

# The Tuesday Newsletter



*Sacred Heart of Jesus School is a diverse community dedicated to educating the body, mind and spirit.*

WEEKLY NEWS FROM SACRED HEART OF JESUS SCHOOL

OCTOBER 25, 2022

## CALENDAR PEEK!

10.24-28	<b>RED RIBBON WEEK</b>
10.24	<b>TIGER SHOP OPENS</b>
10.26	<b>CHS/SJA BAND PERFORMANCE</b> (1:05 - 1:35 pm in the gym)
10.27	<b>OPEN HOUSE</b> (9 am - 1 pm)
10.28	<b>MASS</b> (8 am in the church)
10.28	<b>CHOIR PRACTICE</b>
10.28	<b>HALLOWEEN CARNIVAL</b> (6-8 pm in the PAC)
10.31	<b>HALLOWEEN SPIRIT DRESS</b>
10.31	<b>HALLOWEEN WALK</b> (6 <sup>th</sup> - 8 <sup>th</sup> grade only)
11.01	<b>ALL SAINTS DAY MASS</b> (8 am in the church)
11.02	<b>LAST DAY TO ORDER JAMBALAYA</b>
11.03	<b>FALL FEST SHIRT DAY &amp; POSTER ART DUE TODAY</b>
11.04	<b>SPIRIT SHIRT DAY</b>
11.04	<b>CHOIR PRACTICE</b>
11.06	<b>TIGER SHOP CLOSING AT MIDNIGHT</b>

CHRIST  
has no body on Earth



but YOURS  
—St. Teresa of Avila

## PRINCIPAL'S POST

By: Cecilia Methvin

As you know, we are hosting an Open House this Thursday, October 27th from 9:00am to 1:00pm. If you know anyone who is looking for a new or first school for their family, be sure to share this information with them. We are excited about all of the growth and progress being made on our beautiful, historic campus!

Fall Fest is less than two weeks away and we want to make sure everyone has a great time. Because this event occurs on a school day, there are some important things to remember:

- Only parents (or grandparents) are allowed on campus that day. Former students and siblings of current students who do not attend SHS cannot attend.
- It is mandatory for individuals to be in compliance with Child Protection Guidelines to attend Fall Fest, even if you are not volunteering. [Click here](#) for more information on the requirements. If you are unsure of your status with Child Protection, please contact Lisa Arnett at [larnett@sacredheartbr.com](mailto:larnett@sacredheartbr.com).

As you may know, our Music teacher, Mr. Souza, has taken a leave of absence from the classroom. He is, however, helping our school choir students on Friday afternoons. We hope he will be able to return very soon. In the meantime, we have been fortunate to secure Mrs. Akeisha Williams as a long term substitute. Mrs. Williams is a very experienced substitute teacher and extended care worker at several Baton Rouge schools, including Sacred Heart, and has jumped into her role wholeheartedly. She is leading rehearsals in class and in the gym for each class's Grandparent's Day performance, she is teaching each class the songs for weekly Mass, and she is assisting with the choir during Friday school Masses. Her enthusiasm, hard work, positivity, and love for children has made Mrs. Williams a blessing to our entire community.

Thank you to all who have completed the parent survey sent last week. The information we are gathering is vital for improving the quality of every aspect of educating your children and we are grateful for your input. If you have not taken the survey yet, [click here](#) to submit your results. If you have requested a call back, you will receive a call before the end of the week. Your comments are welcome, so please let us know if you have an issue you would like to address, either through this anonymous survey or with a direct contact to the school.

**HALLOWEEN CARNIVAL** The Halloween Carnival is this Friday from 6-8 pm in the Parish Activity Center. Students in Pre-K through 5th grade are invited to attend. Admission is \$3 with a canned good or \$4 without a canned good. All proceeds benefit St. Vincent de Paul Food Pantry.

**PIP OPPORTUNITIES** Donating 200 pieces of candy for the halloween carnival will earn 1 pip hour. Please make sure it is nut free and clearly marked with your student's name and grade in order to receive your PIP hour. You may also donate sweets for the sweet table at the Halloween Carnival for PIP hours. Two dozen individually wrapped cupcakes = 1 PIP hour and 3 dozen cookies individually wrapped = 1 PIP hour. All donations are due Friday morning, October 28.

