

The Tuesday Newsletter



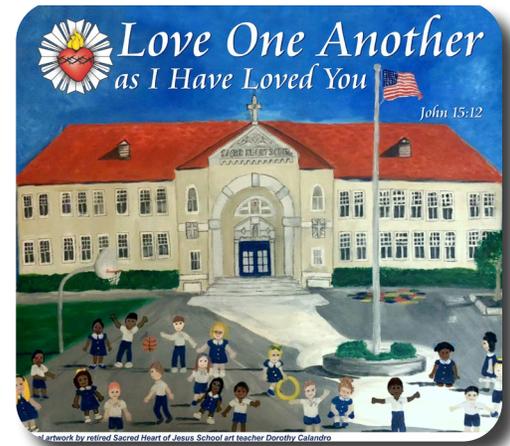
Sacred Heart of Jesus School is a diverse community dedicated to educating the body, mind and spirit.

WEEKLY NEWS FROM SACRED HEART OF JESUS SCHOOL

JANUARY 19, 2021

CALENDAR PEEK!

01.20	MASS (2ND & 8TH GRADE)
01.21	OPEN HOUSE - SCHEDULED TOURS ONLY
01.21	2ND GRADE FIRST RECONCILIATION
01.26	OPEN HOUSE - SCHEDULED TOURS ONLY
01.27	MASS
01.29	RE-ENROLLMENT DEADLINE
02.01	BEGINNING OF BLACK HISTORY MONTH
02.01-5	CATHOLIC SCHOOLS WEEK
02.03	MASS (6-8 GRADES)
02.05	SPIRIT SHIRT DAY
02.05	PROGRESS REPORTS
02.05	HOME & SCHOOL MEETING
02.06	PROSPECTIVE STUDENT SCREENING



WHAT'S HAPPENING!

By...Cecilia Methvin

Thank you to those who have already completed reenrollment for the 2021-22 school year. The deadline to re-enroll before late fees are assessed is January 29th, so be sure to complete it before that date. If you have any questions about the process, please contact Lisa Arnett (larnett@sacredheartbr.com).

We will be holding scheduled tours for prospective families this Thursday, January 21st and next Tuesday, January 26th; please share this information with anyone you know who is looking for a school. Our website and this newsletter contain information on how to sign up via [Google Form](#).

At our faculty meeting last week, one of the topics discussed was proper uniform attire. Teachers have been asked to check daily for compliance on specific items including shoes, jewelry, haircuts, properly fitted uniforms, watches/electronics, etc. The handbook contains specific information on all of these items and more, so be sure to check it if you have any questions. Some items of particular significance are smartwatches, Fitbits, and the like. Many of these devices can communicate with phones (which are supposed to be turned off) and other devices; therefore, they are not allowed at school. If your child receives a uniform infraction notice, please note that it is simply a reminder and does not hold a consequence. However, repeated violations of the same infraction may carry a consequence.

Finally, thank you for all of your communication regarding COVID. By notifying the school early, you are helping protect the entire community. If you have encountered a situation and you are unsure of how your child or your family has been affected, or what your next steps should be, please email or call and I will be happy to help.

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WHAT'S HAPPENING! (CONT'D)

SECOND GRADE FIRST RECONCILIATION: Second grade students will receive the sacrament of first reconciliation this Thursday at 6:00 p.m. at Sacred Heart of Jesus Church.

OPEN HOUSE: Do you have family and friends looking for a great school? Please tell them to look no further! We will open our doors Thursday, January 21 and Tuesday, January 26, to prospective families and students. Tours run from 9 a.m. until 1:30 p.m. [Click here](#) to sign up! **Due to COVID restrictions, tours will be scheduled one family at a time and will not be student-led.*

NEED PIP HOURS? You can earn an easy hour by referring a prospective family to one of our upcoming open houses. Please refer them [here](#) to sign up for a tour. Make sure they let us know that you sent them so we can credit you an hour.

CATHOLIC SCHOOLS WEEK: Catholic Schools Week is February 1-5. More information coming soon...

ATHLETICS: Basketball season is here! See Schedule below. Please read instructions on page 6 regarding new COVID rules and restrictions for attending games.

SACRED HEART PARISH MESSENGER: The Sacred Heart of Jesus Parish Messenger for the week of January 17 is available. Click [here](#) to access the newsletter.

NEWS TO THE EDITOR. Do you have news for The Tuesday Newsletter? Please email news to Wendy Milam (WMilame@SacredHeartBR.com) by 1 p.m. the Monday prior to publication.

NOW OFFERING PRIVATE TOURS: If you know of someone that may be interested in our school, please refer them to Langley McClay (LMcClay@SacredHeartBR.com) to set up a private tour.

