

The Tuesday Newsletter



Sacred Heart of Jesus School is a diverse community dedicated to educating the body, mind and spirit.

WEEKLY NEWS FROM SACRED HEART OF JESUS SCHOOL

OCTOBER 4, 2022

CALENDAR PEEK!

10.06	CONCERT FOR HOPE (with Composer/Pianist Eric Genuis @ 1 pm in the gym)
10.06	DESIGN CLUB MEETING (3:00-4:30 in Ms. Calandro's room)
10.07	SPIRIT SHIRT DAY
10.07	MASS (8 am in the church / 8 th grade leaders)
10.07	CHOIR PRACTICE
10.09	MASS (11 am in the church / choir sings at Mass)
10.10	LIVING ROSARY (8 am in the church)
10.11	VISION SCREENING (for grades Pre-K, K, 1 st , 3 rd , 5 th , and 7 th)
10.12	HISPANIC HERITAGE ASSEMBLY (1:45 pm in the gym)
10.13	1ST - 5TH GRADE PARENT TEACHER CONFERENCES
10.13	NO SCHOOL FOR 1ST-5TH GRADE
10.13	8TH GRADE WHITE SHIRT AND JEAN PICTURE (9 am)

CHRIST
has no body on Earth



but YOURS
—St. Teresa of Avila

PRINCIPAL'S POST

By: Cecilia Methvin

A message from Paige Roscoe, Student Council President and Mrs. Methvin:

As you know, our theme for this school year is *"Christ has no body on earth but yours."*

The Student Council is beginning a program this year that will hopefully encourage students, faculty, and staff to actively work on ways to be the body of Christ to others. Each week on Monday morning, a student council member will announce the **Tiger Trait** for the week. Examples of these traits are thoughtful, creative, appreciative, honest, etc.

If classmate, a teacher, or a staff member sees a student exhibiting this trait, they can fill out a **Tiger Ticket** and turn it in to the student's homeroom teacher. The teacher will then place the ticket in one of two boxes in the office. One box is for PK through 3rd grade students and the other box is for 4th through 8th grade students. We will collect tickets for this trait all week until Friday afternoon. At afternoon announcements, a student council member will draw a ticket from each box and announce both winners. The winners will then choose from 6 different special passes. The passes are for:

1. A one day Free Dress pass
2. Read to a PreK or kindergarten class
3. Show and tell for your homeroom
4. First in the lunch line for one week
5. 30 minutes on the Happy Place sofa
6. Selecting the PE activity for your class for one day

This week's **Tiger Trait** is **HELPFUL**. If you see a student being helpful, ask your teacher if you can fill out a **Tiger Ticket** for them!

WHAT'S HAPPENING!

Continued from page 1

BOX TOPS Did you know that collecting box tops is easier than it has ever been? You just download the [box tops app](#), choose our school, and scan your receipt when you shop for food. Our school will automatically earn cash with every Box Tops product you buy! It adds up faster than you think. In just 4 months one of our kindergarten parents earned over \$50 for our school!

CHARLESTON WRAP If you are sad that Charleston Wrap has come to an end, we have good news! You may continue to place orders online until December 2. Orders placed between now and December 2 will be shipped via FedEx and Sacred Heart will still receive a portion of the proceeds.

OPEN HOUSE We are hosting an open house on October 27 from 9 am-1 pm. If you have friends, family, or co-workers that might be interested in attending, we have some push cards that you are welcome to pass along. We can send them home with your student. Simply email Wendy Milam (WMilam@SacredHeartBR.com). If you do not know anyone personally, but would like to display some at your work or place of business, you are welcome to do that as well.

SCHOLASTIC BOOKS The last day to place your Scholastic book order is tomorrow before noon! See flyer on page 11 for more information.

SACRED HEART OF JESUS ST. VINCENT DE PAUL FOOD PANTRY Sacred Heart of Jesus St. Vincent de Paul Food Pantry serves people in need who live within the geographical boundaries of Sacred Heart of Jesus Parish. Food pantry collections are made each Friday during our school liturgy. Students, faculty, and staff donate non-perishable food items and are a major source of donations. At this time, the food pantry especially needs canned fruit, soup, muffin mix, mac and cheese, canned tomato items, and rice.

SACRED HEART PARISH MESSENGER [Click here](#) to read this week's edition of The Sacred Heart of Jesus Parish Messenger.

