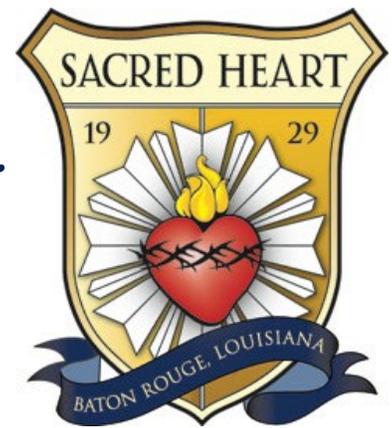


The Tuesday Newsletter



Sacred Heart of Jesus School is a diverse community dedicated to educating the body, mind and spirit.

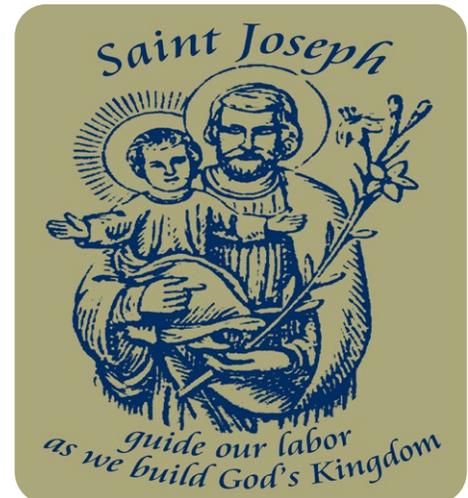
WEEKLY NEWS FROM SACRED HEART OF JESUS SCHOOL

SEPTEMBER 21, 2021

CALENDAR PEEK!

09.21	TIGER SHOP OPENS
09.22	MASS (1 st - 2 nd Grade)
09.23	BIRTHDAY FREE DRESS (September Birthdays)
09.24	COLLEGE FOOTBALL SPIRIT DAY
09.29	MASS (6 th - 8 th Grade)
09.30	PRE-K PLAYDATE WITH THE PRINCIPAL
10.01	PICTURE ORDER FORMS DUE
10.05	TIGER SHOP CLOSSES

(See athletic calendar on page 2.)



PRINCIPAL'S POST

By: Cecilia Methvin

We are so excited that Mrs. Ashley Coleman has returned to work with us on a part-time basis as our Child Protection Coordinator! As we prepare for one of our largest events of the year, Fall Fest, volunteers will be in high demand. Many of you have questions about your current status or the application process to become a volunteer. Please email Mrs. Coleman at acoleman@sacredheartbr.com to check the status and/or receive the required paperwork to reactivate your file. You can also visit our resource page [online here](#). Remember: all parts of the application must be filled out completely, including addresses and phone numbers, and all paperwork must be submitted to complete your file. Child Protection credentials allow the holder the opportunity to chaperone/volunteer at Sacred Heart School in a variety of capacities. We are grateful for the generous gift of your time!

St. Joseph, guide our labor as we build God's Kingdom.

PICTURE ORDERS: Individual picture order forms were sent home last week. You may order individual photos online at www.barcellestudio.com and enter the password included on your proof sheet, or return the paper form and payment to school by October 1. All School Heart and Class Picture order envelopes were sent home yesterday. If you would like to purchase either of these, please return the envelope/s with payment before October 1. Questions? Contact Wendy Milam (WMilam@SacredHeartBR.com).

TIGER SHOP: The [Tiger Shop](#) is OPEN!! Be sure to order your items before it closes again at midnight on Tuesday, October 5.

CREATING A CENTENNIAL CAPITAL CAMPAIGN Thanks to the generous hearts of our Sacred Heart family (see page 4 for a list of donors), we have completed Phase I of our Capital Campaign! We are thrilled with the donations thus far and are eager to see all of our classrooms renovated by the end of summer. For more information or to donate, please contact Christina O'Brien '95 (COBrien@SacredHeartBR.com).

BIRTHDAY FREE DRESS: Students with September birthdays will enjoy free dress on Thursday, September 23. Appropriate dress guidelines are listed on page 27 of the [Sacred Heart Handbook](#).

FREE/REDUCED LUNCH: Whether or not you qualify, please take a moment to complete the [free/reduced lunch form online](#). It's quick and easy to complete and it helps our school.

