

The Tuesday Newsletter



Sacred Heart of Jesus School is a diverse community dedicated to educating the body, mind and spirit.

WEEKLY NEWS FROM SACRED HEART OF JESUS SCHOOL

MAY 2, 2023

CALENDAR PEEK!

05.01-05.06	TEACHER APPRECIATION WEEK (more info on pg. 2)
05.02-05.03	CHEER TRYOUTS (more info on pgs. 5-6)
05.04	SPIRIT SHIRT DAY
05.05	MASS (8 am in the church - 7 th grade leaders)
05.05	MAY CROWNING (8 am in the church)
05.05	8TH GRADE VS. FACULTY LIP SYNC BATTLE (1:45 pm in the gym)
05.05	ANNUAL FATHER DAUGHTER DANCE (7 pm in the PAC)
05.09	BIRTHDAY FREE DRESS (May & June birthdays)
05.10-12	8TH GRADE EXAMS (Dismissed at 11 am)
05.11	TRIVIA NIGHT (7 pm in the PAC)
05.12	MASS (8 am in the church - 3 rd grade leaders)
05.14	4TH - 8TH GRADE CHOIR SINGS AT MASS (11 am Mass)
05.15	8TH GRADE FAMILY NIGHT DINNER (6 pm in the PAC)

CHRIST
has no body on Earth



but YOURS
—St. Teresa of Avila

ONLY
15 DAYS UNTIL
GRADUATION

PRINCIPAL'S POST

By: Cecilia Methvin

April 30th was Good Shepherd Sunday; what a fitting day for our 2nd graders to receive their First Holy Communion. There are so many stories of how Jesus is our shepherd; He gave His own life to save ours, He loves us unconditionally, and He always welcomes us back when we stray. The Eucharist is the perfect way for us to be one with our shepherd, Jesus, and it was beautiful to see our 2nd graders receive Him for the first time. I loved being an Extraordinary Minister of the Eucharist at school Masses. I was repeatedly moved at the display of reverence our children showed when they approached me, whether it be with outstretched arms and hands shaped like a throne for Jesus or crossing their arms over their hearts to ask for a blessing. There is such sweetness and innocence on a child's face when they receive the Eucharist. This Friday, our 2nd graders will lead us in our annual Crowning of Mary as well as attend Mass with their 8th grade buddies; it will be the last school Mass for our 8th grade students. The bond created between these two classes is a tight one, and I know that Friday will be a special day for them all. Please join me in praying for our 2nd graders and our 8th graders as they enter new phases of their young lives; may they always remember that Jesus, the Good Shepherd, will never abandon them.

"I am the good shepherd. A good shepherd lays down his life for the sheep." John 10:11

TEACHER APPRECIATION May 1st-5th is National Teacher Appreciation Week. The Student Council has created themes for each day to show our teachers how much we love and appreciate them for everything they do for us.

Monday- 'Do-nut' forget how much I appreciate you! (Doughnuts from Mrs. Methvin)

Tuesday: Your child can bring their teacher's favorite coffee, tea, or a gift card to get one at their favorite shop.

Wednesday: Hump day snacks. Help your teacher make it through the rest of the week by sending snacks for the teachers lounge.

Thursday: Students can write a 'Thank You' card or note to their teacher.

Friday: Friday is May Crowning and students are planning to bring a flower for Mary. If you would like, you may bring an extra flower for your teacher.

FATHER DAUGHTER DANCE The deadline to order advanced tickets has been extended to Wednesday, May 3. See the flyers on pages 7-8 for more information. If you would like to volunteer at the dance to earn PIP hours, [click here](#) to sign up.

CALL FOR BOXES The end of another school year is near and our Capital Campaign is still going strong. During the summer, construction crews will be on campus renovating more classrooms on campus. If you have any boxes that teachers can use to pack up their rooms, please send them to the office as soon as you can.

YEARBOOK AD FOR 8TH GRADE ONLY Parents of 8th grade students, [click here](#) to order your 2022-23 yearbook ad before May 26. Questions? Email Wendy Milam (WMilam@SacredHeartBR.com).