**YEARBOOKS ARE IN:** The 2021-22 yearbooks have been delivered and sent home with your child today. We have a limited number of extra books please [click here](#) if you would like to order one. Please note they are on a first come first served basis.

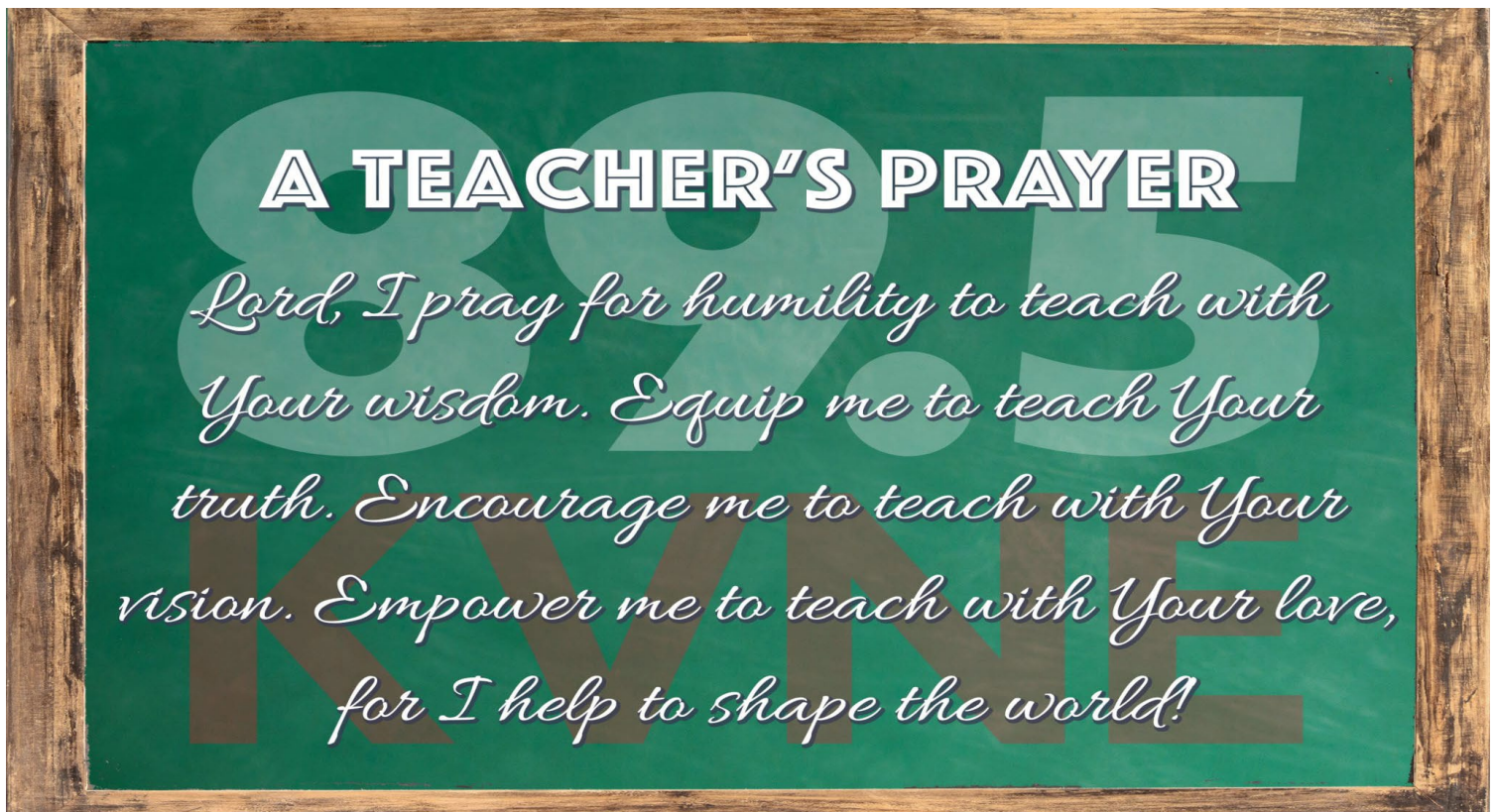
**WHO'S SWEATSHIRT IS THIS?** Welcome to Louisiana fall where it is cold in the morning, but hot by noon. To prevent the loss of all of your precious sweatshirts and jackets, please label every item with your child's name. This includes lunchboxes and water bottles.

