

The Tuesday Newsletter



Sacred Heart of Jesus School is a diverse community dedicated to educating the body, mind and spirit.

WEEKLY NEWS FROM SACRED HEART OF JESUS SCHOOL

JANUARY 31, 2023

CALENDAR PEEK!

01.29-02.03	CATHOLIC SCHOOLS WEEK
02.01	BLACK HISTORY MONTH BEGINS
02.02	ALUMNI PHOTO (8 am in the school yard)
02.02	PROGRESS REPORTS
02.03	SCHOOL MASS WITH BLESSING OF THE THROATS (8 am in the church - 6th grade leaders)
02.03	SPIRIT SHIRT DAY
02.03	TOWN HALL MEETING (9 am in the Parish Hall or noon via Zoom)
02.03	CSW ART EXHIBIT (9:30-11:30 am @ the Catholic Life Center)
02.06	TIGER SHOP OPENS
02.08	QUIZ BOWL PRACTICE
02.10	SCHOOL MASS (8 am in the church - 5 th grade leaders)
02.11	NEW STUDENT SCREENING

CHRIST
has no body on Earth



but YOURS
—St. Teresa of Avila



**Calling all
Sacred Heart
Alumni!**

Please join us in the school
yard Thursday, February 2 at
8 am for a quick alumni photo
for Catholic Schools Week.



PRINCIPAL'S POST

By: Cecilia Methvin

Sacred Heart is participating in the Diocese of Baton Rouge District Accreditation Process. Cognia District Accreditation provides nationally recognized accreditation for the district and all its schools. To renew Cognia District Accreditation, the district must: 1) meet the Cognia accreditation standards; 2) implement a continuous process of improvement; and 3) host an external review team once every five years.

District accreditation is a rigorous process that demonstrates to our students, parents, and community that we are focused on raising student achievement, providing safe and enriching learning environments, and maintaining efficient and effective operations staffed by highly qualified educators. As a Catholic School, we utilize the National Standards and Benchmarks for Effective Catholic Elementary and Secondary Schools protocol. As a system of Catholic Schools, we employ the Cognia Performance Standards for K-12 and Postsecondary Institutions protocol.

Your input is important to Sacred Heart of Jesus School and to the district during the self-study process. **Please take the time to complete the brief online survey between January 31 and February 10 by [clicking here](#).** All responses are confidential, and only the group statistics will be reviewed and included in the data reports.

Thank you for your valuable input!

TOWN HALL MEETING Fr. Josh is holding two Town Hall Meetings as referenced in his letter last week to answer any questions you may have this Friday, February 3 at 9 am in the Parish Hall and again at 12 noon via zoom. [Click here](#) to join via Zoom.

CARPOOL REMINDER For morning drop off on Main Street, cars should line up behind the church just as they do for afternoon pick up. If you are traveling west down Main Street and move directly into the carpool lane, you may be skipping cars that have followed the procedure. You may enter the carpool lane via Main Street only if there are no cars waiting to enter carpool from the church driveway.

BOOK FAIR The Book Fair was a huge success! We raised over \$8000!! Special thanks to Mrs. Bertrand for her hard work, the parent volunteers, and of course our loyal customers. We couldn't have done it without you!

SACRED HEART GARDEN FLAGS Sacred Heart of Jesus Home and School Association is proud to offer Sacred Heart garden flags with an optional cast iron stand. If you have a student at Sacred Heart, your flag will be sent home with your child. THE DEADLINE TO ORDER IS FEBRUARY 3rd with delivery expected before the end of March. [Click here](#) to order.

CATHOLIC SCHOOLS WEEK LAUNDRY COLLECTION ALUMNI PHOTO This year for Catholic Schools Week, Beta Club will be collecting items donated to Catholic Charities. We will be collecting gift cards, cleansers, laundry detergent, laundry baskets, other laundry room supplies, flashlights, and all size batteries. The grade that brings the most items will win another comfy clothes dress day. Thursday, February 2 at 8 am we will take an alumni photo in the school yard. If you are a parent that graduated from Sacred Heart, please email Wendy Milam (WMilam@SacredHeartBR.com) to let me know if you plan to be in the photo.

