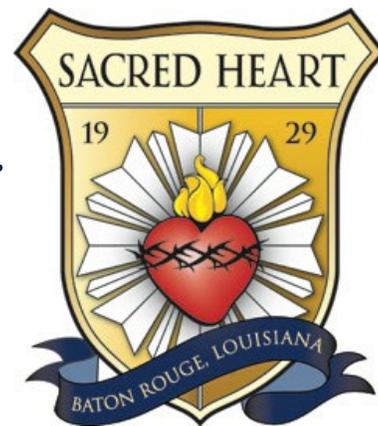


# The Tuesday Newsletter



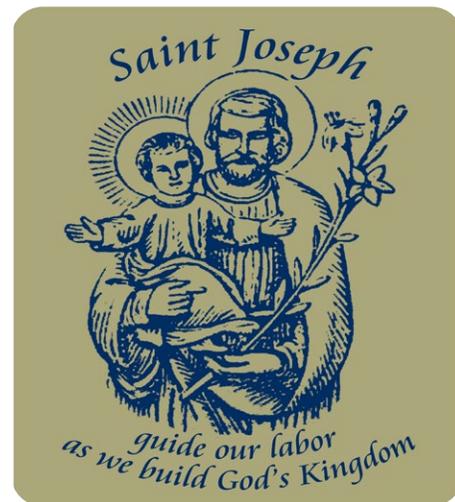
*Sacred Heart of Jesus School is a diverse community dedicated to educating the body, mind and spirit.*

WEEKLY NEWS FROM SACRED HEART OF JESUS SCHOOL

AUGUST 17, 2021

## CALENDAR PEEK!

08.18	<b>3<sup>RD</sup> - 5<sup>TH</sup> GRADE VISIT WITH FATHER MILES</b>
08.25	<b>1<sup>ST</sup> AND 2<sup>ND</sup> GRADE VISIT WITH FATHER MILES</b>
08.26	<b>INDIVIDUAL YEARBOOK PICTURES</b> (8:00 a.m.- Gym)
08.27	<b>BIRTHDAY FREE DRESS</b> (July and August birthdays)
09.03	<b>SPIRIT DRESS DAY</b> (This year or last year's Spirit Shirt may be worn)
09.01	<b>MASS</b> (6 <sup>th</sup> - 8 <sup>th</sup> grade attend)
09.06	<b>LABOR DAY HOLIDAY</b>
09.08	<b>MASS</b> (3 <sup>rd</sup> - 5 <sup>th</sup> grade attend)
09.10	<b>PROGRESS REPORTS</b>



## PRINCIPAL'S POST

By: Cecilia Methvin

A great deal of time was spent reflecting on our theme for this school year. Pope Francis declared this the Year of St. Joseph, so it seemed only fitting that we incorporate this into our theme. I spent some time this summer reading several different reflections on St. Joseph and there was definitely a recurring theme: He was the epitome of the strong silent type. While the Gospels do not record any words Saint Joseph might have spoken, his silence allows us a glimpse into his character. Righteous. Obedient. Pure. Humble. Contemplative. Husband. Protector. Saint Joseph experienced the same difficulties in life we all do, yet he lived an exemplary life. He was a man possessed of unwavering faith and utmost trust in God's providence.

Saint Joseph was also a man of action, obeying God's will for him in the ordinary duties of daily life as a husband, father, and carpenter. He faithfully loved, protected, and provided for the Child Jesus and the Virgin Mary. He kept the Sabbath and went to the Temple in Jerusalem for the Passover. He did the ordinary things of everyday with love, and with every act, he was building God's Kingdom.

In this Year of St. Joseph, our focus as students, faculty, and staff of Sacred Heart of Jesus School is to live as St. Joseph did:

*St. Joseph, guide our labor as we build God's Kingdom.*

**CONGRATULATIONS** Congratulations to Raphael Anthony Malbrue '03 for recently becoming a board certified Veterinarian. We are so #sacredheartproud! If you have news about a current or former Sacred Heart student please email Wendy Milam (WMilam@Sacred-HeartBR.com) so we can share it with our community.

**THANK YOU** Special thanks to Dr. Ronald Ceruti for volunteering to help with the physical clinic at Holy Family last weekend. We had over 70 Sacred Heart students attend this event!

**MASS** In lieu of mass this week and next week, Father Miles will visit with 1<sup>st</sup> - 5<sup>th</sup> grade students to discuss the details of Mass such as Communion, participation, etc.

**DOES YOUR YARD NEED FRESH DECOR?** If you are in need of a new Sacred Heart yard sign, please email Christina O'Brien at [CObrien@SacredHeartBR.com](mailto:CObrien@SacredHeartBR.com).