**OPEN HOUSE** We are hosting an open house on October 27 from 9 am-1 pm. If you have friends, family, or co-workers that might be interested in attending, please feel free to pass along the information. We are preparing for a really big day!

**TECHNOLOGY PRESENTATION AT ST. MICHAEL** Parents of 6th, 7th, and 8th graders are invited to a presentation at St. Michael High School on Wednesday, November 9th at 6 p.m. on responsible use of technology. Richard Guerri is a nationally known speaker and always has good information for his audiences about the sometimes confusing world of technology. It will be a presentation that can lead to valuable discussions with students. See more information on page 10.

**CHARLESTON WRAP PICK UP** The Charleston Wrap orders arrived for those families that submitted paper "catalog" orders. If you have items to be picked up, you may do so either on Wednesday (tomorrow) evening from 5:30-6:30 pm at the parish activity center while soccer is going on or Thursday morning during school drop off, in the church parking lot on the west side that faces 22nd Street. Questions Email Kathryn Mount ([ke\\_trick@hotmail.com](mailto:ke_trick@hotmail.com)).

**SACRED HEART PARISH MESSENGER** [Click here](#) to read this week's edition of The Sacred Heart of Jesus Parish Messenger. How should Catholics approach Halloween? [Click here](#) for the answer from Fr. Josh.





**ATHLETIC NEWS:** Contact Athletic Director Amy Daughdrill at [adaughdrill@sacredheartbr.com](mailto:adaughdrill@sacredheartbr.com) with any questions.

Congratulations to our Cross Country Team for an excellent meet at the SJV Invitational Cross Country Meet this past Thursday. Almost every runner had a personal best time! Special congratulations to the ENTIRE team for an amazing season. Highlights for the 2 mile race go to the athletes finishing in the top 3 for Sacred Heart. Girls: 1st - Gianna Canezaro, 2nd - Randee-Lyn Slaughter, 3rd - Olivia Sullivan; Boys: 1st - Drew Mascari, 2nd - Jacques Parms, 3rd - Mark DeBose.

8th grade girls basketbal “dads vs daughters” game has been moved to November 16.

If you are interested in coaching, there are opportunities available! Our boys basketball season is in less than 2 months. Please reach out to Amy Daughdrill at [adaughdrill@sacredheartbr.com](mailto:adaughdrill@sacredheartbr.com) if interested.

Boys Basketball Registration is now open. Register [HERE](#). Practices will begin the week of November 7. Parents, you will receive an email with more detailed information on the upcoming season.

• **Girls Basketball Schedule**

October 24	8 <sup>th</sup> grade @ St. George	7:15 pm St. George
November 3	8 <sup>th</sup> grade @ St. Theresa	7:15 pm St. George
November 16	8 <sup>th</sup> grade vs. Dads	TBD

# RED RIBBON WEEK CANDIDS



# SACRED HEART HOME SCHOOL

## NEWS AND REMINDERS

- Fall Fest is right around the corner . This is a great opportunity to earn PIP hours and volunteer. Look for a Sign Up Genius coming out soon.
- The Tiger Shop is open. Winter and cold weather are right around the corner. This is the perfect time to order your sweatshirts and fleece jackets. Make sure to shop before it closes again on November 6.
- A huge thank you to Andrew Freese for organizing an amazing cornhole tournament. It was a great success and we look forward to it becoming an annual event.
- Congratulation's to Joe O'Brien and Kevin Alford "The Kings of Kleinert" for winning the cornhole tournament.
- Thank you EVERYONE for getting Fall Fest forms in. Please see the Jambalaya order form and the poster contest form on pages 8 & 9. Contact Greg Bodin ([gbodin@bakerdonelson.com](mailto:gbodin@bakerdonelson.com)) and Jeff McCollum ([mccollum22@gmail.com](mailto:mccollum22@gmail.com)) with any questions.



