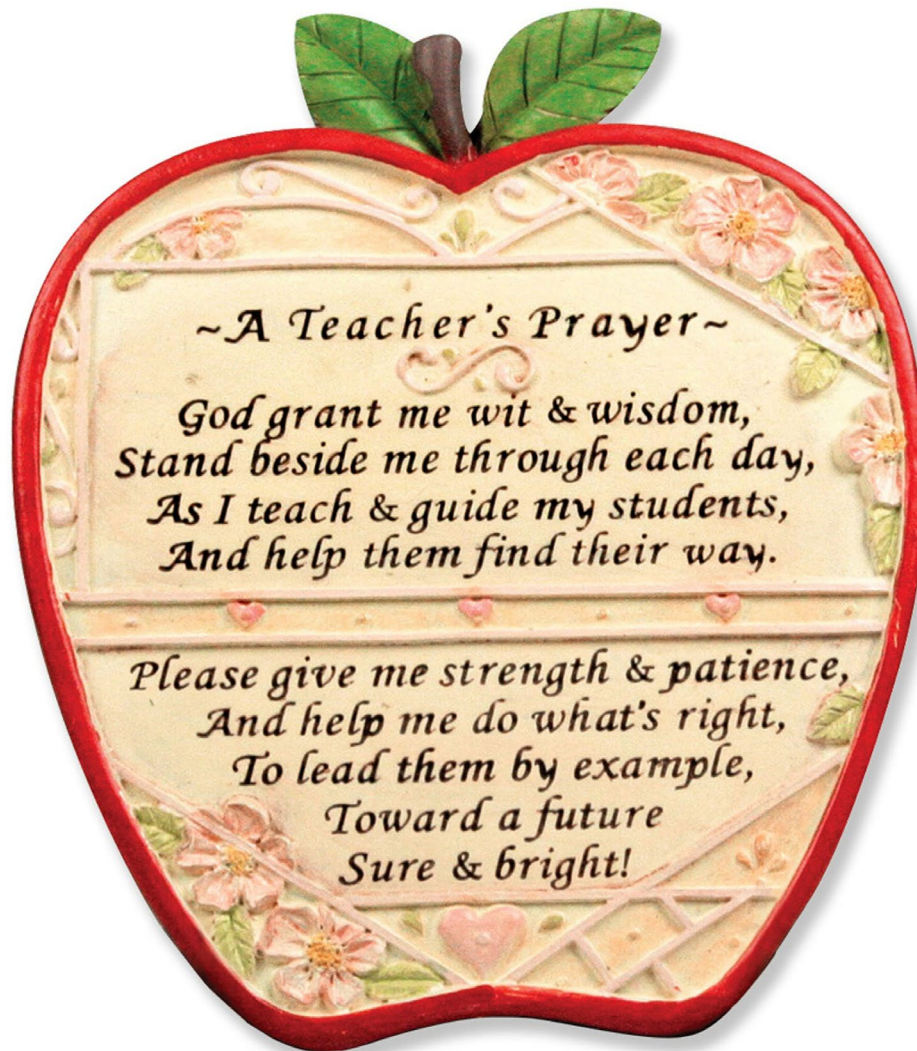
SCHOOL SUPPLIES The end of the school year is here, so summer vacations are on everyone's mind. Kindergarten through 8th grade may order school supplies via School Tool Box until June 11 and they will be delivered directly to school so you can enjoy your summer and not have to worry about school supplies in August. See flyer on page 5 for more information.

CALL FOR BOXES The end of another school year is near and our Capital Campaign is still going strong. During the summer, construction crews will be on campus renovating more classrooms. If you have any boxes that teachers can use to pack up their rooms, please send them to the office as soon as you can.

YEARBOOK AD FOR 8TH GRADE ONLY Parents of 8th grade students, [click here](#) to order your 2022-23 yearbook ad before May 26. Questions? Email Wendy Milam (WMilam@SacredHeartBR.com).

SACRED HEART OF JESUS ST. VINCENT DE PAUL FOOD PANTRY Sacred Heart of Jesus St. Vincent de Paul Food Pantry is in need of any non-perishable items. Food pantry collections are made each Friday during our school liturgy. Students, faculty, and staff donate non-perishable food items and are a major source of donations.

