

The Tuesday Newsletter



Sacred Heart of Jesus School is a diverse community dedicated to educating the body, mind and spirit.

WEEKLY NEWS FROM SACRED HEART OF JESUS SCHOOL

FEBRUARY 14, 2023

CALENDAR PEEK!

02.15	CLUB PICTURES (beginning at 9 am in the gym)
02.15	QUIZ BOWL PRACTICE
02.16	GIRL SCOUT MEETING
02.16	BINGO (6 pm in the PAC)
02.17	SCHOOL MASS (8 am in the church - 8 th grade leaders)
02.17	MARDI GRAS THEME DRESS DAY
02.17	MARDI GRAS PARADE (1 pm in the gym)
02.19	TIGER SHOP CLOSING AT MIDNIGHT
02.20-24	NO SCHOOL (Mardi Gras Holidays)
02.27	STUDENTS RETURN TO SCHOOL
02.28	BLACK HISTORY ASSEMBLY (1:15 pm in the gym)
03.01	QUIZ BOWL PRACTICE
03.03	SCHOOL MASS & SPIRIT SHIRT (8 am in the church - 4 th grade leaders)

CHRIST
has no body on Earth



but YOURS
—St. Teresa of Avila



PRINCIPAL'S POST

By: Cecilia Methvin

Gracious God,
My love for you grows daily.
Whenever I witness an act of kindness
or receive an unexpected gift, I am
reminded of your expansive heart.
Even during times of duress, of
sadness, or of heartache, I take
comfort in knowing that nothing can
separate me from your love.
Let this love in me blossom and
flower so that I reflect your
compassion and mercy in all that
I say and do.
In gratitude and grace, I pray.
Amen



CLUB PHOTOS We will be taking club pictures for the yearbook tomorrow, Wednesday, February 15 beginning at 9 am. If your child is in a club that has a uniform or club tshirt, they may wear it to school. If they are in more than one club with a shirt or uniform, please send them with all shirts/uniforms so they can change into the appropriate item for each photo. Questions? Email Wendy Milam (wmi-lam@sacredheartbr.com).

BINGO Home and School BINGO is Thursday, February 16 at 6 pm in the PAC. All parents that attend will earn one PIP hour. The grade with the most representatives will win a hat/sock day. We hope to see you all there!

MARDI GRAS THEME DRESS DAY Students may wear purple, green, and/or gold/yellow or theme shirts and accessories; long blue or black jeans (loose fitting with no holes) or uniform bottoms (shorts or long pants), or pants in the theme colors.

MARDI GRAS BEADS Mrs. Robinson is in need of Mardi Gras beads for the school parade. If you have any extra beads, please send them to school tomorrow so she has enough time to sort them before the parade Friday afternoon.

TIGER SHOP CLOSING SUNDAY [Click here](#) to shop before it closes on Sunday, February 19 at midnight. Contact Jennifer Thibodeaux (jthibodeaux@catholichigh.org) or Jennifer Broussard (jennbroussard@gmail.com) with any questions.

SACRED HEART OF JESUS ST. VINCENT DE PAUL FOOD PANTRY Sacred Heart of Jesus St. Vincent de Paul Food Pantry is in need of hearty soups, canned ravioli, canned spaghetti & meatballs, chili & tuna. They serve people in need who live within the geographical boundaries of Sacred Heart of Jesus Parish. Food pantry collections are made each Friday during our school liturgy. Students, faculty, and staff donate non-perishable food items and are a major source of donations.

SACRED HEART PARISH MESSENGER [Click here](#) to read this week's edition of The Sacred Heart of Jesus Parish Messenger.

NEWS TO THE EDITOR Do you have news for The Tuesday Newsletter? Please email news to WMilam@SacredHeartBR.com by 1:00 p.m. the Monday prior to publication.

ATHLETIC NEWS: Contact Athletic Director Amy Daughdrill at adaughdrill@sacredheartbr.com with any questions.

Catholic High School Boys Basketball is happy to welcome Sacred Heart Students to join us for Senior Night as the Bears take on Defending State Champs, Scotlandville Magnet High School beginning on Tuesday, February 14th. All Sacred Heart Students who attend will enjoy complimentary admission. General admission is \$10 (Catholic High season pass and cards are accepted.)

There will be 3 games - Freshmen play at 5; JV at 6 and Varsity (featuring the Senior Night Pre Game Program) at 7:15. We hope you can join us in cheering on Coach Jones (fellow Sacred Heart parent) as he leads his Bears to victory!

Congratulations to all the boys basketball teams on a fantastic season! **A special congratulations to our 3rd grade boys for an undefeated season!**

Volleyball - our first practice is cancelled due to BINGO night. Look for more info regarding practice via email.