**BIRTHDAY FREE DRESS PASSES** Students celebrating July and August birthdays will enjoy their free dress pass on Friday, August 27. Appropriate dress includes blue jeans, capris, shorts (no shorter than 4 inches above the knee and no athletic shorts), loose-fitting tops (no tank tops or spaghetti straps), and tennis shoes (no sandals or boots). Questions? Contact Alexis Williams [AWilliams@SacredHeartBR.com](mailto:AWilliams@SacredHeartBR.com).

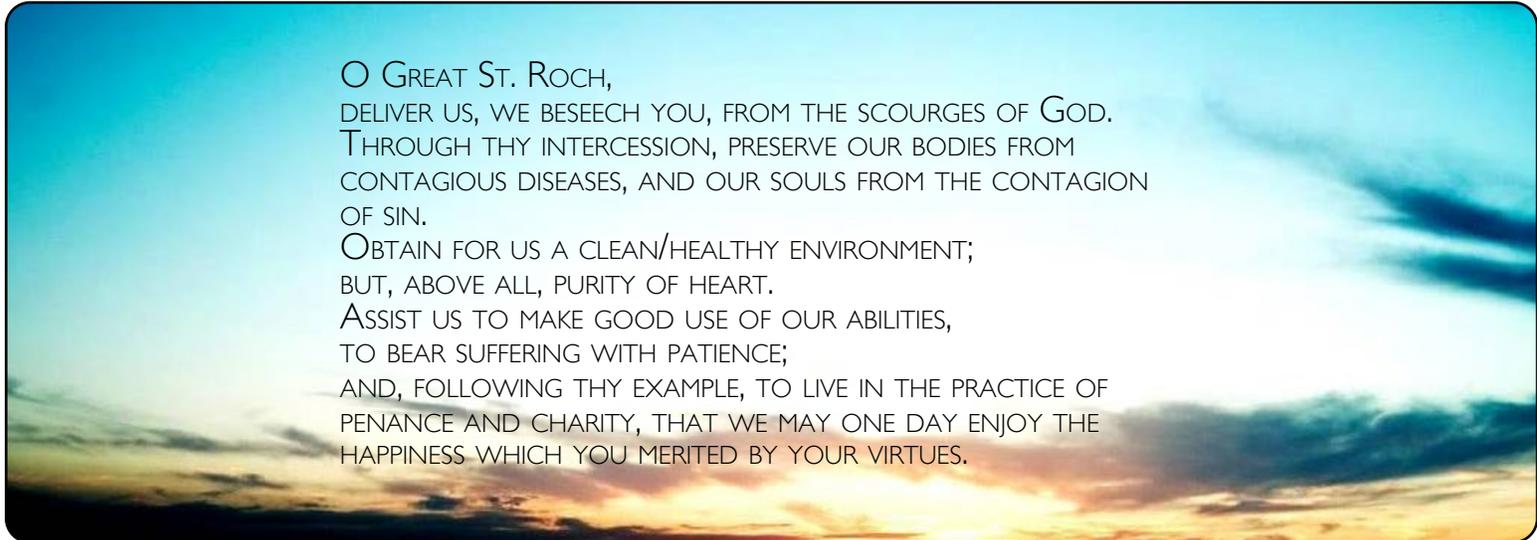
**SACRED HEART OF JESUS ST. VINCENT DE PAUL FOOD PANTRY** Sacred Heart of Jesus St. Vincent de Paul Food Pantry serves people in need who live within the geographical boundaries of Sacred Heart of Jesus Parish. Food pantry collections are made each Wednesday during our school liturgy. Students, faculty, and staff donate non-perishable food items and are a major source of donations. Thank you so much for your support!

**THE TUESDAY NEWSLETTER** We look forward to communicating with you each week via The Tuesday Newsletter. Parents will receive a newsletter in their inbox at the email address provided in their RenWeb account. We are happy to send the newsletter to other family members or interested parties. Simply email Wendy Milam ([WMilam@SacredHeartBR.com](mailto:WMilam@SacredHeartBR.com)) and provide the name and email address.

**SACRED HEART PARISH MESSENGER** The Sacred Heart of Jesus Parish Messenger for the week of August 15 is available. [Click here](#) to access the documents.

**NEWS TO THE EDITOR** Do you have news for The Tuesday Newsletter? Please email news to [WMilam@SacredHeartBR.com](mailto:WMilam@SacredHeartBR.com) by 1:00 p.m. the Monday prior to publication.