COLLEGE FOOTBALL SPIRIT DAY: This Friday is college football spirit day. Students may dress in support of their favorite college football team. College color jerseys, t-shirts, pants, shoes, socks, and accessories are acceptable.

SACRED HEART PARISH MESSENGER [Click here](#) to read this week's edition of the Sacred Heart of Jesus Parish Messenger.

CROSS COUNTRY NEWS: Congratulations to our cross country team on completing their first first meet at Brusly High School! It was a tough course with mud and rain but our team persevered. Highlights for the 2 mile race go to the athletes finishing in the top 3 for Sacred Heart. Girls: 1st - Kennedy Papillion, 2nd - Amelie Schmitt, 3rd - Bree Parmes; Boys: 1st - Nathan Beall, 2nd - Brenton Frederick, 3rd - Harrison Connolly. Highlights for the 1 mile race goes to the top finisher for Sacred Heart, John-Michael Slaughter. All of the athletes did an excellent job at the first meet!

THE TUESDAY NEWSLETTER We love to feature our families or students that do extraordinary things. If you have news for the Tuesday Newsletter, simply email Wendy Milam (WMilam@SacredHeartBR.com).

THE WIDE WORLD OF SACRED HEART SPORTS

GIRLS BASKETBALL

DATE	TEAM & OPPONENT	TIME	LOCATION
09.22	3rd Girls Basketball vs. St. George - Green	5:45 p.m.	Sacred Heart
09.22	8th Girls Basketball vs. St. George	7:30 p.m.	Sacred Heart
09.29	8th Girls Basketball vs. Catholic Pointe Coupee	7:30 p.m.	Catholic Pointe Coupee

FOOTBALL

09.25	6th Boys Football vs. Central Private	TBD	Central High
09.27	8th Boys Football vs. St. John	TBD	St. John

CROSS COUNTRY

09.25	Cross Country Meet (US Express)
10.02	Cross Country Meet

"I know that there is nothing better for people than to be happy and to do good while they live." - Ecclesiastes 3:12



SACRED HEART HOME SCHOOL

NEWS AND REMINDERS

- **Charleston Wrap:** Thank you to everyone who supported the school by shopping with Charleston Wrap! The winning class will be announced this week.
- **Fall Fest: Step Right Up to the Carnival of Sacred Heart!!** Fall Fest is Friday, October 22nd. Sponsorship and order forms are **due now!** Order forms are at [this link](#). Sponsorship forms are at [this link](#). The first day for students to wear Fall Fest t-shirts to school is Friday, October 7th. If you do not send in a t-shirt order by this **Wednesday, September 22**, we cannot guarantee a t-shirt. If you have any questions, please contact co-chair Amy Daughdrill (daughdrilla9@gmail.com), co-chair Kelly Metz (kelnichole@gmail.com), or Sponsorship Chair Allie Schmitt (allie@taxcpa360.com).
- **Fall Fest volunteers** - Fall Fest is a great opportunity to earn **DOUBLE PIP** hours, but remember that to volunteer, parents must have completed the Diocesan volunteer requirements. For questions, please contact the SH EAPPS Coordinator Ashley Coleman at acoleman@sacredheartbr.com.



HAPPY BIRTHDAY

September 5 - Archana Banda (School Counselor)

September 26 - Wendy Milam (Communications Coordinator)



Creating a Centennial

CAPITAL CAMPAIGN DONORS

ELITE (\$60,000 and above)

Sacred Heart of Jesus Church

PREMIER (\$30,000)

Bridget and Rick Akin

Katie and Greg Bodin

LaMiesa and Darius Bonton

Kecia '91 and Robb Campbell

Pat and Sonny Calandro

Agloni and Michael DiVincenti, Jr.

Re '68 and David DiVincenti

Christina '95 and Joe O'Brien

SELECT (\$15,000)

Rachel and Ron Ceruti

Jeanne and Michael Henderson

SIGNATURE (\$10,000)

Kathleen and Mike Crapanzano

Pam and Brian Mascari

SUPPORTING (\$5,000)

Sheila and Kevin '95 Alford

Rosemary and Kyle Beall

Shaye and Brian Harriford

Paulette and Mike '64 O'Brien

Debbie and Gary Pickell

CONTRIBUTING (Less than \$5,000)

3 Anonymous

Peter Arbour

Beverly Culotta Bourdier '52

Marietta '97 and Brandon Brackeen

Diana and Paul '66 Burns

Emily and Robert Coco

Anne Dardius

Pat Demouy

Judy Lindsey Determann '68

Monique and Perry Franklin

Linda and Paul Freese

Tommy Holliday '56

Margaret and Michael Kling

Joyce '60 and Samuel Lambert

Sr. Joan LaPlace

Diane and Anthony '60 Marabella

Deborah B. Matirne

Catharine and Johnny McKay

Sara Smith

Pledges as of September 15, 2021

If you are interested in donating, please contact Christina O'Brien '95 (COBrien@SacredHeartBR.com).