CATHOLIC SCHOOLS WEEK ALUMNI PHOTO Thursday, February 2 at 8 am we will take an alumni photo in the school yard. If you are a parent that graduated from Sacred Heart, please email Wendy Milam (WMilam@SacredHeartBR.com) to let me know if you plan to be in the photo.

SACRED HEART OF JESUS ST. VINCENT DE PAUL FOOD PANTRY Sacred Heart of Jesus St. Vincent de Paul Food Pantry is in need of hearty soups, canned ravioli, canned spaghetti & meatballs, chili & tuna. They serve people in need who live within the geographical boundaries of Sacred Heart of Jesus Parish. Food pantry collections are made each Friday during our school liturgy. Students, faculty, and staff donate non-perishable food items and are a major source of donations.

SACRED HEART PARISH MESSENGER [Click here](#) to read this week's edition of The Sacred Heart of Jesus Parish Messenger.

ATHLETIC NEWS: Contact Athletic Director Amy Daughdrill at adaughdrill@sacredheartbr.com with any questions.

There are two home basketball games left in the season. Sign up to volunteer [HERE!](#)

Volleyball registration has opened for girls in Grades 6-8. Sign up for the season [HERE!](#)

Track and field registration has opened for Grades 3-8. Sign up for the season [HERE!](#)

Biddy Basketball is in full swing! If you have not yet paid the registration, you may do so [HERE!](#) (Please note an additional game will be added to make up for last week's cancellation.) We will have our first official game on Sunday. Pre-K/K will play at 1:30 and 1st/2nd 2:00.

- Boys Basketball**

February 2	3rd Grade vs. St. Theresa	5:45 p.m. Sacred Heart Gym
February 2	5th Grade vs. St. Theresa	6:30 p.m. Sacred Heart Gym
February 2	7th Grade vs. St. Theresa	7:30 p.m. Sacred Heart Gym
February 6	7th Grade @ St. Jude	6:30 p.m. St. Jude Gym
February 13	7th Grade vs. Ascension Catholic	6:45 p.m. Sacred Heart Gym

- Biddy Basketball**

February 5	Biddy Basketball Game	1:30 p.m. Sacred Heart Gym
February 12	Biddy Basketball Game	1:30 p.m. Sacred Heart Gym

SACRED HEART HOME + SCHOOL

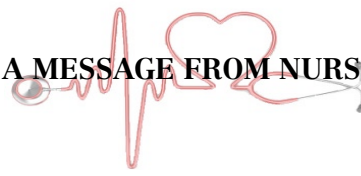
NEWS AND REMINDERS

- Sacred Heart of Jesus Home and School Association is proud to offer Sacred Heart garden flags. **THE DEADLINE TO ORDER is FEBRUARY 3rd.** [Click here](#) to order.
- Mark your calendars for BINGO on Thursday, February 16th. Come out for a fun night and help our school raise money. There will be opportunities to earn PIP hours! Keep an eye out for a Signup Genius email.
- AUCTION SAVE THE DATE 4/22 : Be on the look out for sponsorship opportunities – contact Leah Bergeron (leahberg7@gmail.com) or Ashley Sensley-Square (asensley@att.net) with any questions.



HAPPY BIRTHDAY

February 22 – Rachel Ceruti (Pre-K Teacher)



What is an Acute Appendicitis?

In the last month, three children I know have had an appendicitis. Whether this diagnosis is more common in recent times or this is just a fluke, I'm not sure. I remember seeing a tv show when I was a child where a kid always faked a stomach ache. In the true "cry wolf" fashion, he once had a real stomach ache and no one believed him. It was an appendicitis! He was rushed to the hospital and into surgery with parents vowing never to doubt the child again. The next thing you saw was him sitting up in a hospital bed eating popsicles. "That didn't look so bad," I thought. A real appendicitis is a medical problem that should not be dismissed.

Who is at risk?

Although anyone can develop appendicitis, it most often occurs in people between the ages of 10 and 30.

What is an appendicitis?