THE WIDE WORLD OF SACRED HEART SPORTS

DATE	TEAM & OPPONENT	TIME	LOCATION
01.20	6th Boys Basketball vs. St. Jean Vianney	5:45 p.m.	St. Jean Vianney
	7th Boys Basketball vs. St. Jean Vianney	6:45 p.m.	St. Jean Vianney
01.26	6th Boys Basketball vs. St. Alphonsus	5:45 p.m.	Sacred Heart
	7th Boys Basketball vs. St. Alphonsus	6:45 p.m.	Sacred Heart
01.28	6th Boys Basketball vs. Holy Family	6:45 p.m.	Holy Family
02.01	6th Boys Basketball vs. Catholic High Pointe Coupee	5:45 p.m.	Sacred Heart
	7th Boys Basketball vs. Catholic High Pointe Coupee	6:45 p.m.	Sacred Heart

Faith is taking the first step
even when you don't see the
whole staircase.

Martin Luther King Jr.



Are you interested in getting involved in our Home & School Association?

Let us know by sending an email to SacredHeartBRHandS@gmail.com



Be on the lookout for PIP opportunities to work home basketball games!

Catholic Schools Week is February 1-5
Information will be going home soon...

HAPPY
BIRTHDAY

1/03 - Mrs. Owens - 1st Grade
1/13 - Mrs. Leonards - Librarian

A MESSAGE FROM NURSE GERI

Building Resilience in Children Part Two

“I feel like I am failing”: Learning Self-forgiveness

You are not alone. Join most parents in America. These times are profoundly stressful, and you are likely way past juggling those balls. If you are like me, you are probably dropping some of them. Who knew that you would have to work from home while keeping your family entertained, staying on top of your kids' education, managing everyone else's emotions, worrying about finances, worrying about yourself, or your relatives' or neighbors' well-being, while simultaneously being told to stay put? Whew! I feel exhausted just saying it.

Here is the good news—Perfection is not an option here.

We know that the best way to influence your child is to be a good role model. Know that if you forgive yourself and are genuinely intentional about seeing the good in yourself now through self-compassion, your child or adolescent will learn more from you than words could ever teach. They will learn that when times get tough, we give ourselves a break. Your children will understand that when we care for ourselves, we are in a better position to care for others.

There is an even larger lesson. Young people thrive when they know that they are loved without condition and that their parents will stand by them through thick and thin. Too many young people choose not to fully include their parents in their lives for fear of disappointing them or driving them away. Your children, however, will forever feel safer including you in the details of their lives because they know they can do so without fear of losing you. Without question you will not be driven away. Your presence is reliable. They have seen you forgive yourself of your human frailty, reassuring them that you would offer them the same compassion. When young people are bathed in this level of security, they launch into adulthood knowing that they are worthy of being loved, even when they have made mistakes. They learn to be a bit gentler with themselves. That is lifelong protection.

Wishing you self-care and compassion in the week ahead,

Nurse Geri



ST. MICHAEL
— THE ARCHANGEL —
HIGH SCHOOL

6th and 7th Grade Open House

**Sunday, March 21
1 pm - 4 pm**

**Join us for a private
tour of campus.**

**Registration Required:
<https://www.smhsbr.org/openhouse>**

masks and social distancing guidelines will be followed

A message from Athletic Director Allyson Thibodeaux

We are thrilled that basketball season is actually going to happen! In order to keep everyone safe, CSAA has established COVID guidelines that MUST be followed at every game and practice. The coaches and athletes have been working hard to implement the requirements in practice; now we need to let you know what is expected of the fans.

Attached is the required CSAA COVID guidelines. Please review carefully.

1. 6th Grade game (1st game of the night): With 25% capacity, our gym can only hold forty-two (42) fans. This 42 number includes fans from the visiting team. Each fan will be counted and temperature screened at entry. When the 25% capacity number is reached, no other fans will be allowed in the gym. Please consider limiting the number of attendees in order to allow everyone the opportunity to enjoy their son's game. I will email each of you the day before the game to find out how many will be attending so the visiting team will know in advance how many fans they can bring. No 7th grade parents or fans will be allowed in the gym during the 6th grade game.

2. Immediately upon completion of the 6th grade game (1st game), the team & coaches will exit the game via the exit door by the girls bathroom. The team benches will be sanitized so that the 7th grade team can quickly enter & begin warming up for their game. ALL fans MUST exit immediately behind the 6th grade team so that the bleachers can be sanitized. When this process is completed, the 7th grade fans will follow the same procedure as the 6th grade fans (see above).

We have a maximum of fifteen (15) minutes to complete this process so everyone must exit quickly!

3. Immediately upon completion of the 7th grade game, the same procedure as above will be followed. If you will be attending multiple games, you will only be charged one entry fee.

This is asking a lot of fans, players, coaches & volunteers but this is the only way to enjoy our basketball season. Again, please study the guidelines and be familiar with everything before game night. We will need everyone's assistance in order to have this run smoothly. And more importantly, keep everyone healthy.

Geaux Tigers,
Allyson B. Thibodeaux