NEWS TO THE EDITOR Do you have news for The Tuesday Newsletter? Please email news to WMilam@SacredHeartBR.com by 1:00 p.m. the Monday prior to publication.



**Prayer of
Saint Francis of Assisi**

Lord, make me an *instrument* of Thy
peace. Where there is *hatred*, let me
sow *love*. Where there is *injury*,
pardon; Where there is *doubt*, *faith*;
Where there is *despair*, *hope*;
Where there is *darkness*, *light*;
And where there is *sadness*, *joy*.

O Divine Master, grant that I may
not so much seek to be *consoled*, as
to *console*; To be *understood*, as to
understand; To be *loved*, as to *love*;
For it is in *giving* that we receive;
It is in *pardoning* that we are
pardoned; and it is in *dying* that we
are born to eternal life. Amen.

800-1230 AMBROSIANA™ © 2006
Printed in China

ATHLETIC NEWS: Contact Athletic Director Amy Daughdrill at adaughdrill@sacredheartbr.com with any questions.

The last day to register for Biddy Soccer is this Friday! Our first practice will tentatively be next Wednesday. Parents, an email will be sent with more details this week. To register, [CLICK HERE](#).

Congratulations to our cross country team at the Dragon Dash Cross Country Meet! Highlights for the 2 mile race go to the athletes finishing in the top 3 for Sacred Heart. Girls: 1st - Randee-Lyn Slaughter, 2nd - Olivia Sullivan; Boys: 1st - Drew Mascari, 2nd - Jacques Parms, 3rd - Mark DeBose. All of the athletes did an excellent job!

Join us next week on Monday and Wednesday and watch our girls basketball teams in action! We will have a special "Pink Out" game on Wednesday, October 12 in honor of Breast Cancer Awareness month. More details to come!

If you are interested in coaching, there are opportunities available! In addition to Biddy Soccer, our boys basketball season is in less than 2 months. Please reach out to Amy Daughdrill at adaughdrill@sacredheartbr.com if interested.

PIP hour opportunities are available during our home games. Be on the lookout for a Signup Genius coming soon.

- **Girls Basketball Schedule**

October 10	4th grade vs Our Lady of Mercy	6:30 pm Sacred Heart Gym
October 10	8th grade vs. Redemptorist-St. Gerard	7:15 pm Sacred Heart Gym

- **Cross Country Meet** Saturday, October 8 St. Aloysius XC Invitational

- **Football schedule:**

October 4	8th Grade vs. Ascension Christian	6 pm @ Ascension Christian
October 5	6th Grade vs. False River	7:30 pm @ False River
October 6	4th Grade vs. Parkview	6 pm @ Parkview

ATHLETIC CANDIDS



Notice to Families

Asbestos containing building materials are located within Sacred Heart of Jesus School. In their present condition, they present no hazard to school occupants. An Asbestos Management Plan has been developed to prevent the asbestos from becoming a hazard, and you may find this document on file in the school office. The plan is available for inspection upon request and appointment.



SACRED HEART HOME SCHOOL



NEWS AND REMINDERS

- Fall Fest is quickly approaching and we would love for you to participate. Please see the flyers on page 5-7 for more information. T- shirt orders will be placed soon in order to have them before Fall Fest. Contact Greg Bodin (gbodin@bakerdonelson.com) and Jeff McCollum (mccollum22@gmail.com) if you would like to be on the committee.
- If you are sad that Charleston Wrap has come to an end, we have good news! You may continue to place orders online until December 2. Orders placed between now and December 2 will be shipped via FedEx, but Sacred Heart will still receive a portion of the proceeds.
- Corn hole will be held 10/21. [Click here to sign up.](#) Make sure you complete your registration by clicking the Venmo link on the second page of the form. Please include your name and "corn hole" in the description.



HAPPY BIRTHDAY

October 21 - Marta Luque (Spanish Teacher)

October 25 - Michelle Newman (P.E. Teacher)

FALL FEST 2022
11 ☆ 11 ☆ 2022

A SALUTE TO OUR VETERANS

IMPORTANT DEADLINES

The deadline for Fall Fest orders is THURSDAY, OCTOBER 13TH.