SACRED HEART OF JESUS ST. VINCENT DE PAUL FOOD PANTRY Sacred Heart of Jesus St. Vincent de Paul Food Pantry is in need of any non-perishable items. Food pantry collections are made each Friday during our school liturgy. Students, faculty, and staff donate non-perishable food items and are a major source of donations.

SACRED HEART PARISH MESSENGER [Click here](#) to read this week's edition of The Sacred Heart of Jesus Parish Messenger.

ATHLETIC NEWS: Contact Athletic Director Amy Daughdrill at adaughdrill@sacredheartbr.com with any questions.

Team and individual pictures for track, baseball and cheer are Wednesday, May 3 right after school. Please have your student bring their uniform to school to change into when the bell rings. We will meet in the gym.

Congratulations to the 8th grade volleyball team for their huge win at the St. George tournament last weekend. They defeated St. George in the final game to become the tournament champions!

Join the 6th grade in their last game Wednesday, May 3 @ Catholic Pointe Coupee at 5:45 p.m.

Father, I pray that each
child knows their
strength comes from You
and that You give them
the courage to face any
obstacle they may face at
school. I pray they know
to come to you with their
fears and anxiety and to
trust you to watch over
them and guide them
throughout the day.
Amen.



SACRED HEART HOME + SCHOOL

NEWS AND REMINDERS

- It's May! The final weeks of school are upon us, and we have one more Home & School event - Trivia Night on May, 11th in the Parish Activity Center. This is one more opportunity to hang out as a community, enjoy some refreshments and test your trivia skills. Please see the flyer on pages 9-10 for details and registration information.
- Please look out for a Sign Up for refreshments. You can still earn PIP hours if you are short.



HAPPY BIRTHDAY

May 26 - Michael Miller (Assistant Principal)
May 27 - Rianna Reed (Music Teacher)
June 2 - Amanda Moran (3rd Grade Teacher)
June 2 - Billy Reeves (Middle School English/Literature Teacher)
June 4 - Allison Fisher (Middle School Math Teacher)
June 5 - Allison Ray (Pre-K Assistant Teacher)
June 13 - Maggie Calandro (Art Teacher)

The Immune System, Vaccines, and Why Some People Do Not Make Antibodies to Diseases or Vaccines Part Two

This is a conversation I had with someone **before** COVID. They told me, "I'm not getting the flu vaccine because it does not work." Me, "Maybe you are a person with vaccine failure." Them, "You are darn straight I'm a vaccine failure because I am failing to get the vaccine." I tried to explain what vaccine failure meant, but in the end, I just gave up.

The term non-responsiveness or primary vaccination failure is described by the inability of the host/vaccinee to mount sufficient protective antibody responses after primary or booster vaccination. This phenomenon affects about 2–10% of vaccinated healthy individuals.

Two Major Factors Responsible for Vaccine Failures

- Vaccine-related such as failures in vaccine attenuation, vaccination regimes or administration.
- Host-related, of which host genetics, immune status, age, health, or nutritional status can be associated with primary or secondary vaccine failures. The first describes the inability to respond to primary vaccination, the latter is characterized by a loss of protection after initial effectiveness.

In talking about host related vaccine failures, I am going to talk about the immune system again.

Humoral Immunity Verses Cell-Mediated Immunity

- Humoral immunity and cell-mediated immunity are two components of adaptive immunity. Humoral immunity is mediated by B-cells that secrete antibodies that circulate in the blood. Cell-mediated immunity is mediated by T-cells that identify and destroy infected cells in the body. The major difference between humoral and cell-mediated immunity is that **humoral immunity produces antigen-specific antibodies, whereas cell-mediated immunity does not**. T lymphocytes are responsible for cell-mediated immunity.
- Comparing the immune responses to different vaccines in non-responder and high-responder vaccinees revealed that low response is antigen/vaccine-specific at the humoral but not at the cellular level.