### HAPPY BIRTHDAY

October 21 - Marta Luque (Spanish Teacher)  
October 25 - Michelle Newman (P.E. Teacher)  
November 6 - Geri Perason (Nurse)



## **October is Dyslexia Awareness Month**

Reviewed by Cindy Duenckel, REACH Lab Instructor

When I was growing up, my cousin Don was someone I looked up to. He was very smart, hardworking, and creative but struggled in school. This was something that I did not understand. When he was nineteen, he was diagnosed with dyslexia. Things were different 40 years ago and he struggled for years without knowing why he had trouble reading. He did become a very successful businessman. I cannot help wondering if his life would have been different if he had the dyslexia resources that students have today.

### **What is Dyslexia?**

Dyslexia is a learning disorder that involves difficulty reading due to problems identifying speech sounds and learning how they relate to letters and words (decoding). Also called a reading disability, dyslexia is a result of individual differences in areas of the brain that process language.

Dyslexia is not due to problems with intelligence, hearing, or vision. Most children with dyslexia can succeed in school with tutoring or a specialized education program. Emotional support also plays an important role.

Though there is no cure for dyslexia, early assessment, and intervention result in the best outcome. Sometimes dyslexia goes undiagnosed for years and is not recognized until adulthood, but it is never too late to seek help.

#### **Symptoms**

Signs of dyslexia can be difficult to recognize before your child enters school, but some early clues may indicate a problem. Once your child reaches school age, your child's teacher may be the first to notice a problem. Severity varies, but the condition often becomes apparent as a child starts learning to read.

### **Before school**

Signs that a young child may be at risk of dyslexia include:

- Late talking
- Learning new words slowly
- Problems forming words correctly, such as reversing sounds in words or confusing words that sound alike
- Problems remembering or naming letters, numbers, and colors
- Difficulty learning nursery rhymes or playing rhyming games

### **School age**

Once your child is in school, dyslexia symptoms may become more apparent, including:

- Reading well below the expected level for age
- Problems processing and understanding what is heard
- Difficulty finding the right word or forming answers to questions
- Problems remembering the sequence of things
- Difficulty seeing (and occasionally hearing) similarities and differences in letters and words
- Inability to sound out the pronunciation of an unfamiliar word
- Difficulty spelling
- Spending an unusually long time completing tasks that involve reading or writing
- Avoiding activities that involve reading

### **Teens and adults**

Dyslexia signs in teens and adults are a lot like those in children. Some common dyslexia symptoms in teens and adults include:

- Difficulty reading, including reading aloud
- Slow and labor-intensive reading and writing
- Problems spelling
- Avoiding activities that involve reading
- Mispronouncing names or words, or problems retrieving words
- Spending an unusually long time completing tasks that involve reading or writing
- Difficulty summarizing a story
- Trouble learning a foreign language
- Difficulty doing math word problems
- Difficulty summarizing a story
- Trouble learning a foreign language
- Difficulty doing math word problems

### **When to see a doctor**

Though most children are ready to learn reading by kindergarten or first grade, children with dyslexia often have trouble learning to read by that time. Talk with your health care provider if your child's reading level is below what is expected for your child's age or if you notice other signs of dyslexia.

When dyslexia goes undiagnosed and untreated, childhood reading difficulties continue into adulthood.

### **Causes**

Dyslexia results from individual differences in the parts of the brain that enable reading. It tends to run in families. Dyslexia appears to be linked to certain genes that affect how the brain processes reading and language.

### **Risk factors**

A family history of dyslexia or other reading or learning disabilities increases the risk of having dyslexia.

### **Complications**

Dyslexia can lead to several problems, including:

- **Trouble learning.** Because reading is a skill basic to most other school subjects, a child with dyslexia is at a disadvantage in most classes and may have trouble keeping up with peers.
- **Social problems.** Left untreated, dyslexia may lead to low self-esteem, behavior problems, anxiety, aggression, and withdrawal from friends, parents, and teachers.
- **Problems as adults.** The inability to read and comprehend can prevent children from reaching their potential as they grow up. This can have negative long-term educational, social, and economic impacts.