QUESTIONS:

Please contact our Fall Fest Co-Chairs
Greg Bodin at gbodinbakerdonelson.com or
Jeff McCollum at JLMcCollum@duprelogistics.com

☆ HERO PACKAGE – \$45

- ☆ General Admission Arm Band
access to most booths, slides, space walks and face painting
- ☆ 3 Ticketed Arm Bands
used for concessions, photo booth and pitch burst
- ☆ Fall Fest T-Shirt
can be worn on 3 days in November, including Fall Fest day
- ☆ Personalized Sacred Heart Water Bottle

☆ A-LA-CART

- ☆ General Admission Arm Band - \$20 each
access to most booths, slides, space walks and face painting
- ☆ Ticketed Arm Bands - \$5 each
used for concessions, photo booth and pitch burst
- ☆ Fall Fest T-Shirt - \$15 each
can be worn on 3 days in November, including Fall Fest day
- ☆ Personalized Sacred Heart Water Bottle - \$5 each



Use this link to place your Fall Fest Order

FALL FEST 2022

11★11★2022

A SALUTE TO OUR VETERANS

SPONSORSHIP LEVELS

☆BRIGADE SPONSOR LEVEL - \$600 OR MORE

- ☆ Sponsor's Business Logo (or name) on the back of the Fall Fest T-Shirt and on the Fall Fest Sign
- ☆ 2 Hero Packages (2 Fall Fest T-shirts, 2 Sets of General Admission & Ticketed Arm Bands)

☆BATTALION SPONSOR LEVEL - \$400-\$599

- ☆ Sponsor's Name (not logo) on the back of the Fall Fest T-Shirt and on the Fall Fest Sign
- ☆ 1 Hero Packages (1 Fall Fest T-shirts, 2 Sets of General Admission & Ticketed Arm Bands)

☆COMPANY SPONSOR LEVEL - \$200-\$399

- ☆ Sponsor's Name (not logo) on the Fall Fest Sign
- ☆ 1 Fall Fest T-Shirt



☆PLATOON SPONSOR LEVEL - \$30-\$199

This sponsorship level helps defray the cost of the game rentals and will be tied to the game of the sponsor's choosing, including class booths.

- ☆ Sponsor's Name on booth sign
- ☆ 1 Ticketed Arm Band

IMPORTANT DEADLINES

All Sponsorship Forms and payments must be completed and turned in BY THURSDAY, OCTOBER 13th. Any sponsorship forms and payments collected after this deadline will mean your company's name or logo cannot be included on the fall fest t-shirt or fall fest sign.

QUESTIONS:

Please contact our Fall Fest Co-Chairs
Greg Bodin at gbodinbakerdonelson.com or
Jeff McCollum at JLMcCollum@duprelogistics.com
Or our Sponsorship Chair Allie Schmitt at allie@taxcpa360.com

FALL FEST 2022

11★11★2022

A SALUTE TO OUR VETERANS

PLEASE SEND ALL SPONSORSHIP FORMS TO THE SCHOOL OFFICE
YOU MAY ALSO USE THE ONLINE FORM - LINK IS PROVIDED IN THE TUESDAY NEWSLETTER
All Sponsorship Forms and payments must be completed and turned in BY THURSDAY, OCTOBER 13th. Any sponsorship forms and payments collected after this deadline will mean your company's name or logo cannot be included on the fall fest t-shirt or fall fest sign.
Questions - please contact Allie Schmitt at allie@taxcpa360.com

PLEASE SELECT YOUR SPONSORSHIP LEVEL

☐ BRIGADE SPONSOR LEVEL - \$600 OR MORE

- ☆ Sponsor's Business Logo (or name) on the back of the Fall Fest T-Shirt and on the Fall Fest Sign
- ☆ 2 Hero Packages (2 Fall Fest T-shirts, 2 Sets of General Admission & Ticketed Arm Bands)

☐ BATTALION SPONSOR LEVEL - \$400-\$599

- ☆ Sponsor's Name (not logo) on the back of the Fall Fest T-Shirt and on the Fall Fest Sign
- ☆ 1 Hero Packages (1 Fall Fest T-shirts, 2 Sets of General Admission & Ticketed Arm Bands)

☐ COMPANY SPONSOR LEVEL - \$200-\$399

- ☆ Sponsor's Name (not logo) on the Fall Fest Sign
- ☆ 1 Fall Fest T-Shirt

☐ PLATOON SPONSOR LEVEL - \$30-\$199

This sponsorship level helps defray the cost of the game rentals and will be tied to the game of the sponsor's choosing, including class booths.