Track and Field - there will be an informational zoom meeting regarding events, practices, and meets on Wednesday at 5:30. The zoom link will be sent on Wednesday.

Biddy Basketball: Reminder there is no game this Sunday. Happy Mardi Gras!

- **Biddy Basketball**

February 19

NO GAMES

February 26

Final Biddy Basketball Game w/trophies

1:30 p.m. Sacred Heart Gym

SACRED HEART HOME SCHOOL

NEWS AND REMINDERS

- **BINGO** is this Thursday, February 16th at 6 pm. Come out for a fun night and help our school raise money. You will earn one PIP hour for attending. The class that has the most participation at BINGO night will earn a hats and socks day! More information on page 5 of this newsletter. We are looking forward to seeing everyone there!
- **AUCTION SAVE THE DATE 4/22** : Check out the flyer on page 6 for sponsorship opportunities - contact Leah Bergeron (leahberg7@gmail.com) or Ashley Sensley-Square (asensley@att.net) with any questions.



HAPPY BIRTHDAY

February 22 - Rachel Ceruti (Pre-K Teacher)



Medical Causes of Concentration Difficulty

If a student presents to the nurse's station with fever, vomiting, diarrhea or contagious illness, they must be picked up from school. What about the students who are having a medical issue that are not required to be excluded from school? There are so many physical and psychological reasons that also disrupt the student's day and their ability to concentrate and give their best effort at school.

I have called many parents over the last nine years of working with students to report illnesses that do not require students being excluded from school. No matter how many times I hear this one comment from parents, I am always bewildered. "Have they taken their test yet? I'll pick them up after their test." I will ask the student if they feel they can concentrate enough to take that test. The answer is mostly no. How did I know to ask this? From years of nursing and reading research. I know this student is suffering from Concentration Difficulty Disorder.

What is Concentration Difficulty Disorder?

Concentration difficulty is a decreased ability to focus your thoughts on something. In this case of student illness, that "something" is schoolwork or a test. Concentration difficulties can be related to many things, but even a minor medical illness can cause it.

Several large-scale research projects noted that concentration difficulty can affect a student's test score by an average of 10%.

Think about your child's normal school performance. How does a 10-point lower grade sound?

Here are the most common causes that produce of short-term and long-term concentration difficulties you may not have thought of:

Acute (sudden short term) illnesses	Chronic (remains over time or long term),
Abdominal Pain Allergies and Hay Fever Change In Sleep Patterns Changes In Mood, Personality or Behavior Difficult Menstruation Enlarged Lymph Nodes Fatigue Feeling Very Thirsty Frequent Urination Headache Infections Migraines Nausea With or Without Vomiting Rash Stiff or Rigid Neck	Asthma Concussions. Sleep Apnea (Pauses in Breathing During Sleep) Vision Disorders Anxiety, Depression, Bipolar Disorder Emotional Trauma Stress. Medication Side Effects Metabolic Disorders and Certain Vitamin Deficiencies Seizure Disorders Learning Disabilities

Correcting concentration difficulty means correcting short term illness or controlling chronic illnesses. We all want our children to be the best they can be. The body, mind and spirit all must be well to be our best selves.

Yours in Christ,
Nurse Geri

16

Sacred Heart Home & School Association
invites you to

B I N G O

NIGHT

Games Fun Prizes

11

Thursday - 2/16

6PM - 8PM

Parish Activity Center

CASH
PRIZES
AWAITS YOU!

\$30 CASH ONLY - ADULTS ONLY

Drinks & Food Provided

SACRED HEART SCHOOL GOES HOLLYWOOD

Sponsorship Opportunities

NAME OF COMPANY/SUPPORTER(S) _____

Please list the name as you wish for it to appear on printed materials.

Contact Person _____

Title _____

Address _____

City _____

State _____

Zip _____

Email _____

Phone Number _____

I would like to support Sacred Heart of Jesus School by sponsoring the 2023 Tiger Gala. Enclosed is my check made payable to Sacred Heart Home & School for:

_____ \$1250

_____ \$1000

_____ \$500

_____ \$250



Please email the completed form to Christina O'Brien at cobrien@sacredheartbr.com by Friday, March 17, or send it by mail to:

Christina O'Brien
c/o Sacred Heart of Jesus School
2251 Main Street
Baton Rouge, LA 70802

Thank you for your generous support of Sacred Heart of Jesus School!