Children who have dyslexia are at increased risk of having attention-deficit/hyperactivity disorder (ADHD), and vice versa. ADHD can cause difficulty keeping attention. It can also cause hyperactivity and impulsive behavior, which can make dyslexia harder to treat.

In gratitude for advances in education,  
Nurse Geri



# HALLOWEEN CARNIVAL

SACRED HEART PARISH ACTIVITY CENTER GYM

FRIDAY, OCTOBER 28TH

6-8 PM



*RIP* Pre-K through 5th Grade

Admission: \$3 with a canned good

\$4 without a canned good

All proceeds benefit St. Vincent de Paul Food Pantry

FALL FEST 2022

11 ☆ 11 ☆ 2022

A SALUTE TO OUR VETERANS

# Jambalaya Order



Orders **MUST** be purchased in advanced to guarantee you receive your jambalaya.

Deadline for payment is November 2nd.

Payment options:

Venmo

Checks - made payable to Sacred Heart Home & School

Checks should be delivered to school office in an enveloped marked "Jambalaya Order"

All Orders must be made using the online form, by clicking here.

☆ **LUNCH BOWL - \$4**

☆ served at lunch the day of Fall Fest and includes a bowl of jambalaya.

☆ **LUNCH COMBO - \$5**

☆ served at lunch the day of Fall Fest and includes a bowl of jambalaya and a large drink.

☆ **TAKE HOME BOX - \$25**

☆ will be ready for pick up from 2:00pm-3:00pm and includes jambalaya only. For a family of four and dinner rolls.

*This is the equivalent of four bowls, not a full pan*

**QUESTIONS:**

Please contact our Fall Fest Co-Chairs

Greg Bodin at [gbodinbakerdonelson.com](mailto:gbodinbakerdonelson.com) or

Jeff McCollum at [JLMcCollum@duprelogistics.com](mailto:JLMcCollum@duprelogistics.com)



FALL FEST 2022

11☆11☆2022

# A SALUTE TO OUR VETERANS



## Poster Art Contest

What you create is up to YOU!  
The winning design will be featured at FALL FEST!

Drawing Due by  
Thursday, November 3rd

Submit Drawing to the front office on a  
8.5x11 sheet of white paper

Include student's name and grade

Winner will be announced  
Monday, November 7th

Winner will receive a Poster Size Print of their Artwork!

**QUESTIONS:**

Please contact our Fall Fest Co-Chairs  
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***"It will be one of the most eye opening experiences you will ever have."***

- Dwayne Peace - Retired Police Officer, V.P. of Dare to Care Inc.

# Public & Permanent<sup>®</sup>

Motivate **Responsible** Use of Technology & **Prevent** Digital Abuse!

Date: Nov. 9, 2022

Time: 6:00 – 7:30 PM

## WHO:

All St. Michael High School  
Parents & Parents of 6<sup>th</sup>, 7<sup>th</sup>  
& 8<sup>th</sup> Graders

## WHERE:

St. Michael the  
Archangel High School

## SPONSORED BY:

St. Michael High School  
Home & School Association

Are Your Kids  
Gaming Online?

Think Privacy Settings  
Keep you Private?

Do You Overshare?

What Will Your Digital  
Footprint & Legacy Be?

## KEEPING YOU SAFE ONLINE:

### WHAT EVERY PERSON SHOULD KNOW

All attendees will obtain information about:

- Preventing Cyber Cruelty
- Safe Communication in Gaming
- Social Media Mindfulness & Safety
- Emerging Tech & the Need for Empathy
- Understanding & Teaching Legacy
- Many Other Current & Future Cyber Issues

This multi-award-winning program will eliminate the myths that Anonymity, Social Privacy and Disappearing Digital Content is possible with digital tools & apps.