It is the inflammation of the appendix, a finger-shaped pouch present at the lower right side of the abdomen.



Signs and symptoms of appendicitis may include:

- Sudden pain in your lower right abdomen. However, in most people, pain begins around the navel and then moves. As inflammation worsens, appendicitis pain typically increases and eventually becomes severe.
- Pain that worsens if you cough, walk or make other jarring movements
- Nausea and vomiting
- Loss of appetite
- Low-grade fever
- Constipation or diarrhea
- Abdominal bloating
- Flatulence

Causes

Appendicitis occurs when the opening of the appendix is blocked, or due to infection. Thirty percent of appendicitis cases in children have a family history (someone else in their family has had one.)

Diagnosis

To help diagnose appendicitis, your doctor will take a history of your signs and symptoms and examine your abdomen.

Tests and procedures used to diagnose appendicitis include:

- **Physical exam to assess your pain.**

Your doctor may apply gentle pressure on the painful area. When the pressure is suddenly released, appendicitis pain will often feel worse, signaling that the adjacent peritoneum is inflamed.

- **Blood test.** This allows your doctor to check for a high white blood cell count, which may indicate an infection.

- **Urine test.** Your doctor may want you to have a urinalysis to make sure that a urinary tract infection or a kidney stone isn't causing your pain.

- **Imaging tests.** Your doctor may also recommend an abdominal X-ray (to exclude other causes), an abdominal

ultrasound, computerized tomography (CT) scan or magnetic resonance imaging (MRI) to help confirm appendicitis or find other causes of pain.

Treatment

Appendicitis treatment usually involves surgery to remove the inflamed appendix..

Complications

Appendicitis can cause serious complications, such as:

- **A ruptured (burst) appendix.**


A rupture spreads infection throughout your abdomen. Possibly life-threatening, this condition requires immediate surgery to remove the appendix and clean your abdominal cavity.

- **A pocket of pus that forms in the abdomen.**

If your appendix bursts, you may develop a pocket of infection (abscess). In most cases, a surgeon drains the abscess by placing a tube to drain the abscess. Once the infection is clear, the appendix can be removed. While stomach aches in children are common, report any serious symptoms above to your doctor.

Wishing you a popsicles free week ahead,

Nurse Geri



Dear Lord,

Thank you for our world of **love**

And for everyone's gifts received from above.

Give us strength to always be **honest**

On this day we pray, and we promise.

We will **dedicate** and give of our best,

Guide us if we stop to rest.

Help us always to try and show

Respect to others wherever we go.

Give us all a **courageous** voice

So we can always make the right choice.

Lead us to always promote **equality**,

And celebrate our school's rich diversity.

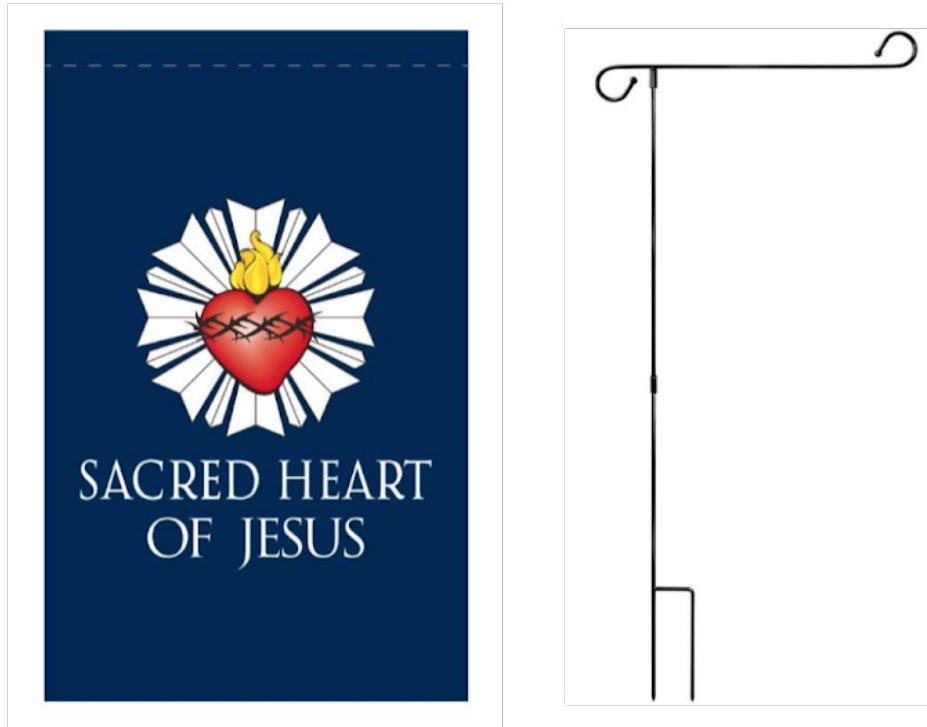
Amen.