Silverscreen Sponsor (\$1250)

- Reserved table for 10 guests
- Name in parish newsletter distributed to Sacred Heart Church parishioners
- Logo in school newsletter distributed to Sacred Heart families
- Logo on event banner and marketing materials
- Logo on Sacred Heart social media pages (over 3500 followers)
- Logo included in auction slideshow



Reserved Blockbuster Sponsor (\$500)

- Reserved table seating for 4 guests
- Name in parish newsletter distributed to Sacred Heart Church parishioners
- Logo in school newsletter distributed to Sacred Heart families
- Logo on event banner and auction slideshow
- Logo on Sacred Heart social media pages (over 3500 followers)



Tinseltown Sponsor (\$1000)

- Reserved table for 8 guests
- Name in parish newsletter distributed to Sacred Heart Church parishioners
- Logo in school newsletter distributed to Sacred Heart families
- Logo on event banner and auction slideshow
- Logo on Sacred Heart social media pages (over 3500 followers)



Food and Beverage Sponsor (\$250)

- Logo in school newsletter distributed to Sacred Heart families
- Logo on auction slideshow
- Logo on Sacred Heart social media pages (over 3500 followers)



Scan to purchase sponsorship online or visit our auction website
www.auctria.com/auction/TigerGala2023





FEBRUARY 2023

Elementary Schools



Monday	Tuesday	Wednesday	Thursday	Friday
		<div>Corn Dog Nuggets Creamed Potatoes Glazed Baby Carrots Strawberries with whipped cream</div> <div>Choice: Chef Taco Salad</div>	<div>Chicken Filet on Bun Lettuce and Pickle Cup French Fries Cantaloupe Wedges</div> <div>Choice: Chicken Teriyaki Rice Bowl</div>	<div>Nachos Garden Salad Jalapeno Cup Salsa Mexican Corn Peaches</div> <div>Choice: Baked Potato</div>
<div>Honey Citrus Chicken Fried Rice Asian Coleslaw Glazed Baby Carrots Pineapple</div> <div>Choice: Pepperoni Pizza</div>	<div>Spaghetti and Meat Sauce Garden Salad Cauliflower with Cheese Blue Raspberry Applesauce Dinner Roll</div> <div>Choice: Chicken Smackers</div>	<div>BBQ Pulled Pork Sandwich Coleslaw with Pickles on top Green Beans Oranges</div> <div>Choice: Chef Chicken Smacker Salad</div>	<div>Chicken and Sausage Jambalaya White Beans Garden Salad Peaches Roll</div> <div>Choice: Buffalo Rice Bowl</div>	<div>Macaroni and Cheese Garden Salad Green Beans Red Apple Wedges</div> <div>Choice: Baked Potato</div>
<div>Chicken Smackers French Fries Garden Salad Dinner Roll Green Apple Wedges</div> <div>Choice: Pepperoni Pizza</div>	<div>Fried Catfish Macaroni and Cheese Garden Salad Glazed Carrots Strawberries with whipped cream Celebration Cupcake</div> <div>Choice: Chicken Smackers</div>	<div>Hamburger/Cheeseburger Lettuce and Pickle Cup French Fries Baked Beans Pineapple</div> <div>Choice: Chef Chicken Caesar Salad</div>	<div>Chicken and Sausage Gumbo Garden Salad Cantaloupe Wedges Garlic Breadstick King Cake Donut Holes</div> <div>Choice: Chicken Teriyaki Rice Bowl</div>	<div>Pizza Garden Salad Corn Red Apple Wedges</div> <div>Choice: Baked Potato</div>
Mardi Gras Break				
<div>Honey Citrus Chicken Fried Rice Asian Coleslaw Glazed Baby Carrots Pineapple</div> <div>Choice: Pepperoni Pizza</div>	<div>Spaghetti and Meat Sauce Garden Salad Cauliflower with Cheese Blue Raspberry Applesauce Dinner Roll</div> <div>Choice: Chicken Smackers</div>			