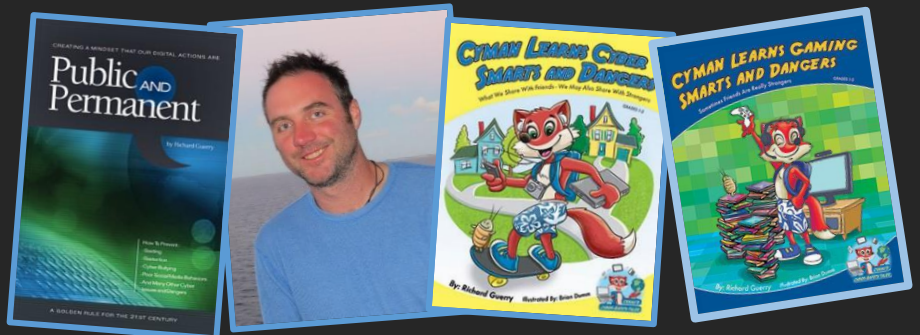
The audience will gain knowledge to promote responsible use of digital tools while also obtaining the wisdom to prevent negative, irresponsible, and malicious digital behaviors and trends.

Richard Guerry is the author of multiple cyber safety books and has been a featured speaker at numerous national & international conferences. He has also appeared as an expert on **Radio Disney**, **CNN**, **FOX**, **CBS**, **MTV's Thin Line Campaign**, as well as in **Parade Magazine** and many local, regional, and international publications.

### This Program Received the School Safety Advocacy Council's

- Exemplary School Safety Program Award
- Exemplary School Safety Initiative Award
- National Anti-Bullying Award

Richard's books online for a donation to his nonprofit at [iroc2.org](http://iroc2.org)



Learn more at [www.IROC2.org](http://www.IROC2.org)

Monday

Chicken Tenders  
Red Beans and Rice  
Garden Salad  
Fresh Cantaloupe Wedges  
Biscuit

3

Honey Citrus Chicken  
Fried Rice  
Garden Salad  
Glazed Baby Carrots  
Pineapples

10

Groovy Chicken Smackers  
Spaghetti and Cheese  
Garden Salad  
Veggie Medley  
Green Apple Wedges

17

Chicken Tenders  
Red Beans and Rice  
Garden Salad  
Pineapple

24

Ghoulish Gumbo  
Potato Salad  
Apple Wedges  
Dinner Roll  
Spooky Cupcake

31

Tuesday

Cheesy Beef Pasta  
Garden Salad  
Vegetable Medley  
Orange Wedges  
Dinner Roll

4

Spaghetti and Meat Sauce  
Garden Salad  
Sweet Green Peas  
Orange Wedges  
Dinner Roll

11

Good Vibes Soft Tacos  
with Seasoned Meat and cheese  
Pinto Beans  
Garden Salad  
Jalapeno Cup  
Salsa  
Orange Wedges

18

Cheesy Beef Pasta  
Garden Salad  
Vegetable Medley  
Orange Wedges  
Dinner Roll

25

Wednesday

Corn Dog Nuggets  
Creamed Potatoes  
Glazed Baby Carrots  
Red Apple Wedges

5

Hamburger/Cheeseburger  
Garden Salad  
Baked Beans  
French Fries  
Diced Peaches

12

Far Out Fish Nuggets  
Creamed Potatoes  
Broccoli with Cheese  
Fresh Cantaloupe Wedges

19

Corn Dog Nuggets  
Creamed Potatoes  
Glazed Baby Carrots  
Red Apple Wedges

26

Thursday

Chicken Filet on Bun  
Garden Salad  
French Fries  
Diced Peaches

6

Jambalaya  
Garden Salad  
White Beans  
Fresh Strawberries  
Dinner Roll

13

Super Rad Meatballs and Gravy  
Over Rice  
Garden Salad  
Sweet Peas and Carrots  
Diced Peaches  
Breadsticks

20

Chicken Filet on Bun  
Garden Salad  
French Fries  
Diced Peaches

27

Friday

Nachos  
With Meat and Cheese  
Garden Salad  
Jalapeno Cup  
Salsa  
Mexican Corn  
Pears

7

Macaroni and Cheese  
Garden Salad  
Green Beans  
Applesauce

14

Kickin It Pizza  
Baby Carrots  
Corn  
Pears

21

Nachos  
With Meat and Cheese  
Garden Salad  
Jalapeno Cup  
Salsa  
Mexican Corn  
Fresh Strawberries

28

National School Lunch Week: Peace, Love, and School Lunch

Sacred Heart of Jesus



Alumni Mass & Lunch

Meet us on Main Street

Sunday, November 13 at 11:00 a.m.

