

The Tuesday Newsletter



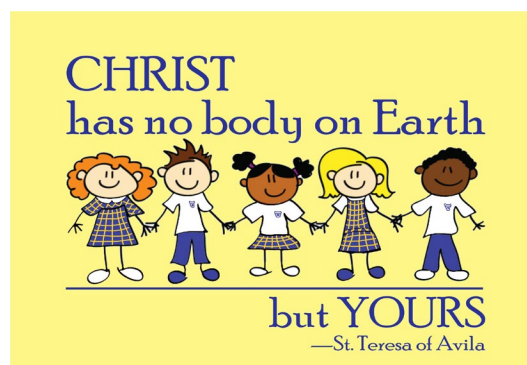
Sacred Heart of Jesus School is a diverse community dedicated to educating the body, mind and spirit.

WEEKLY NEWS FROM SACRED HEART OF JESUS SCHOOL

AUGUST 16, 2022

CALENDAR PEEK!

- 08.18 **FREE DRESS DAY** (for students that returned their signed handbook form)
- 08.19 **MASS** (8 am in the church)
- 08.25 **BIRTHDAY FREE DRESS** (July and August birthdays)
- 08.26 **MASS** (8 am in the church)
- 08.29 **INDIVIDUAL YEARBOOK PICTURES**
- 08.30 **HOME & SCHOOL MEETING WITH BINGO**
- 09.02 **SPIRIT SHIRT DAY**
- 09.02 **MASS** (8 am in the church)
- 09.05 **LABOR DAY HOLIDAY**



PRINCIPAL'S POST

By: Cecilia Methvin

Can you feel it?!! There has been so much excitement on campus that the air even feels a bit different! We had a great first week back at school. New students and faculty are settling in and finding their way with the help of some veterans, our annual Back to School Afternoon was a great success, and we welcomed our new pastor, Fr. Josh to Sacred Heart. If you are able to join us for a school Mass on Fridays at 8:00 am, I highly recommend it. And if you plan to join us for a weekend Mass, be sure to leave a few minutes early so you can find a parking spot! Our goal this year at Sacred Heart of Jesus School is to make saints. One of the best ways we can go about this task is to live our 2022-23 school theme, "Christ has no body on earth but yours." It is taken from the following poem attributed to St. Teresa of Avila:

*Christ has no body but yours,
No hands, no feet on earth but yours,
Yours are the eyes with which He looks
Compassion on this world,
Yours are the feet with which He walks to do good,
Yours are the hands, with which He blesses all the world.
Yours are the hands, yours are the feet,
Yours are the eyes, you are His body.
Christ has no body now but yours,
No hands, no feet on earth but yours,
Yours are the eyes with which he looks
compassion on this world.
Christ has no body now on earth but yours.*

I am excited to see what God has planned for our community and to see how He will use us to build His church on earth.

PARENT-STUDENT HANDBOOK ACKNOWLEDGEMENT FORM The signed Parent-Student Handbook Acknowledgement Forms (located on page 50 of the [handbook](#)) were due Monday, August 15. If your student returned the signed copy yesterday, your child/ren will have a Free Dress Day on Thursday August 18th. If you have not returned the form, please do so as soon as possible. You may also email a picture of your signed form to Alexis Williams (AWilliams@SacredHeartBR.com).

PARKING REMINDER Please do not park in the reserved church office parking spots across the street from school. These are reserved for individuals that are visiting the church office only.

USED UNIFORM ORDER FORM Our vendors have reported a shortage in the plaid material used for our girls' uniforms. This is a great time to take advantage of our [Used Uniform Order Form](#). Fill out the form and return it along with your payment in an envelope labeled "used uniform". If items are not available in the size you need, you will be contacted directly. Questions? Contact Jennifer Broussard (jennbroussard@gmail.com) or Jennifer Thibodeaux (jthibodeaux@catholichigh.org).

BIRTHDAY FREE DRESS PASSES Students celebrating July and August birthdays will enjoy their free dress pass on Thursday, August 25. Appropriate dress includes blue jeans, capris, shorts (no shorter than 4 inches above the knee and no athletic shorts), loose-fitting tops (no tank tops or spaghetti straps), tennis shoes (no sandals or boots). Questions? Contact Alexis Williams AWilliams@SacredHeartBR.com.

DESIGN CLUB We have a new club on campus this year! The design club led by Art Teacher Maggie Calandro will design and make tshirts for the school and learn other creative skills. 5th-8th grade students interested in joining should sign up in the art room. More information on page 7. Questions? Email Maggie Calandro (MCalandro@SacredHeartBR.com).