- ☆ Sponsor's Name on booth sign
- ☆ 1 Ticketed Arm Band

Name: _____

Company Name: _____

Email Address: _____

Mailing Address: _____

Student's Name: _____ Gr. _____ T-Shirt Size: _____

**Sponsors
over \$200**

T-Shirt Sizes

YS (6-8)

YM (10-12)

YL (14-18)

AS,AM,AL,AXL,

AXXL,AXXXL

* Additional Brigade Sponsor (\$600 or more) Information Only

Student's Name: _____ Gr. _____ T-Shirt Size: _____

Would you like your logo on the fall fest sign and t-shirt? ☐ yes ☐ no

If yes, please email logo to Allie Schmitt at allie@taxcpa360.com



Five Things to Know About Hispanic Heritage Month

It's a national celebration to honor the history, culture, and influence of past generations that came from Spain, Mexico, the Caribbean and Central and South America. Hispanic Heritage Month has been a big celebration in the U.S. for more than 40 years. Hispanics across the country celebrate this month with pride and joy, while commemorating the importance of diversity.

What is Hispanic Heritage Month?

It's a national celebration to honor the history, culture and influence of past generations who came from Spain, Mexico, the Caribbean and Central and South America. U.S. & World: The observance started in 1968 under President Lyndon Johnson's administration as a one-week celebration called Hispanic Heritage Week. Years later, President Ronald Reagan proposed extending this celebration into a month-long event. It was enacted into law on Aug. 17, 1988, officially designating the 30-day period as National Hispanic Heritage Month.

When is Hispanic Heritage Month Celebrated?

Hispanic Heritage Month is celebrated from Sept. 15 to Oct. 15. The celebration starts mid-month because Sept. 15 marks the independence anniversary of five countries: Costa Rica, Nicaragua, El Salvador, Honduras and Guatemala. It is followed by Mexico's Independence Day on Sept. 16 and Chile's on Sept. 18. Another important date that falls within this 30-day period is Día de la Raza, or Columbus Day, which is celebrated on Oct. 12.

What does Hispanic mean? While many people use Latino(a) and Hispanic interchangeably these two words mean different things. A Hispanic person is someone who comes from or is a descendant of a Spanish-speaking country. Latino(a) is used when referring to someone who comes from Latin America or is a descendant from any Latin American country. A person can be both Hispanic and Latino(a), but not all Latinos are Hispanic. Brazilians, for example, are Latinos, but their native language is not Spanish. Conversely, not all Hispanics are Latino(a). Spaniards are considered Hispanic, but not Latinos since they are part of the European Union.

How many Hispanics are there in the U.S.?

The Pew Research Center says the U.S. Hispanic population is the nation's second-fastest-growing ethnic group after Asians. The Hispanic population in the U.S. as of July 1, 2017 is 58.9 million, according to the U.S. Census Bureau. Hispanics account for 18.1% of the total U.S. population.

How can we celebrate Hispanic Heritage Month? People use this celebration to show the importance of Hispanics in the U.S. by donating to Hispanic charities, eating food from any of the countries that are being celebrated, learning from their cultures, and honoring influential Hispanics who have made an impact on society.



Can I just sit for 5 minutes? Mental Health Effects of the COVID-19 Pandemic on Children and Adolescents Part 3 of 3

Promoting resilience

For all ages and stages, facilitating resilience is key and includes promoting adaptation to change, using strategies to buffer the stress that comes with experiencing trauma and recovery in a reasonable time frame. Pediatricians can remind families about the strength they provide for their children by being present, empathic, and nurturing. Practicing **techniques** together such as relaxation and focusing on the present moment can help the entire family build coping skills to deal with uncomfortable and frightening feelings. When practiced regularly, children and caregivers can build skills that promote self-regulation and greater awareness of their feelings and the feelings of others that last long beyond the duration of the pandemic. Building networks of social support have also been found to be central to promoting resilience,

Children and adolescents can be encouraged to explore their creativity, passions, and strengths to help others, volunteer and contribute to their community. Taking control of small things, such as participating in volunteer opportunities to help the community, can help children and caregivers feel less vulnerable. Such a strength-based approach will help mitigate risks to emotional and behavioral health and accentuate strengths during crisis.

Community-engaged solutions

Community-engaged solutions – i.e., resources and programs that are created by or with the community that families identify. These culturally effective solutions should foster and support resilience building strategies, such as familial support and educational advocacy.