SONGS FOR SCHOOL MASS FRIDAY, FEBRUARY 3

THIS WEEK'S SONGS ARE:

1. Opening: [All Creatures of Our God & King](#)
2. Offertory: [I Need You To Survive](#)
3. Communion: [One Bread, One Body](#)

Sacred Heart of Jesus Home and School Association is proud to offer Sacred Heart garden flags with an optional cast iron stand.



Garden flag (12" x 18" high quality knitted polyester)
with optional cast iron stand

\$30 - Flag with stand
\$20 - Flag Only

Order Here:
<https://rb.gy/p3oriy>



[Click here to order](https://rb.gy/p3oriy)

DEADLINE TO ORDER - FEB 3RD
delivery expected before the end of March

16

Sacred Heart Home & School Association
invites you to

B I N G O

NIGHT

Games Fun Prizes

11

Thursday - 2/16

6PM - 8PM

Parish Activity Center

CASH
PRIZES
AWAITS YOU!

\$30 CASH ONLY - ADULTS ONLY

Drinks & Food Provided



TOWN HALL MEETING

FRIDAY, FEBRUARY 3

9 AM IN THE PARISH HALL
OR 12 PM VIA ZOOM

[CLICK HERE](#)
for the zoom link

WMILAM@SACREDHEARTBR.COM

<div>  <div> JANUARY 2023 Elementary Schools </div> <div>  </div> </div>				
Monday	Tuesday	Wednesday	Thursday	Friday
 <div>2</div>	Chicken Smackers French Fries Green Beans Strawberry Applesauce Cholo: Pepperoni Pizza	Fish Nuggets Creamed Potatoes Broccoli with Cheese Pineapple Cholo: Pepperoni Pizza	Pizza Buttered Corn Garden Salad Peaches Cholo: Chicken Smackers	Chicken and Sausage Gumbo Garden Salad Cantaloupe Wedges Garlic Breadstick Cholo: Baked Potato
Chicken Tenders Red Beans and Rice Garden Salad Pineapple Biscuits Cholo: Pepperoni Pizza	Beef-a-Roni Garden Salad Squash and Zucchini Satsumas Dinner Roll Cholo: Chicken Smackers	Corn Dog Nuggets Creamed Potatoes Glazed Baby Carrots Mixed Berries with whipped cream Cholo: Chef Taco Salad	Chicken Flet on Bun Lettuce and Pickle Cup French Fries Cantaloupe Wedges Cholo: Chicken Teriyaki Rice Bowl	Nachos Garden Salad Jalapeno Cup Salsa Mexican Corn Peaches Cholo: Baked Potato
 <div>16</div>	Spaghetti and Meat Sauce Garden Salad Cauliflower with Cheese Blue Raspberry Applesauce Dinner Roll Cholo: Chicken Smackers	Hamburger/Cheeseburger Lettuce and Pickle Cup Baked Beans French Fries Mixed Berries with whipped cream Cholo: Chef Chicken Smacker Salad	Chicken and Sausage Jambalaya White Beans Garden Salad Peaches Roll Cholo: Buffalo Rice Bowl	Macaroni and Cheese Garden Salad Green Beans Red Apple Wedges Cholo: Baked Potato
Chicken Smackers Spaghetti and Cheese Garden Salad Veggie Medley Green Apple Wedges Cholo: Pepperoni Pizza	Chicken and Sausage Gumbo Garden Salad Cantaloupe Wedges Garlic Breadstick Cholo: Chicken Smackers	Fish Nuggets Roasted Red Potatoes Broccoli with Cheese Colelaw Pineapple Celebration Cupcake Cholo: Chef Chicken Caesar Salad	Meatballs and Gravy Over Rice Garden Salad Black Eye Peas Satsumas Dinner Roll Cholo: Chicken Teriyaki Rice Bowl	Pizza Garden Salad Corn Mixed Berries with whipped cream Cholo: Baked Potato
Chicken Tenders Red Beans and Rice Garden Salad Pineapple Biscuit Cholo: Pepperoni Pizza	Beef-a-Roni Garden Salad Squash and Zucchini Satsumas Dinner Roll Cholo: Chicken Smackers			