Age, Obesity, and Other Risk Factors

- Non-responsiveness increases with age and in particular vaccination to a novel vaccine in persons > 65 years is associated with a high low/non-responder rate, indicating that vaccine schedules and doses (at least for primary vaccination) should be adapted according to age. It is well recognized that age related immunosenescence (remarkable changes in the immune system as we age) contributes to the increased susceptibility of the elderly to infectious disease and to the poor outcome of vaccination.
- Recent studies have shown that obesity causes a state of low-grade inflammation and has direct effects on the immune system leading to immunosuppression. Obese people have been shown to suffer from an increased susceptibility to several infections, such as influenza, tuberculosis, or pneumococcal diseases. It seems to be triggered by the white fat tissue. It has been documented for some vaccines that an elevated body mass index (BMI) is associated with poor vaccine responsiveness. The non-responder rate of people with a BMI > 25 was significantly higher compared to persons with a BMI <25.
- Risk factor such as heavy smoking or chronic renal failure have a higher risk of vaccine failure.

The Bottom Line

Vaccines are the safest way to protect against certain diseases and prevent serious illness. Natural infections can cause severe complications and be deadly. This is true even for diseases that many people consider mild, like chickenpox. It is impossible to predict who will get serious infections that may lead to hospitalization or even death. We may not know if we are a person who will experience vaccine failure. This is why herd immunity via vaccines is important for any preventable disease. We protect ourselves and those who cannot. Stay tuned for next week. I will talk about new vaccine requirements for Louisiana schools.

Wishing you a healthy week ahead,
Nurse Geri

TUESDAY MAY 2ND
AND
WEDNESDAY MAY 3RD

CHEER TRYOUTS!

TUESDAY 3:00 - 5:00PM
WEDNESDAY 3:00 - 4:00PM
SACRED HEART MAIN GYM

Parents,

I hope that you and your families are doing well. It is time for cheerleading tryouts for next school year! If your daughter is interested in trying out to become a cheerleader, please read the following information.

Tryouts will be held on Tuesday, May 2nd and Wednesday May 3rd in the main gym from 3:00 – 5:00pm on Tuesday and 3:00 – 4:00pm on Wednesday. The girls will be taught a cheer and a dance from the current Sacred Heart cheerleaders. They will be videoed performing both the cheer and dance for outside judges.

Tryout requirements:

- A current 4th, 5th, 6th, or 7th grader at Sacred Heart.

Eligibility if she makes the squad:

- A passing grade in every subject and at least a 2.0 grade point average.
 - The report card issued immediately before the first practice of the season will be used to determine eligibility.
- A conduct grade of at least a B.
 - If a student with a C in conduct wishes to participate, a meeting with the Principal, Athletic Director, and parent/guardian must take place before the first practice of the season.

I would like the girls to keep in mind that they will be required to attend practice once a week, cheer at football and basketball games, attend open house, fall and spring pep rallies and any other school events decided by the moderator. Sacred Heart Cheerleading is a year-round sport but also a very rewarding and fun sport. If they do make the squad, they will need to purchase a cheer uniform and practice uniforms. If you are interested in the cost of these items, you may email me with your questions. We are so excited about building a new squad!

You can email me with any questions you have regarding cheer at mcalandro@sacredheartbr.com.

Best regards,

Maggie Calandro

Cheer Moderator



TACO BOUT FIESTA

AND JOIN US FOR SACRED HEART'S ANNUAL

FATHER DAUGHTER DANCE

ADVANCE TICKETS:

\$35 PER COUPLE

\$7 PER ADDITIONAL GIRL

TICKETS AT THE DOOR:

\$40 PER COUPLE

\$10 PER ADDITIONAL GIRL

DEADLINE FOR ADVANCE TICKETS:

Monday, May 1st

FRIDAY, MAY 5, 2023

7:00-9:00 PM

SACRED HEART PARISH ACTIVITY CENTER

HOSTED BY GIRL SCOUT TROOP 10278

FATHER DAUGHTER COUPLE: 1 @ \$35.00 = \$35.00

ADDITIONAL GIRL(S): # _ _ _ @ \$7.00 PER GIRL = \$ _ _ _

TOTAL: \$ _ _ _

GIRL SCOUT
FUN PATCH: # _ _ _ _ = FREE FOR
GIRL SCOUTS

DAUGHTER(S) NAME(S): GRADE/CLASS

MAKE CHECKS PAYABLE TO GIRL SCOUT TROOP 10278

RETURN TO JOANNA CANEZARO C/O GIANNA 7TH GRADE BY MONDAY, MAY 1ST

SONG REQUEST: SONG NAME _ _ _ _ _ ARTIST _ _ _ _ _

PHOTOGRAPHY BY LAYNE PHOTOGRAPHY

PACKAGES TO BE PURCHASED DIRECTLY WITH THE PHOTOGRAPHER THE NIGHT OF THE DANCE
(SEE PHOTO ORDER FORM FOR DETAILS)



Sacred Heart of Jesus School Father/Daughter Dance 2023

Layne Photography will be at the **Sacred Heart Father/Daughter Dance on May 5th.**
We will be offering posed photos of you and your daughter(s).

Below is a sample of the pre-paid order form.

Digital files will be emailed to you.

Print orders will be brought to the school to be distributed.

You can fill out the form and bring it with you, and/or we will also provide forms to be filled out that night.

Each **Package** is one **Pose**

(225) 928-2986

LAYNE
Photography

angele@laynephoto.com

☐ Package A

☐ Package B

Digital File - \$10

2-5x7 - \$20

Parent's Name: _____

Child's Name: _____

Email: _____

Phone: _____

☐ Cash ☐ Credit Card ☐ Check

Card# _____ V# _____

Expiration Date _____ ZipCode _____

Total _____

SACRED HEART OF JESUS SCHOOL
1ST ANNUAL TRIVIA TOURNAMENT EMCEED BY
CHALLENGE ENTERTAINMENT



THURSDAY
MAY 11

DOORS OPEN
AT : 6 PM

IN THE PARISH ACTIVITY CENTER

QUESTIONS WILL BE GENERAL TRIVIA ON VARIOUS TOPICS

4 PERSON TEAMS WITH 40 TEAMS MAX

ENTRY FEE: \$200/TEAM

FOOD PROVIDED BY LOCAL RESTAURANTS

DRINKS AND ADULT BEVERAGES PROVIDED FOR ALL PLAYERS

1st Place - donated cash prize

2nd place - merchandise and liquor

3rd place - merchandise and liquor

Click [here](#) to sign up.