No Flu for You- Part 1 They Changed the Vaccine!

This year, all flu vaccines will be quadrivalent (four component).

What is quadrivalent flu vaccine?

A quadrivalent influenza (flu) vaccine is designed to protect against four different flu viruses, including two influenza A viruses and two influenza B viruses.

Why was quadrivalent flu vaccine developed?

For many years, flu vaccines were designed to protect against three different flu viruses: an influenza A (H1N1) virus, an influenza A (H3N2) virus and one influenza B virus, even though there are two different lineages of B viruses that circulate during most seasons. Adding a B virus from the second lineage was done to give broader protection against circulating flu viruses.

Who can get quadrivalent flu vaccine?

All flu vaccines in the United States for the 2021-2022 season are quadrivalent vaccines. Different vaccines are approved for different age groups. There is a quadrivalent flu shot that can be given to children as young as 6 months old. Flucelvax Quadrivalent is now approved for people 2 years and older.

What About the Nasal Spray?

The [quadrivalent nasal spray vaccine](#) is approved for use in non-pregnant individuals, 2 years through 49 years old.

Who shouldn't get quadrivalent flu vaccine?

Different influenza (flu) vaccines are approved for use in people in different age groups. In addition, some vaccines are not recommended for certain groups of people. Recommendations consider a person's age, health (current and past) and any allergies to flu vaccine or its components. For more information, visit [Who Should and Who Should NOT get a Flu Vaccine](#).

Are any of the available flu vaccines recommended over the others?

For the 2021-2022 flu season, the [Advisory Committee on Immunization Practices \(ACIP\)](#) recommends annual influenza (flu) vaccination for everyone 6 months and older with any licensed influenza vaccine that is appropriate for the recipient's age and health status including inactivated influenza vaccine (IIV4), recombinant influenza vaccine (RIV4), or live attenuated nasal spray influenza vaccine (LAIV4) with no preference expressed for any one vaccine over another.

If you have questions about which vaccine is best for you, talk to your doctor or other health care professional.

Are quadrivalent flu vaccines safe?

Flu vaccines that protect against four flu viruses have a safety profile similar to seasonal flu vaccines made to protect against three viruses, with similar—mostly mild—side effects. Like all seasonal flu vaccines, vaccines that protect against four flu viruses are monitored annually for their safety and effectiveness.

Quadrivalent vaccine cannot cause flu illness because they contain 'inactivated' (killed) virus, attenuated (weakened) virus, or are made using recombinant methods that don't use flu virus in the manufacturing process.

Special Consideration Regarding Egg Allergy

People with egg allergies can receive any licensed, recommended age-appropriate influenza vaccine (IIV4, RIV4, or LAIV4) that is otherwise appropriate. People who have a history of severe egg allergy (those who have had any symptom other than hives after exposure to egg) should be vaccinated in a medical setting, supervised by a health care provider who is able to recognize and manage severe allergic reactions. Two completely egg-free (ovalbumin-free) flu vaccine options are available: quadrivalent [recombinant vaccine](#) and quadrivalent [cell-based vaccine](#).

For more information: [Quadrivalent Influenza Vaccine | CDC](#).

Wishing you "no flu" in the weeks ahead, Nurse Geri



2022 - 2023 ADMISSIONS TIMELINE

AUGUST - May

Private Tours
Upon Request

OCTOBER 27

SMHS Open House
(sign ups required)

NOVEMBER 19

Application Deadline



NOV. 2021 - Jan. 2022

Incoming Freshmen
Interviews
(by appointment)

December 4

Placement Testing &
Tuition Assistance Meeting
(at St. Michael)

SHADOW DAY DATES: SEPTEMBER 21, SEPTEMBER 30, OCTOBER 12, NOVEMBER 10

Visit smhsbr.org/admissions for more information.