The Diocese of Baton Rouge and Sacred Heart Catholic Church invite you to a

CALLED & GIFTED WORKSHOP

DISCOVER GOD'S CALL FOR YOUR LIFE

God is calling you to a unique purpose in life, a work of love that only you can do. Discern your charisms (spiritual gifts) and begin to discern God's call. You have received gifts in Baptism and Confirmation through which God intends His love to reach others. Come and discover these charisms in you!

WHAT YOU WILL LEARN FROM THE INITIAL WORKSHOP

- The ancient teachings of the Church on how the charisms of the Holy Spirit work in your life and in the life of your parish community
- The five steps of discerning the charisms that God has given you
- The signs and characteristics of 24 of the most common charisms of the Holy Spirit
- How discerning your charisms can change your life
- How discerning your charisms can change the world and help spread the Gospel
- How discerning and using our charisms together can help transform and renew our parishes



CALLED & GIFTED WORKSHOP

Saturday, February 11, 2023

9 a.m. - 3:30 p.m. |

Sacred Heart Parish Activity Center

Cost: \$50

For more information, contact Clare Coulon at 225-387-6671

**Registration includes course materials and a light lunch.*

SIGN UP HERE

<https://diobr.org/events/called-gifted>



The Roman Catholic Diocese of
BATON ROUGE



Sacred Heart of Jesus
Catholic Church



CATHERINE OF SIENA
INSTITUTE
EQUIPPING PARISHES TO FORM LAY APOSTLES



Catholic High School Cheerleading Clinics

Open to girls 1st through 5th grade

**Sunday, March 5 or
Sunday, March 12**

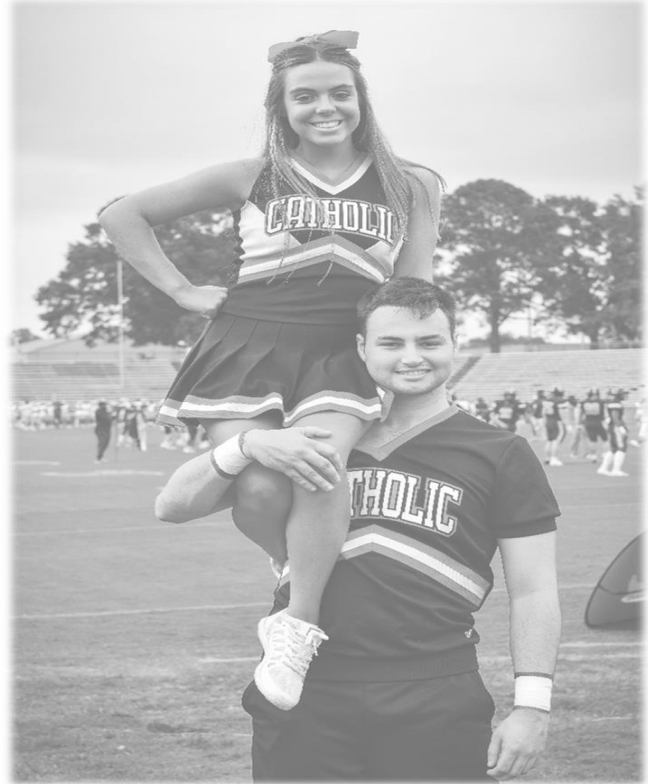
1:00 p.m. – 3:00 p.m.