SACRED HEART PARISH MESSENGER [Click here](#) to read this week's edition of The Sacred Heart of Jesus Parish Messenger.



SACRED HEART HOME + SCHOOL

NEWS AND REMINDERS

- Thanks to all who came out for Trivia Night! It was a whole lot of fun, and we raised money for the school! Congrats to the 5th Grade class for the most participation - you get a free dress day!
- As the year winds down, we only have a few Home & School events left for the kids. The 8th grade will face their parents in a kickball match after their final walk and enjoy pizza and drinks from Home & School.
- Thursday, the 6th and 7th graders will have field day with Raising Cane's and Ninja Snowballs. The ELC will enjoy their splash day with popsicles, as well.
- Next week, the 1st through 5th grade will have their field day with Ninja Snowballs from Home & School, as well.
- Thank you for all of your volunteer participation this year and thank you to all of our chairs - none of this would be possible without you.



HAPPY BIRTHDAY

May 26 - Michael Miller (Assistant Principal)

May 27 - Rianna Reed (Music Teacher)

June 2 - Amanda Moran (3rd Grade Teacher)

June 2 - Billy Reeves (Middle School English/Literature Teacher)

June 4 - Allison Fisher (Middle School Math Teacher)

June 5 - Allison Ray (Pre-K Assistant Teacher)

June 13 - Maggie Calandro (Art Teacher)

Secondary Illness or Infection

I see the following situation all the time. A student has a cold, or minor viral illness. The conscientious parent takes the student to the pediatrician who says, "It's just a virus." Three days later, the student is worse. The parent takes the student back to the doctor's and they have an ear, sinus, or strep infection. Did the pediatrician misdiagnose your child? The likely answer is no. The more likely answer is your child has a secondary infection.

A secondary infection is one that occurs when a different infection, known as a primary infection, has made a person more susceptible to disease. It is called a *secondary infection* because it occurs either after or because of another infection.

Why Secondary Infections Occur

There are several ways that a primary infection can increase susceptibility to disease, leading to a secondary infection.

Changes to the Immune System

Some diseases can lower the immune system's ability to fight off harmful invaders like viruses and bacteria. This can make it easier for them to enter and cause a secondary infection. **Type 1 diabetes, rheumatoid arthritis, and lupus are some examples of diseases that lower a person's immune system.** Secondary infections occur because the body cannot effectively fight off bacteria or viruses that a healthy immune system usually can.

Compromised Skin

Skin infections can compromise the skin's ability to function as a barrier to the outside world, particularly when they also cause breaks or sores. These can function as entry points for new infections. For example, when someone scratches a sore, it can spread the infection from one part of the skin to another, worsening the primary condition. It can also make it easier for other bacteria to enter and infect the skin, causing a secondary infection.

Consequence of Treatment

Treatment for a primary infection can also lead to secondary infections. One common example is how antibiotic treatment leaves people more susceptible to **yeast infections**. Antibiotics are helpful when treating bacterial infections because they target and kill bacteria. However, in doing so, they kill off both the bad and the good including beneficial bacteria.

Secondary Infection vs. Co-Infection

Secondary infections occur after, or because of, primary infections. However, sometimes people have multiple infections that are not directly related to one another at the same time. These infections are often considered to be co-infections rather than secondary infections.

A Word About Seasonal Allergies

Some of you will hear me say that we need to treat seasonal allergies to prevent a secondary infection. While seasonal allergies are not infections, the irritation of the nasal passages, sinuses and throat can become inflamed setting up the same scenario as secondary infections. It is more accurate to call it a cause of a primary condition leading to an infection.

Trust your instincts on when you should take your child to the pediatrician with the knowledge that secondary infections exist and cannot always be predicted by you or your doctor.

Wishing you a healthy week ahead,

Nurse Geri

Order online **today!**

Dear parents,

We are happy to announce that we have chosen to sell prepackaged school supplies for the next school year through School Tool Box.

It doesn't get any easier than this!