Considerations for Referral and Follow-up

Common factors uses a HEL²P³ mnemonic (Hope, Empathy, Language, Loyalty, Permission, Partnership and Plan) to operationalize family-centered techniques to build a therapeutic alliance with parents and children and facilitate communication. Resources for these approaches and guidelines for managing conditions such as **ADHD** and **depression** in the primary care setting are available. Children who do not respond to these interventions or have a significant change in functioning should be referred for additional supports, which may include using new or existing relationships with behavioral health providers in the community and/or schools.

The American Academy of Pediatrics provides recommended screening measures (Mental Health Tools) within their Mental Health Initiatives website, which can be found here: <https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Mental-Health/Pages/Primary-Care-Tools.aspx>.

Telehealth technology has been used successfully to improve access to health care during the pandemic and offers a particularly attractive option for a more frequent and convenient contact with providers. Although in-person health care visits have increased, telehealth continues to be a viable alternative especially for mental health services, and especially in certain remote and under resourced populations. Some families may prefer to be seen in person or by telehealth.

The increase in telehealth mental health services in the United States has been dramatic and offers one way to expand access to families with distance, safety, or transportation barriers.

Grief

Children, adolescents and families who experienced the loss of a loved family member or friend to COVID-19 are at increased risk for negative emotional outcomes and may need special attention and professional counseling to manage their loss and grief. This is especially important for children who may have lost a parent and, thus, lost the main source for emotional and material support.

Suicide prevention

Rates of **suicidal thoughts, ideation, and attempts** among youth have been increasing significantly over the past decade. The stressors of the pandemic have increased the risk for suicide. In addition to screening for depression, screening for suicide may improve the detection of this often-hidden risk.

Anxiety and depression

Children whose lives have been touched by COVID-19 and are traumatized by these losses may have increased anxiety and depression. Surveillance should be considered in light of the high prevalence of anxiety at baseline and the exacerbation of anxiety-provoking circumstances during the pandemic. Pediatricians should be alerted to the presence of psychosomatic symptoms, including pain, appetite changes, irritability, and sleep disturbances, which may be linked to anxiety.

Health systems challenges

The impact of the pandemic has been compounded by an interruption in vital supports and services for families including school, health care services and other community supports. Many of these services have experienced significant shortages in both funding and staffing. Parents and health care providers alike are feeling the despair of having increased need for mental health supports with decreased availability. Pediatricians, as well as parents, teachers, and children themselves, have experienced significant burnout because of all these factors.

Experts have cautioned that the high number of deaths, continued experience of grief and loss, and exacerbation of current mental health disorders mean that a “second wave” of mental health consequences from this pandemic is likely. Consequently, the need for effective social supports and mental health interventions is crucial.

There is proposed a behavioral health response continuum to “flatten the emotional distress curve,” which was inspired by the Centers for Disease Control and Prevention’s pandemic intervals framework. Through strategic planning, behavioral health experts can mobilize and provide large-scale interventions such as education on coping strategies, social connectedness, and other behavioral health education. Continued data gathering and research would then help to identify continued needs and provide information on program effectiveness.

The bottom line is that mental health in our society has been altered by the pandemic and will continue to do so for years to come. The body mind and spirit cannot be separated, so taking care of your mental health will increase your overall health.

Wishing you a low stress and mentally healthy week ahead,

Nurse Geri



to place your  SCHOLASTIC
book order. The current order will be
processed by noon tomorrow (10/5/22)!



www.Scholastic.com

Class Code: YLRQK

8TH GRADE GIRLS FROM

SACRED HEART

ARE INVITED TO

Spend the Day at SJA OCTOBER 17, 2022

Eighth-grade girls are invited to learn about our curriculum; talk to teachers and students; see classrooms in action; get information about our athletic program, student clubs and organizations; and get answers to all your questions.

Drop off: 8 a.m.
Pick up: 2 p.m.
Mother Alice Hall circle
driveway
(3080 Kleinert Avenue)

Wear your school uniform, and prepare to discover for yourself why St. Joseph's Academy is so special.

To RSVP, please visit www.visitsja.org and look for Spend the Day at SJA.

COME EXPERIENCE



St. Joseph's Academy
Est. 1868

Open House

THURSDAY, OCTOBER 20, 2022

WE CAN'T WAIT TO MEET YOU!

Tours offered between 3:30 and 7 p.m.

Please note that you must register for a specific tour time.

To reserve your family's time, please go to **Visitsja.org**.