*Performance for parents at
3:00 p.m.*

Catholic High School Gym

Cost - \$25

Includes a t-shirt and snack



Register by Wednesday, February 8 at
<https://mychs.catholichigh.org/cheer/clinic>



**Enrichment Credit
Diocese of Baton Rouge**

GENDER IDENTITY COURSE

**Thursdays in March 2023
6:30-8:30pm**

Frassati House on Highland Rd.

How Gender Identity Theory developed, Compare & contrast gender Identity with Catholic teaching,
Learn how to navigate the gender question with
compassion & truth

Email imageandgift@gmail.com
for registration information.



The 1929 Society (\$1000+)

Anonymous
 Bridget and Rick Akin
 Sheila and Kevin '95 Alford
 Archana and Venkat Banda
 Gail and Richard Beall
 Rosemary and Kyle Beall
 Kim and Sterling Bertrand
 Katie and Greg Bodin
 LaMeisa and Darius Bonton
 Kirk and Cristina Brauner
 Kecia '91 and Robb Campbell
 Rachel and Ron Ceruti
 Wendy and J. Daniels
 Becky '63 and Louis '62 DeJohn
 Aglonie and Michael DiVincenti, Jr.
 Maria '67 and David DiVincenti
 Elaine and Randy Ellis
 Franklin Family
 Carol, Cayleen and Brandt Green
 Jane S. Green
 Jeanne and Michael Henderson
 Mary Beth '68 and Kelly '65 Kling
 Laurie and Joey Landry
 Ooly LeJeune
 Pam and Brian Mascari
 Julie and Matt Massey
 Cecilia and Jeff Methvin
 Kathryn and Cliff Mount
 Risa and Tim Mueller
 Daniel R. Murray '58
 Natasha and John Nnadi
 Christina '95 and Joe O'Brien
 Paulette and Mike '64 O'Brien
 Partin Roofing, LLC
 Allie and Phil Schmitt

Sisters of St. Joseph (\$500-\$999)

Kay and James Culotta
 Samuel Cancienne
 Frederick "Rickey" Esnard '60
 Kay and Robert Kenney
 Julie and Michael Perrault
 David '70 and Peggy Whatley

Monsignor Dominic Blasco (\$250-\$499)

Marietta '97 and Brandon Brackeen
 Kelly and Darrell Broussard
 Keith Constantino '69
 Lisa and Clark Cosse'
 Tyre and Hal '69 Dupuy
 Mary Lee Eggart and Clyde LeBlanc
 Karleen and Reggie Green
 Thomas Holliday '56
 Catharine and Johnny McKay
 Cindy and Trey Ourso '84
 Dr. and Mrs. Michael Owens
 Barbara Schmitt
 Dennis P. Simoneaux
 Ashley Sensley and Richard Square
 Kourtney and Vandale Thomas

Friend of Sacred Heart (\$1-\$249)

Anonymous (6)
 Lisa Arnett
 Christine Baglow
 Claire and Harold Bahlinger, Sr.
 Caroline Bertrand
 Beverly Culotta Bourdier '52
 Candice Brooks
 Maggie Calandro '09
 Sharon and Ronnie Ceruti
 Kim Crawford
 Anne M. Dardis
 Mrs. Alice D. Davis
 Victoria Decuir
 Judy Determann '68
 John Doiron
 Toni Douglas
 Cindy Duenckel
 Teresa Dunn
 Dynamic Gear Outlet
 Kay and Don Elliott
 Allison and James Fisher
 Lillie Gallagher
 Dyra and CJ Hughes
 Beverly F. Jackson '47
 Eilleen Jones
 Neal King