- Put your zip code in the box at **SchoolToolBox.com**
- Find the school, then choose your child's new grade
- Each supply box matches your teacher's approved list
- Supplies are name-brand and guaranteed all school year



SCHOOL TOOL BOX

schooltoolbox.com

800-952-1119

Your order supports



One Box, One Meal

School Name:

Sacred Heart of Jesus School
Baton Rouge, LA 70802

Ordering Available:

May 11th - June 11th

Pick-up date at school:

In classroom on first day



Notes



Scan here to view your school's boxes and place your order today!





MAY 2023

Elementary Menu



Monday

Chicken Tenders
Red Beans and Rice
Garden Salad
Pineapple
Biscuit

1

Choice: Pepperoni Pizza

Honey Citrus Chicken
Fried Rice
Asian Coleslaw
Glazed Baby Carrots
Pineapple

8

Choice: Pepperoni Pizza

Chicken Smackers
Spaghetti and Cheese
Garden Salad
Veggie Medley
Green Apple Wedges

15

Choice: Pepperoni Pizza

Brunch For Lunch:
Biscuits
Grits
Eggsfravaganza
French Fries
Salsa
Fruit Choice
No Choice

22

29

Tuesday

Beef-a-Roni
Garden Salad
Buttered Corn
Red Apple Wedges
Dinner Roll

2

Choice: Chicken Smackers

Spaghetti and Meat Sauce
Garden Salad
Cauliflower with Cheese
Blue Raspberry Applesauce
Dinner Roll

9

Choice: Chicken Smackers

Soft Tacos
Taco Salad Cup with Cheese
Pinto/Black Beans
Salsa
Diced Peaches

16

Choice: Chicken Smackers

Chicken Filet on Bun
French Fries
Canned Fruit Choice

23

No Choice

30

Wednesday

Jambalaya
Garden Salad
Glazed Baby Carrots
Diced Peaches

3

Choice: Chef Chicken Smacker Salad

BBQ Pulled Chicken
French Fries
Baked Beans
Orange Wedges
Cinnamon Sugar Breadstick

10

Choice: Chef Chicken Caesar Salad

Pepperoni or Cheese Pizza
Garden Salad
Buttered Corn
Canned Pear slices

17

Choice: Chef Taco Salad

Pepperoni or Cheese Pizza
Buttered Corn
Canned Fruit Choice

24

No Choice

31

Thursday

Chicken Filet on Bun
Lettuce and Pickle Cup
French Fries
Oranges

4

Choice: Buffalo Chicken Smacker Rice Bowl

Fried Catfish
Roasted Red Potatoes
Broccoli with Cheese
Apple Wedges

11

Choice: Chicken Teriyaki Rice Bowl

Manager's Choice

18

No Choice

Manager's Choice

25

No Choice

Friday

Cinco de Mayo:
Nachos
Taco Salad Cup
Salsa
Mexican Corn
Red Apple Wedges
Celebration Cupcake
Choice: Baked Potato

5

Manager's Choice

12

Choice: Baked Potato

Manager's Choice

19

No Choice

Summer Break Begins

PLEASE JOIN US!

MID CITY JOB FAIR

*Looking for a new job?
Stop by to visit with local employers
Get help in searching and applying for real jobs,
that could be right for you!*

SEE YOU AT SACRED HEART CHURCH
2250 MAIN ST.
ACTIVITY CENTER BY THE BALL FIELD
WEDNESDAY, MAY 17
10 AM - 2 PM

FREE LUNCH FOR ATTENDEES

HOSTED BY SACRED HEART CHURCH ST. VINCENT DE PAUL

Inka's UNIFORMS



The **best quality** school uniforms.
Great customer service.

Our girls plaid items are made with our unique [UPSCALE™](#) growth features that let the garment grow with your child.

Busy Moms

LOVE

our **NEW** website!

inkas-uniforms.com

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15% in May!
10% in June!




[11626 Sherwood Forest Court](#)

SAVE 15% on June 13th, 2023
SAVE 10% on July 6th, 2023


(Our special sale days for Sacred Heart families)

(Use coupon code: **SHB** to save online)



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ACADEMICS | ATHLETICS | STRENGTH & SPEED TRAINING
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SUMMER CAMPS

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