Visits begin in Mother Alice Hall
(3080 Kleinert Avenue)

Our Admissions Team is ready to answer your questions. **admissions@sjabr.org;**
(225) 388-2243.



Certificate of Achievement

This certificate is awarded to

ALLISON FISHER'S STUDENTS

by IXL on SEPTEMBER 20, 2022

for outstanding completion of **30,000 math questions**



A handwritten signature in black ink, reading 'Paul Shapiro', written over a horizontal line.

IXL DEAN OF STUDENTS



OCTOBER 2022

Elementary Schools

Daily Choice Elementary:
M/W- PIZZA
T/TH- CHICKEN SMACKERS
F- TACO SALAD

Monday

Chicken Tenders
Red Beans and Rice
Garden Salad
Fresh Cantaloupe Wedges
Biscuit

3

Honey Citrus Chicken
Fried Rice
Garden Salad
Glazed Baby Carrots
Pineapples

10

Groovy Chicken Smackers
Spaghetti and Cheese
Garden Salad
Veggie Medley
Green Apple Wedges

17

Chicken Tenders
Red Beans and Rice
Garden Salad
Pineapple

24

Ghoulish Gumbo
Potato Salad
Apple Wedges
Dinner Roll
Spooky Cupcake

31

Tuesday

Cheesy Beef Pasta
Garden Salad
Vegetable Medley
Orange Wedges
Dinner Roll

4

Spaghetti and Meat Sauce
Garden Salad
Sweet Green Peas
Orange Wedges
Dinner Roll

11

Good Vibes Soft Tacos
with Seasoned Meat and cheese
Pinto Beans
Garden Salad
Jalapeno Cup
Salsa
Orange Wedges

18

Cheesy Beef Pasta
Garden Salad
Vegetable Medley
Orange Wedges
Dinner Roll

25

Wednesday

Corn Dog Nuggets
Creamed Potatoes
Glazed Baby Carrots
Red Apple Wedges

5

Hamburger/Cheeseburger
Garden Salad
Baked Beans
French Fries
Diced Peaches

12

Far Out Fish Nuggets
Creamed Potatoes
Broccoli with Cheese
Fresh Cantaloupe Wedges

19

Corn Dog Nuggets
Creamed Potatoes
Glazed Baby Carrots
Red Apple Wedges

26

Thursday

Chicken Filet on Bun
Garden Salad
French Fries
Diced Peaches

6

Jambalaya
Garden Salad
White Beans
Fresh Strawberries
Dinner Roll

13

Super Rad Meatballs and Gravy
Over Rice
Garden Salad
Sweet Peas and Carrots
Diced Peaches
Breadsticks

20

Chicken Filet on Bun
Garden Salad
French Fries
Diced Peaches

27

Friday

Nachos
With Meat and Cheese
Garden Salad
Jalapeno Cup
Salsa
Mexican Corn
Pears

7

Macaroni and Cheese
Garden Salad
Green Beans
Applesauce

14

Kickin It Pizza
Baby Carrots
Corn
Pears

21

Nachos
With Meat and Cheese
Garden Salad
Jalapeno Cup
Salsa
Mexican Corn
Fresh Strawberries

28

National School Lunch Week: Peace, Love, and School Lunch



**SACRED HEART
OF JESUS SCHOOL**
Continuing the legacy of the
Sisters of St. Joseph begun in 1929

Sacred Heart Of Jesus School

1st Annual Corn Hole Tournament

FRIDAY, OCTOBER 21ST 6:30PM

PARISH ACTIVITY CENTER



2 Person Teams Max Teams: 32 Entry Fee: \$50/Team Winner Take All
Prize: \$150 plus gift package (TBD- will have wine and liquor and promo items).

*Teams Must be registered no later than Tuesday, October 18th *

- If the total number of teams is less than 32, Father Josh will blind draw team names by Thursday October 20th for 1st round "bye".
- Scoring is aggregate (not difference of point total each turn). Ex: Player 1, Team 1 scores 6 on 1st turn. Player 1, Team 2 scores 4 on 1st turn. Score is 6-4 heading to next player's turn.
- 1st team to 21 wins for each round except final round.
- Final Round is 1st to 21 win by 2. The team that throws second will get to throw if 1st team reaches 21 by 2 1st. There will be a 10-minute time limit for the 1st 2 rounds.
- Scoring is 3 pts for a Cornhole, 1 point for anywhere on the board. "Hangers" (part on/part off) do not count.