PIP OPPORTUNITY Nurse Geri is looking for someone who wants to earn PIP hours by helping to organize uniforms in the nurse's station. Extra uniforms are kept in the nurse's station for students who need to borrow a uniform during the school day for various reasons. Please contact Nurse Geri if you are interested and list your availability (gpearson@sacredheartbr.com). Remember, all school volunteers must be up to date with the diocese Safe and Sacred training.

SACRED HEART OF JESUS ST. VINCENT DE PAUL FOOD PANTRY Sacred Heart of Jesus St. Vincent de Paul Food Pantry serves people in need who live within the geographical boundaries of Sacred Heart of Jesus Parish. Food pantry collections are made each Friday during our school liturgy. Students, faculty, and staff donate non-perishable food items and are a major source of donations.

THE TUESDAY NEWSLETTER We look forward to communicating with you each week via The Tuesday Newsletter. Parents will receive a newsletter in their inbox at the email address provided in their RenWeb account. We are happy to send the newsletter to other family members or interested parties. Simply email Wendy Milam (WMilam@SacredHeartBR.com) and provide the name and email address.

SACRED HEART PARISH MESSENGER [Click here](#) to read this week's edition of The Sacred Heart of Jesus Parish Messenger.

ATHLETIC NEWS: Contact Athletic Director Amy Daughdrill at adaughdrill@sacredheartbr.com with any questions.

- Girls Basketball practice will be every Monday and Wednesday:
Mondays: 3rd/4th 2:45-4:30 (in PAC)
8th team -4:30-6:00 (in Gym)
Wednesdays: 3rd/4th 4:30 - 6:00 (in PAC)
8th: 2:45-4:30 (in Gym)
- Cross Country practice will be held Monday thru Thursday beginning at 5:30 at City Park and Saturdays at 8 am at Highland Road park. Parents if you have not been added to the team GroupMe, please contact Coach Stoeckle (justin.stoeckle@gmail.com).
- Football games begin in September! The schedule will be listed in the upcoming Tuesday Newsletters (it will also be posted on the school website soon).
- The Sacred Heart Athletics physical clinic was a great success, we were able to do physicals for over 60 students! A special thank you to our volunteers: Charrity Hines, Shelley Young, Alexis Landry, Narkita Roscoe, and Rebecca Boudreaux!

SACRED HEART HOME SCHOOL

NEWS AND REMINDERS

- Last night every parent should have received a Sign up Genius to sign up for snacks for the faculty staff meetings each month.
- Bingo will be held Tuesday, August 30th at 6:00 PM in the PAC. You will receive 10 bingo cards for \$30. CASH ONLY. Parents will also earn 1 PIP hour for attending.
- There will be another Sign up Genius going our later this week to sign up for finger foods for Bingo night.
- Calling all parents for Fall Fest committee. You can contact Greg Bodin (gbodin@balerdonelson.com) and Jeff McCollum (mccollum22@gmail.com) if you would like to be on the committee.
- Charleston Wrap went home with each child last week. This is a great fundraiser for the school. The school receives 40% from each item sold. Be sure to visit the Charleston Wrap website to register your child (www.charlestonwrap.com). The website also has a lot more products to choose from. The fundraiser will end September 16th. Please share with all of your family members.



HAPPY BIRTHDAY

August 7 - Blake LeBlanc (4th-5th Grade Teacher)

August 18 - Cindy Deunckel (REACH)

August 28 - Amy Pickenheim (Kindergarten Teacher)



Sacred Heart of Jesus School
REGISTER NOW FOR OUR FUNDRAISER

Organization ID:
19710

3 EASY STEPS



www.registercw.com

1# REGISTER

Register participant at www.registercw.com to access our handy invitation tools in the Participant Portal-Very important!



2# SHARE

Invite friends and family to support! SHARE a link to the sale via TEXT & EMAIL using our invitation tools. Don't forget to share with your followers on SOCIAL MEDIA, too!



3# SHOP

Go online to SHOP and help us reach our GOAL today! With over 2,500 gift ideas there is something for everyone!



Sharing & supporting is quick and easy!



With over 2,500 gift ideas, check-off your holiday gift list and invite friends & family to support our important cause, too!

Personalized Gifts

Gift Wrap & Accessories

Charleston Bags™

Candles

Kitchen Essentials

Gourmet

FDA Recognizes National Immunization Awareness Month

Between Covid, Monkey Pox and recent cases of Polio and Measles, questions about vaccines and who gets vaccinated is frequently on my mind.