**SOCIAL MEDIA** If you haven't already done so, be sure to follow us on [Facebook](#) and [Instagram](#).



O GREAT ST. ROCH,  
DELIVER US, WE BESEECH YOU, FROM THE SCOURGES OF GOD.  
THROUGH THY INTERCESSION, PRESERVE OUR BODIES FROM  
CONTAGIOUS DISEASES, AND OUR SOULS FROM THE CONTAGION  
OF SIN.  
OBTAIN FOR US A CLEAN/HEALTHY ENVIRONMENT;  
BUT, ABOVE ALL, PURITY OF HEART.  
ASSIST US TO MAKE GOOD USE OF OUR ABILITIES,  
TO BEAR SUFFERING WITH PATIENCE;  
AND, FOLLOWING THY EXAMPLE, TO LIVE IN THE PRACTICE OF  
PENANCE AND CHARITY, THAT WE MAY ONE DAY ENJOY THE  
HAPPINESS WHICH YOU MERITED BY YOUR VIRTUES.

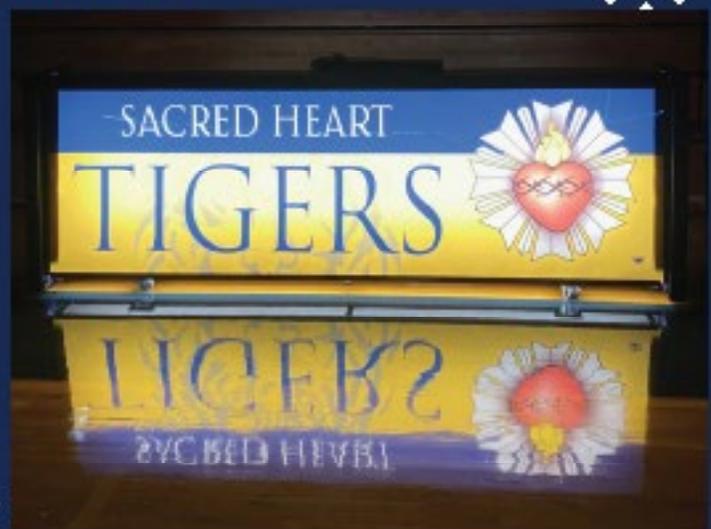
# SACRED HEART HOME SCHOOL NEWS AND REMINDERS

- **Charleston Wrap Fundraiser** - Packets went home last week! Deadline to place orders is September 3. Don't miss out on these great items! The class closest to 100% participation wins a free dress day. If you have any questions, please contact co-chair Amy McCormick (225-571-6879; amy.mccormick1028@gmail.com) or Danielle Partin (225-361-4767; daniellepartin05@gmail.com).
- **Fall Fest "Save the Date"** - Fall Fest is set for October 22 so mark your calendars! Details will be coming soon.
- **Calling all Room Parents!** If you are interested in serving as Room Parent for your child's class, please fill out the form at this link: <https://bit.ly/3yLsKSm>. Forms are due on Wednesday August 25. In order to be a room parent, all volunteers must satisfy school and Diocesan requirements.
- **THANK YOU** to all who donated to the 2020-2021 Tiger Gala paddle call for a new scorer's table in the gym. It looks amazing! We can't wait to show it off at our first home basketball game!!



## HAPPY BIRTHDAY

August 18 - Cindy Deunckel (REACH Coordinator)  
August 28 - Amy Pickenheim (Kindergarten Teacher)





# ATTENTION! Please REGISTER NOW for Sacred Heart of Jesus School's fundraiser!

**It's super easy!** Please help support our fundraiser by following the steps below to register online today. When you register, we'll know you're committed to supporting our fundraiser and helping us reach our goals. To help our organization even more, send 10 email invitations to friends & family and spread the word about our need for help. With over 2,500 gift ideas, supporters can shop and accomplish all of their gift giving needs, all while supporting our important cause.

**Will you follow the instructions below and register today?** It's easy, it's simple, and it's important!

## Here's how to register today and help us spread the word!

Invite friends and family (even if they're out of town), online orders ship directly to the purchaser!

**Organization ID:**

**19710**



**Step 1: REGISTER** at [registercw.com](http://registercw.com)  
(use organization 19710)



**Step 2: Use our Email-Invite Generator** to invite out-of-town friends & family to shop and support! Plus, share your unique invite links via text and social media.



Participant Registration



## Using Face Covering Correctly

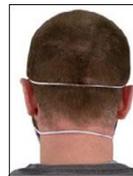
Using face coverings incorrectly can spread germs. For this reason, it is important to properly wear, store and dispose of these items.