Whitney and Kevin Laird
 Joyce '60 and Joe Lambert
 Shannon Landry
 Chloe '11 and Blake LeBlanc
 Anne Leibowitz
 Marta Luque
 Lyles Family
 Gina Magri
 Eleanor and Tyrone Malbrue
 Timothy Malloy
 Cindy Mancuso '73
 Diane and Tony '60 Marabella
 Camp E. Matens '56
 Deborah Matirne
 Kelly and Abbott Metz
 Wendy Milam
 Rebecca and Michael Miller
 Glenda Minor
 Amanda Moran '08
 Erin Mosely
 Michelle and Sean Nelson
 Michelle Newman
 Laura Oubre
 Hannah and Joey Owens
 Geri Pearson
 Amy Pickenheim
 Allison and Ron Ray
 William Reeves
 Sheila Reynaud
 Cindy Richard
 Melissa Ritter
 Brooke Robinson
 Janis and Robert Roux
 Cheryl Savoy
 Janelle Bergeron Shell '63
 Kendrick Slan
 Liz Barber Spreen '85
 John Smith
 Elise and Dan Stari
 Sonia Templet
 Allyson Thibodeaux and Jesse Ledean
 N. Scott Thomas '66
 Vernon Thorning
 Erin Wilcox '10
 Alexis Williams
 Tammy Williams

Friend of Sacred Heart (cont'd)

In Memory of

In Honor of

Frank Culotta, Jr.
Beverly Culotta Bourdier '52
Therese Barcelona Cush
The Wagenechts and The Gautreaux
Wesley Hunt Green
Carol, Cayleen and Brandt Green
Hollis Keene
Shannon Landry
Brandon Kling '94
Mary Beth '68 and Kelly '65 Kling
Lloyd and Velma Lyles
The Lyles Family
Charles S. Marabella
Diane and Tony Marabella
Charles Marabella
Kay and Don Elliott

Beau '16 Brown Madeleine Brown '18
Mamaw Dyra and Papaw CJ Hughes
Brooklyn Nelson '27
Michelle and Sean Nelson
In Honor of Cora Jane Owens
Dr. and Mrs. Michael Owens
Fr. Miles Walsh
Elaine and Randy Ellis



Creating a Centennial

CAPITAL CAMPAIGN DONORS

ELITE (\$60,000 and above)

The Pocorello Family
Sacred Heart of Jesus Church

PREMIER (\$30,000)

Bridget and Rick Akin
Katie and Greg Bodin
LaMiesa and Darius Bonton
Pat and Sonny Calandro
Kecia '91 and Robb Campbell
Aglonie and Michael DiVincenti, Jr.
Re '67 and David DiVincenti
Kristina and John Miremont
Christina '95 and Joe O'Brien

SELECT (\$15,000)

Rachel and Ron Ceruti
Jeanne and Michael Henderson

SIGNATURE (\$10,000)

Kathleen and Mike Crapanzano
Pam and Brian Mascari
Marjory B. and E.J. Ourso Fund

SUPPORTING (\$5,000)

1 Anonymous
Sheila and Kevin '95 Alford
Pattie Alford
Rosemary and Kyle Beall
Aimee and John Dawes
Shaye and Brian Harriford
C. Thomas Landry '98
Cheryl and Michael Leggio
Kathryn and Cliff Mount
Risa and Tim Mueller
Paulette and Mike '64 O'Brien
Partin Roofing, LLC
Debbie and Gary Pickell

CONTRIBUTING

(Less than \$5,000)

3 Anonymous
Peter Arbour
Ascension Publishing Group
Beverly Culotta Bourdier '52
Marietta '97 and Brandon Brackeen
Diana and Paul '66 Burns
Emily and Robert Coco
Congregation of St. Joseph
Wendy and Jim Daniels
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Becky '63 and Louis '62 DeJohn
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Dr. Karen Williams and Cornelius Lewis
Cinthia and Albert '73 Mancuso
Diane and Anthony '60 Marabella
Deborah B. Matirne
Caroline and Spyrie Mays
Catharine and Johnny McKay
Allie and Phil Schmitt
Sara Smith

Pledges as of January 12, 2023

If you are interested in donating, please contact Christina O'Brien '95 (CO'Brien@SacredHeartBR.com).

Every effort is made to assure that names are listed correctly. If an error is made or a name omitted, please contact Wendy Milam (WMilam@SacredHeartBR.com)