August is National Immunization Awareness Month. It provides us an opportunity to think about how far the development and advancement of immunization science has come, and its impact on public health. The U.S. Food and Drug Administration plays a key role in immunization by evaluating vaccines for safety and effectiveness before they are made available to the public.

How do vaccines work?

Vaccines work by stimulating the body's immune system to safely provide protection against viruses or bacteria that cause infection. After vaccination, the immune system is prepared to respond quickly when the body encounters the disease-causing organism.

What happens when your body's immune system doesn't respond to a vaccine?

There are many reasons why someone's immune system will not make immunity or makes only partial immunity to vaccines. Some people who take medications to suppress their immune system, like those with an auto immune diseases, are aware that their body might not make immunity to certain vaccines. Other people are not aware that their body will not make immunity to vaccines. The only way to protect these individuals is to limit activities where large crowds of people are in close contact and have herd immunity. Herd immunity is a reduction in the risk of infection with a specific communicable disease (such as measles or influenza) that occurs when a significant proportion of the population has become immune to infection (as because of previous exposure or vaccination) so that susceptible individuals are much less likely to encounter infected individuals. When enough of the population is resistant to a germ, its spread stops naturally because not enough people are able to transmit it. Thus, the "herd" is immune, even though many individuals within it still are not.

Why are vaccines important?

They help provide protection from an infectious disease and can lessen the severity of illness. If you are immune to a disease, you can be exposed to it without becoming sick. Simply put, because of advances in medical science, vaccines can help protect us against more diseases than ever before. Some diseases that once injured or killed thousands of people have been eliminated primarily due to vaccines.

The World Health Organization estimates that immunization currently prevents 3.5-5 million deaths every year from diseases like diphtheria, tetanus, pertussis, influenza and measles and tens of millions of people are alive today because of the COVID-19 vaccines.

When it comes to immunizations, it's important to remember three things.

1. FDA Authorizes or Approves Vaccines Based on Rigorous Evaluation and Analysis of Data

Vaccines to prevent infectious diseases are given to millions of babies, children, adolescents, and adults, so it is critical that they are demonstrated to be safe and effective. Vaccines undergo a rigorous FDA evaluation of laboratory and clinical data to ensure their safety, effectiveness, and manufacturing quality. The FDA's Center for Biologics Evaluation and Research (CBER) is responsible for regulating vaccines.

2. COVID-19 Vaccines and Flu Vaccines Save Lives

Specific to COVID-19 vaccines, CBER has been integral in overseeing the development of the vaccines to prevent COVID-19 and authorizing and approving the vaccines that are proven to meet criteria for safety and effectiveness. Working with manufacturers to get the vaccines to the public as quickly as possible, while adhering to the FDA's

rigorous scientific and regulatory evaluation process, has enabled one of the major achievements in the history of biomedical science. The FDA will only approve or authorize a vaccine for emergency use if it meets the agency's standards for safety, effectiveness, and manufacturing quality. We have a dedicated group of experienced scientific and medical professionals evaluating the available data to make sound, scientific decisions about these vaccines. Staying up to date with COVID-19 vaccination is the best way to help protect against severe illness and hospitalization from COVID-19. Even fully vaccinated people may get infected. However, for people who have received both the primary series and a booster dose when eligible, the symptoms are often much less serious. The Centers for Disease Control and Prevention (CDC) considers that you are up to date with your COVID-19 vaccines when you have received all doses in the primary series and all boosters recommended for you, when eligible. COVID-19 vaccines are highly effective in preventing the most severe forms of COVID-19. Being up to date on COVID-19 vaccination reduces a person's risk of dying by over 90% – a remarkable effect. It's not too soon to start thinking about influenza (flu) viruses which typically spread in fall and winter. The flu is a contagious respiratory disease that is caused by influenza viruses which infect the respiratory tract (nose, throat, and lungs). The flu is different from a cold because the symptoms and complications can be more severe. A lot of the illness and death caused by the influenza virus can be prevented by a yearly influenza vaccine. The CDC recommends that most individuals 6 months of age and older get the flu vaccine every year. It is especially important for people in high-risk groups.

3. Be Smart When Considering Your Source of Information

Getting the right information about immunization in the digital age, however, can be like drinking from a fire hose. Most Americans are on the receiving end of a constant barrage of information coming at them through phones, laptops, TVs, and social media. Trying to filter fact from fiction can be a challenge, but oh so critical when it comes to public health.