Deadline to Register is Wednesday, May 10th

Doors Open at 6 PM. Please Arrive No Later Than 6:45 PM

SACRED HEART OF JESUS SCHOOL
1ST ANNUAL TRIVIA TOURNAMENT EMCEED BY
CHALLENGE ENTERTAINMENT



SCREEN SPONSORSHIPS ARE \$100 PER ROUND

YOUR COMPANY LOGO WILL BE PROMINENTLY DISPLAYED ON
THE TRIVIA SCREEN FOR ROUND 1

ALL LOGOS WILL BE ON A ROTATING LOOP BEFORE THE
COMPETITION BEGINS AND DURING INTERMISSION

PLEASE EMAIL LOGOS TO ANDREW FREESE AT
AFREESE@SFBCIC.COM OR ROBB CAMPBELL AT
ROBB@LAWYERBATONROUGE.COM

THURSDAY
MAY 11

DOORS OPEN
AT : 6 PM

IN THE PARISH ACTIVITY CENTER

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Chicken Tenders Red Beans and Rice Garden Salad Pineapple Biscuit</p> <p>1</p> <p>Choice: Pepperoni Pizza</p>	<p>Beef-a-Roni Garden Salad Buttered Corn Red Apple Wedges Dinner Roll</p> <p>2</p> <p>Choice: Chicken Smackers</p>	<p>Jambalaya Garden Salad Glazed Baby Carrots Diced Peaches</p> <p>3</p> <p>Choice: Chef Chicken Smacker Salad</p>	<p>Chicken Filet on Bun Lettuce and Pickle Cup French Fries Oranges</p> <p>4</p> <p>Choice: Buffalo Chicken Smacker/Rice Bowl</p>	<p>Cinco de Mayo: Nachos Taco Salad Cup Salsa Mexican Corn Red Apple Wedges Celebration Cupcake Choice: Baked Potato</p> <p>5</p>
<p>Honey Citrus Chicken Fried Rice Asian Coleslaw Glazed Baby Carrots Pineapple</p> <p>8</p> <p>Choice: Pepperoni Pizza</p>	<p>Spaghetti and Meat Sauce Garden Salad Cauliflower with Cheese Blue Raspberry Applesauce Dinner Roll</p> <p>9</p> <p>Choice: Chicken Smackers</p>	<p>BBQ Pulled Chicken French Fries Baked Beans Orange Wedges Cinnamon Sugar Breadstick</p> <p>10</p> <p>Choice: Chef Chicken Caesar Salad</p>	<p>Fried Catfish Roasted Red Potatoes Broccoli with Cheese Apple Wedges</p> <p>11</p> <p>Choice: Chicken Teriyaki Rice Bowl</p>	<p>Manager's Choice</p> <p>12</p> <p>Choice: Baked Potato</p>
<p>Chicken Smackers Spaghetti and Cheese Garden Salad Veggie Medley Green Apple Wedges</p> <p>15</p> <p>Choice: Pepperoni Pizza</p>	<p>Soft Tacos Taco Salad Cup with Cheese Pinto/Black Beans Salsa Diced Peaches</p> <p>16</p> <p>Choice: Chicken Smackers</p>	<p>Pepperoni or Cheese Pizza Garden Salad Buttered Corn Canned Pear slices</p> <p>17</p> <p>Choice: Chef Taco Salad</p>	<p>Manager's Choice</p> <p>18</p> <p>No Choice</p>	<p>Manager's Choice</p> <p>19</p> <p>No Choice</p>
<p>Brunch For Lunch: Biscuits Grits Eggsfravaganza French Fries Salsa Fruit Choice No Choice</p> <p>22</p>	<p>Chicken Filet on Bun French Fries Canned Fruit Choice</p> <p>23</p> <p>No Choice</p>	<p>Pepperoni or Cheese Pizza Buttered Corn Canned Fruit Choice</p> <p>24</p> <p>No Choice</p>	<p>Manager's Choice</p> <p>25</p> <p>No Choice</p>	<p>26</p>
<p>29</p>	<p>30</p>	<p>31</p>	<p>Summer Break Begins</p>	

PLEASE JOIN US!

MID CITY JOB FAIR

*Looking for a new job?
Stop by to visit with local employers
Get help in searching and applying for real jobs,
that could be right for you!*

SEE YOU AT SACRED HEART CHURCH
2250 MAIN ST.
ACTIVITY CENTER BY THE BALL FIELD
WEDNESDAY, MAY 17
10 AM - 2 PM

FREE LUNCH FOR ATTENDEES

HOSTED BY SACRED HEART CHURCH ST. VINCENT DE PAUL

Inka's UNIFORMS



The **best quality** school uniforms.
Great customer service.

Our girls plaid items are made with our unique [UPSCALE™](#) growth features that let the garment grow with your child.

Busy Moms

LOVE

our **NEW** website!

inkas-uniforms.com

SAVE 20% in April!
15% in May!
10% in June!



[11626 Sherwood Forest Court](#)

SAVE 15% on June 13th, 2023
SAVE 10% on July 6th, 2023

(Our special sale days for Sacred Heart families)

(Use coupon code: **SHB** to save online)



SUMMER AT CHS

ACADEMICS | ATHLETICS | STRENGTH & SPEED TRAINING
FOR BOYS AND GIRLS AGES 5 AND OLDER

 CATHOLICHIGH.ORG/SUMMERATCHS