Mardi Gras Break





Catholic High School Cheerleading Clinics

Open to girls 1st through 5th grade

**Sunday, March 5 or
Sunday, March 12**

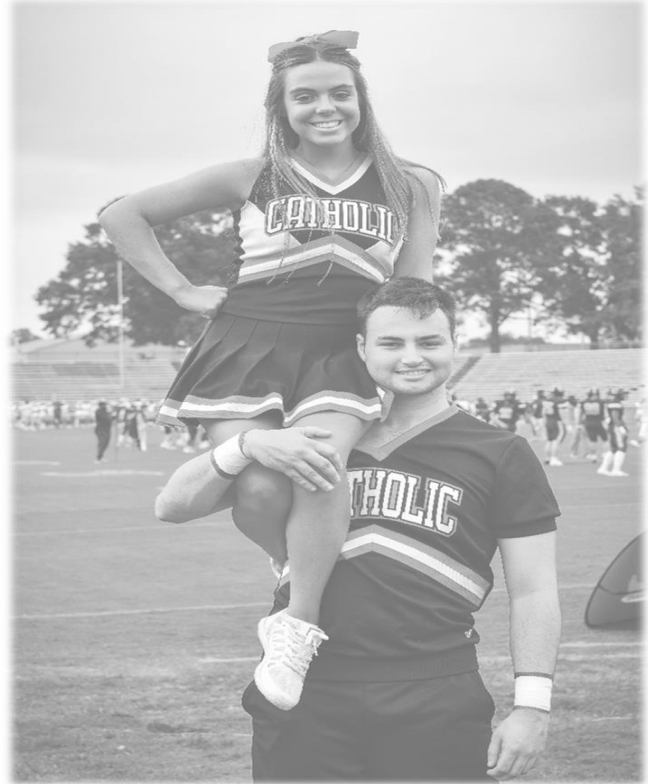
1:00 p.m. – 3:00 p.m.

*Performance for parents at
3:00 p.m.*

Catholic High School Gym

Cost - \$25

Includes a t-shirt and snack



Register by Wednesday, February 8 at
<https://mychs.catholichigh.org/cheer/clinic>



**Enrichment Credit
Diocese of Baton Rouge**

GENDER IDENTITY COURSE

**Thursdays in March 2023
6:30-8:30pm**

Frassati House on Highland Rd.

How Gender Identity Theory developed, Compare & contrast gender Identity with Catholic teaching,
Learn how to navigate the gender question with
compassion & truth

Email imageandgift@gmail.com
for registration information.



The 1929 Society (\$1000+)

Anonymous
 Bridget and Rick Akin
 Sheila and Kevin '95 Alford
 Archana and Venkat Banda
 Rosemary and Kyle Beall
 Kim and Sterling Bertrand
 Katie and Greg Bodin
 LaMeisa and Darius Bonton
 Kurt and Cristina Brauner
 Kecia '91 and Robb Campbell
 Rachel and Ron Ceruti
 Wendy and J. Daniels
 Becky '63 and Louis '62 DeJohn
 Aglonie and Michael DiVincenti, Jr.
 Maria '67 and David DiVincenti
 Tiffany and Brian Dykes
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Friend of Sacred Heart (\$1-\$249)

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 Jennifer and Mike Thibodeaux
 N. Scott Thomas '66
 Vernon Thorning

Friend of Sacred Heart (cont'd)

Erin Wilcox '10
Alexis Williams
Tammy Williams

In Memory of

Frank Culotta, Jr.
Beverly Culotta Bourdier '52
Therese Barcelona Cush
The Wagenechts and The Gautreaux
Wesley Hunt Green
Carol, Cayleen and Brandt Green
Hollis Keene
Shannon Laundry
Brandon Kling '94
Mary Beth '68 and Kelly '65 Kling
Lloyd and Velma Lyles
The Lyles Family
Charles S. Marabella
Diane and Tony Marabella
Charles Marabella
Kay and Don Elliott

In Honor of

Beau '16 Brown Madeleine Brown '18
Mamaw Dyra and Papaw CJ Hughes
Brooklyn Nelson '27
Michelle and Sean Nelson
In Honor of Cora Jane Owens
Dr. and Mrs. Michael Owens
Fr. Miles Walsh
Elaine and Randy Ellis



Creating a Centennial

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ELITE (\$60,000 and above)

The Pocorello Family
Sacred Heart of Jesus Church

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Re '67 and David DiVincenti
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Jeanne and Michael Henderson

SIGNATURE (\$10,000)

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Rosemary and Kyle Beall
Aimee and John Dawes
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C. Thomas Landry '98
Cheryl and Michael Leggio
Kathryn and Cliff Mount
Risa and Tim Mueller
Paulette and Mike '64 O'Brien
Partin Roofing, LLC
Debbie and Gary Pickell

CONTRIBUTING

(Less than \$5,000)

3 Anonymous
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Wendy and Jim Daniels
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Diane and Anthony '60 Marabella
Deborah B. Matirne
Caroline and Spyrie Mays
Catharine and Johnny McKay
Allie and Phil Schmitt
Sara Smith

Pledges as of January 12, 2023

If you are interested in donating, please contact Christina O'Brien '95 (CO'Brien@SacredHeartBR.com).

Every effort is made to assure that names are listed correctly. If an error is made or a name omitted, please contact Wendy Milam (WMilam@SacredHeartBR.com)