### With any type of face covering:

1. Choose a face covering that contains two or more layers of fabric, fits well, and covers your nose and mouth.
2. Wash cloth mask once a day by hand or machine in the warmest water possible for the fabric. The face covering should be fully dry before using.
3. Have a few face coverings so they can be rotated for washing.
4. Make sure to dry your items completely.
5. Dispose of single-use face coverings in the garbage at the end of the day.
6. Do not leave your face coverings where it can touch surfaces or others can touch it.
7. If you need to take off your mask and place it on a surface, place it on a tissue or piece of paper with the inside facing a tissue.
8. Do not throw your face covering loose in a bag or backpack. Keep a plastic bag with you to store your face covering if you will be taking it off when outside your home.
9. Wash your hands for 20 seconds with soap and water or use an alcohol-based hand sanitizer every time you put on and take off your face covering.
10. If you are unable to clean your hands, be very careful not to touch your eyes, nose, or mouth.
11. Face shields are not known to provide any benefit to protect others from the spray of respiratory particles and cannot be worn to school. CDC does not recommend use of face shields for normal everyday activities or as a substitute for cloth face.
12. Please do not use N95 respirators, as these remain in short supply—it is essential that we save N95 respirators for our health care workers.
13. **Do not** put the face covering around your neck or up on your forehead.
14. **Do not** touch the face covering, and, if you do, wash your hands, or use hand sanitizer to disinfect



Loop Mask ✓



Mask with Two Bands ✓



Mask with Ties ✓

Face covering with an exhalation valves are prohibited at school because they defeat the purpose of keeping your germs in the mask.



Mask with Exhalation Valve



Face Shield



Gaiter Face Covering Okay if the Fabric is Doubled ✓

## How to Put on A Face Mask with Loops, Ties or Has Two Bands.

1. Clean your hands with soap and water or hand sanitizer before touching the mask.
2. If your mask has a stiff bendable edge, make sure this part is facing up so it can go over your nose.
3. If you are using a reusable mask, mark your name or initials on the top inside of the mask with a permanent marker.
4. If you are using a disposable mask, the colored side of the mask is usually the front and should face away from you, while the white side touches your face.
5. Follow the instructions below to put on the type of mask you are using:
  - a. **Face Mask with Ear Loops:** Hold the mask by the ear loops. Place a loop around each ear.
  - b. **Face Mask with Ties:** Bring the mask to your nose level and place the ties over the crown of your head (above the ears all the way around) and secure with a bow in the back of your head. Then take the bottom ties, one in each hand, and secure with a bow around the back of your neck.
  - c. **Face Mask with Bands:** Hold the mask in your hand with the nosepiece or top of the mask at fingertips, allowing the headbands to hang freely below hands. Bring the mask to your nose level and pull the top strap over your head so that it rests over the crown of your head. Pull the bottom strap over your head so that it rests at the nape of your neck.
6. Mold or pinch the stiff edge to the shape of your nose.
7. Pull the bottom of the mask over your mouth and chin.
8. Try to fit it snugly against the sides of your face
9. Make sure you can breathe easily.

## How to Remove a Face Mask

1. Clean your hands with soap and water or hand sanitizer before touching the mask. Avoid touching the front of the mask. The front of the mask is contaminated. Only touch the ear loops/ties/band. Follow the instructions below for the type of mask you are using.
2. *Face Mask with Ear loops:* Hold both ear loops and gently lift the mask away from your face and remove.
3. *Face Mask with Ties:* Untie the bottom bow first then untie the top bow and pull the mask away from you as the ties are loosened.
4. *Face Mask with Bands:* Lift the bottom strap over your head first, then pull the top strap over your head.
5. Throw the mask in the trash. Clean your hands with soap and water or hand sanitizer.
6. Fold outside corners together and fold inward if possible.
7. Be careful not to touch your eyes, nose, and mouth when removing and wash hands immediately after removing.

## How to Put on a Neck Gaiter

1. Clean your hands with soap and water or hand sanitizer before touching the gaiter.
2. Fold the gaiter inward to double.
3. Slip the gaiter over your head until it is around your neck.
4. Grasp the gaiter on each side near your ears and pull up over your face until you cover your nose.
5. Make sure the gaiter is covering your chin.

## How to Take Off a Neck Gaiter

1. Clean your hands with soap and water or hand sanitizer before touching the gaiter.
2. Grasp the gaiter on the top of the folded area near your ears.
3. Remove the gaiter from back to front taking care not to touch your mouth, nose, and eyes.
4. Keep the gaiter folded double.