It is a difficult task countering the growing dissemination of misinformation and disinformation about science, medicine, and the FDA, which is putting patients and consumers at risk. Increasingly people are being distracted and misled.

The constant stream of information, opinion and, too often, disinformation, has eroded trust in societal institutions, including the FDA – and, regrettably, in the science upon which our decisions are based. This is causing harm to patients and consumers. It greatly concerns me that people are choosing not to receive the COVID-19 vaccines and are falling behind on routine vaccinations.

The FDA is working to promote reliable information and discredit misinformation or disinformation that is intentionally designed to harm people. For accurate information about immunizations, look for information from our U.S. government partners, such as the CDC and your local health authority. It's ok to have questions about vaccines, so if you do, talk to a health care professional.

Vaccines have prevented countless cases of disease and disability and have saved millions of lives. We are so fortunate that today, because of safe and effective vaccines, few people experience the devastating effects of measles, pertussis, and other serious illnesses.

For you and every member of your family, it is important to stay up to date with vaccinations. August is National Immunization Awareness Month, now is a great time to get back on track with routine vaccinations.

Wishing you a healthy week ahead,
Nurse Geri

DESIGN CLUB

GRADES: 5TH - 8TH

WHERE: ART ROOM

WHEN: TWO THURSDAY'S A MONTH

(DATES WILL BE IN THE TUESDAY NEWSLETTER)

TIME: 3:00 - 4:30

FEE: \$10

STUDENTS NOT PICKED UP BY 4:30
WILL BE SENT TO AFTERCARE

IN THIS CLUB YOU WILL BE DESIGNING AND
MAKING T-SHIRTS FOR THE SCHOOL. ALSO YOU
WILL LEARN OTHER CREATIVE SKILLS.

ANY QUESTIONS EMAIL MS. CALANDRO AT
MCALANDRO@SACREDHEARTBR.COM

THERE WILL BE A SIGN UP FORM IN THE ART
ROOM. THE STUDENTS WILL BE ALLOWED TO
SIGN UP WHEN THEY COME TO ART CLASS.



LUNCH

AUGUST 2022 Elementary

Daily Choice Elementary:
Mon-Pizza
T/TH- Baked Potato
W/F- Chicken Smackers

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
8 Honey Citrus Chicken Fried Rice Garden Salad Glazed Baby Carrots Pineapples	9 Spaghetti and Meat Sauce Garden Salad Sweet Green Peas Orange Wedges Dinner Roll	10 Hamburger/Cheeseburger Garden Salad Baked Beans French Fries Diced Peaches	11 Jambalaya Garden Salad White Beans Pears Dinner Roll	12 Macaroni and Cheese Garden Salad Green Beans Applesauce
15 Chicken Smackers Spaghetti and Cheese Garden Salad Veggie Medley Green Apple Wedges	16 Soft Tacos with Seasoned Meat and cheese Pinto Beans Garden Salad Jalapeno Cup Salsa Orange Wedges	17 Fish Nuggets Creamed Potatoes Broccoli with Cheese Watermelon Milk	18 Meatballs and Gravy Over Rice Garden Salad Sweet Peas and Carrots Diced Peaches Breadsticks	19 Pizza Baby Carrots Corn Pears
22 Chicken Tenders Red Beans and Rice Garden Salad Pineapple	23 Cheesy Beef Pasta Garden Salad Vegetable Medley Orange Wedges Dinner Roll	24 Corn Dog Nuggets Creamed Potatoes Glazed Baby Carrots Red Apple Wedges	25 Chicken Filet on Bun Garden Salad French Fries Diced Peaches	26 Nachos With Meat and Cheese Garden Salad Jalapeno Cup Salsa Mexican Corn Pears
29 Honey Citrus Chicken Fried Rice Garden Salad Glazed Baby Carrots Pineapples	30 Spaghetti and Meat Sauce Garden Salad Sweet Green Peas Orange Wedges Dinner Roll	31 Hamburger/Cheeseburger Garden Salad Baked Beans French Fries Diced Peaches Back to School Cupcake		

Notes: Menus are subject to change. All meals are served with a choice of milk.

Notification Statement: Peanuts and Peanut butter are not purchased for meals produced by the Baton Rouge Diocese Child Nutrition Program; however, some products served may contain nuts, may be produced in plants that use nuts and may contain traces of nuts.


PAY FOR MEALS ONLINE
[MySchoolBucks.com](https://www.MySchoolBucks.com)