Included in the Event

Players will have plenty of Water, Soda, Beer and Wine. Food will be provided by a TBD restaurant There is a strong likelihood of good whiskey finding its way in.

Please register at: <https://forms.gle/ao9AkfxsMkpN3jq16>
Come out and support SHS and have some fun!

Sacred Heart of Jesus



Alumni Mass & Lunch

Meet us on Main Street

Sunday, November 13 at 11:00 a.m.

Sacred Heart of Jesus Church

Lunch to follow in the Sacred Heart of Jesus School Cafeteria

& Student led tours of newly renovated classrooms in the main school building

FOURTH NIGHTS



4TH FRIDAYS OF THE MONTH

Nights of sports, prayer and dinner along with fellowship.
For young men who have an openness to a call to the priesthood.

Dads are encouraged to attend especially on the 3rd-7th grade nights.

**HELD AT THE SACRED HEART OF JESUS ACTIVITY CENTER
FROM 7-9 P.M. ON THE FOLLOWING FRIDAYS:**

Friday, August 26, 2022 (8th-12th Grade)
Friday, September 30, 2022 (3rd-7th Grade)
Friday, October 28, 2022 (8th-12th Grade)
Friday, January 27, 2023 (8th-12th Grade)
Friday, February 24, 2023 (3rd-7th Grade)
Friday, April 28, 2023 (3rd-7th Grade)

*Sponsored by St. John of Avila Men &
The Vocations Office of the Diocese of Baton Rouge*

Rev. Joshua Johnson
Director of Vocations
spayne@diobr.org
225-336-8778



Please RSVP to
luke.zumo@gmail.com

If you have't started yet...

START COLLECTING!



Save Proofs of Purchase from all Community products.

All coffee, tea, creamer & sugar products and coffee filters contain eligible Proofs of Purchase. Boxes of coffee and coffee-related products delivered to restaurants, hotels and other businesses contain high value Proofs of Purchase.

It's an easy way to help earn cash for our school! Just clip and save. Bundle in groups of 10, 25 or 50 and place in either a zip-lock bag or a sealed envelope. Be sure to label with student's name, teacher & grade. Then have student turn in proofs of purchase to their teacher before the deadline.

All Proofs of Purchases should be turned in by January 9th.

For more info about Community Coffee's Cash for Schools program, visit www.communitycoffee.com/cashforschools



You can help women receive the life-affirming care they need by participating in Woman's New Life Clinic's 10th annual Born to Run - Baton Rouge 5K & 1/2-mile Fun Run presented by The Parable Foundation!

Register for the Born to Run 5K or 1/2 mile Fun Run and **join the Sacred Heart of Jesus Church and School team**. Both races are open to all ages and skill levels. After the race join us for the **post-race "Birth" Day Party** for free food, drink, music, and fun for the whole family!

Born to Run will be held 8:30 am November 12, 2022 at the downtown North Boulevard Town Square. Early-bird registration ends Friday, September 30th. To register or donate go to: www.womansnewlife.com/borntorun Be sure to **join the Sacred Heart team** and complete the full, two-step registration. With 10 or more team members we pick our shirt color and have the Sacred Heart logo printed on the front!

This year is team Sacred Heart's seventh year to participate and we want to make it our best ever. Our goal is for our team to join forces with you and raise \$2,500.00 to support the life affirming services provided by Woman's New Life Clinic. If you cannot participate, please consider donating to our team!

How to Decorate a Cypress Tree:

A New Louisiana Classic



Angelle Terrell
AUTHOR
FALL SCHOOL VISITS

Art by
Camille
Broussard



ABOUT ANGELLE

Angelle Terrell is a Louisiana native and author of *HOW TO DECORATE A CYPRESS TREE* (Pelican Publishing, '22). With over a decade of education under her belt, Angelle loves to engage school-age children.

ABOUT THE BOOK

In *HOW TO DECORATE A CYPRESS TREE*, Louisiana siblings MaLou and Rodney are on a mission to create Christmas magic with the beauty of their bayou home. In 32 exquisitely illustrated pages, children will learn about family, creativity, and the whimsy of nature.

ABOUT THE VISIT

During a 90 minute visit, Angelle can:

- Read to multiple classes.
- Read to a multi-grade assembly.
- Present a lesson on the path to publishing or following your passions.
- Q and A with students.
- Personalize a talk for your community needs!

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