Sacred Heart of Jesus Church

Lunch to follow in the Sacred Heart of Jesus School Cafeteria

& Student led tours of newly renovated classrooms in the main school building



# FOURTH NIGHTS



## 4TH FRIDAYS OF THE MONTH

Nights of sports, prayer and dinner along with fellowship.  
For young men who have an openness to a call to the priesthood.

Dads are encouraged to attend especially on the 3rd-7th grade nights.

**HELD AT THE SACRED HEART OF JESUS ACTIVITY CENTER  
FROM 7-9 P.M. ON THE FOLLOWING FRIDAYS:**

Friday, August 26, 2022 (8th-12th Grade)  
Friday, September 30, 2022 (3rd-7th Grade)  
Friday, October 28, 2022 (8th-12th Grade)  
Friday, January 27, 2023 (8th-12th Grade)  
Friday, February 24, 2023 (3rd-7th Grade)  
Friday, April 28, 2023 (3rd-7th Grade)

*Sponsored by St. John of Avila Men &  
The Vocations Office of the Diocese of Baton Rouge*

Rev. Joshua Johnson  
Director of Vocations  
spayne@diobr.org  
225-336-8778



Please RSVP to  
luke.zumo@gmail.com

If you have't started yet...

# START COLLECTING!



Save Proofs of Purchase from all Community products.

All coffee, tea, creamer & sugar products and coffee filters contain eligible Proofs of Purchase. Boxes of coffee and coffee-related products delivered to restaurants, hotels and other businesses contain high value Proofs of Purchase.

It's an easy way to help earn cash for our school! Just clip and save. Bundle in groups of 10, 25 or 50 and place in either a zip-lock bag or a sealed envelope. Be sure to label with student's name, teacher & grade. Then have student turn in proofs of purchase to their teacher before the deadline.

All Proofs of Purchases should be turned in by January 9th.

For more info about Community Coffee's Cash for Schools program, visit [www.communitycoffee.com/cashforschools](http://www.communitycoffee.com/cashforschools)



You can help women receive the life-affirming care they need by participating in Woman's New Life Clinic's 10th annual Born to Run - Baton Rouge 5K & 1/2-mile Fun Run presented by The Parable Foundation!

Register for the Born to Run 5K or 1/2 mile Fun Run and **join the Sacred Heart of Jesus Church and School team**. Both races are open to all ages and skill levels. After the race join us for the **post-race "Birth" Day Party** for free food, drink, music, and fun for the whole family!

Born to Run will be held 8:30 am November 12, 2022 at the downtown North Boulevard Town Square. Early-bird registration ends Friday, September 30<sup>th</sup>. To register or donate go to: [www.womansnewlife.com/borntorun](http://www.womansnewlife.com/borntorun) Be sure to **join the Sacred Heart team** and complete the full, two-step registration. With 10 or more team members we pick our shirt color and have the Sacred Heart logo printed on the front!

This year is team Sacred Heart's seventh year to participate and we want to make it our best ever. Our goal is for our team to join forces with you and raise \$2,500.00 to support the life affirming services provided by Woman's New Life Clinic. If you cannot participate, please consider donating to our team!



# How to Decorate a Cypress Tree:

*A New Louisiana Classic*



Angelle Terrell  
**AUTHOR**  
**FALL SCHOOL VISITS**



## ABOUT ANGELLE

Angelle Terrell is a Louisiana native and author of *HOW TO DECORATE A CYPRESS TREE* (Pelican Publishing, '22). With over a decade of education under her belt, Angelle loves to engage school-age children.

## ABOUT THE BOOK

In *HOW TO DECORATE A CYPRESS TREE*, Louisiana siblings MaLou and Rodney are on a mission to create Christmas magic with the beauty of their bayou home. In 32 exquisitely illustrated pages, children will learn about family, creativity, and the whimsy of nature.

## ABOUT THE VISIT

During a 90 minute visit, Angelle can:

- Read to multiple classes.
- Read to a multi-grade assembly.
- Present a lesson on the path to publishing or following your passions.
- Q and A with students.
- Personalize a talk for your community needs!



## CONTACT:

225-938-4477

hello@angelleterrell.com

