

The Tuesday Newsletter



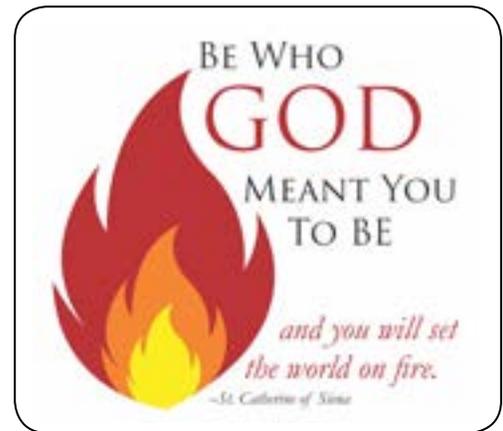
Sacred Heart of Jesus School is a diverse community dedicated to educating the body, mind and spirit.

WEEKLY NEWS FROM SACRED HEART OF JESUS SCHOOL

NOVEMBER 19, 2019

CALENDAR PEEK!

11.20	SCHOOL LITURGY (MASS LEADERS - 7TH)	8 AM	Church
	<i>Altar Servers: Claire Tramonte & Marie Henderson</i>		
	<i>Pre-K through eighth grade will attend</i>		
	<i>Dress uniforms required & remember food pantry item!</i>		
	QUIZ BOWL TRYOUTS	3:05-3:30 PM	M202
11.21	GRANDPARENT'S DAY PREVIEW	1:15 PM	Gym
11.22	GRANDPARENT'S DAY	9 AM	Gym
	EARLY DISMISSAL	11 AM	School
	<i>Carpool will run @ 11 a.m.</i>		
	<i>No buses @ dismissal & no After-Care</i>		
11.25-29	THANKSGIVING HOLIDAY		
12.02	RETURN TO SCHOOL		
12.03	BETA CLUB	2:45-3:30 PM	M208
12.04	SCHOOL LITURGY (MASS LEADERS - 6TH)	8 AM	Church
	<i>Altar Servers: Dawson Stoeckle & Karson Johnson-Harris</i>		
	<i>Pre-K through eighth grade will attend</i>		
	<i>Dress uniforms required & remember food pantry item!</i>		
12.06	CHRISTMAS SPIRIT DRESS		School
	FIRST FRIDAY MASS & NOVENA	12 PM	Church
	CHRISTMAS TREE DECORATING	1:30 PM	Gym
	& SING-A-LONG		
12.08	PANCAKES WITH SANTA	9 AM-12:30 PM	PH
12.11	BETA INDUCTION	Following 8 am Mass	Church



Grandparent's Day

SPECIAL FRIENDS ARE WELCOME ON GRANDPARENT'S DAY. Please note that students may invite special friends to our celebration on Friday if their grandparents are unable to attend.

PERMISSION SLIPS. Each student being checked out of school by grandparents after our November 22nd celebration MUST have a permission slip on file. Permission slips are included on page 4 in today's newsletter. **Remember to return one per student by Wednesday, November 20.**

PREVIEW. Grandparent's Day Preview is Thursday, November 15, 1:15 p.m., and parents are invited to attend!

GRANDPARENT'S DAY QUESTIONS? Please contact Amy Daughdrill (ADaughdrill@SacredHeartBR.com).

WHAT'S HAPPENING!

FRIDAY, NOVEMBER 22. We will have early dismissal on Friday, November 22, following our Grandparent's Day program. Carpool will run as usual, but there will be no bus service at dismissal and no after-care. Please see separate note in Grandparent's Day news regarding students checking out early with grandparents.

Continued on page 2

SCHOOL LITURGY. Our weekly school liturgy will be Wednesday, November 20, 8 a.m. Mass leaders will be our seventh grade students. Altar servers will be Claire Tramonte and Marie Henderson. Parents are invited to all school Masses. Students, remember your dress uniforms and a food item for the Sacred Heart St. Vincent de Paul Food Pantry.

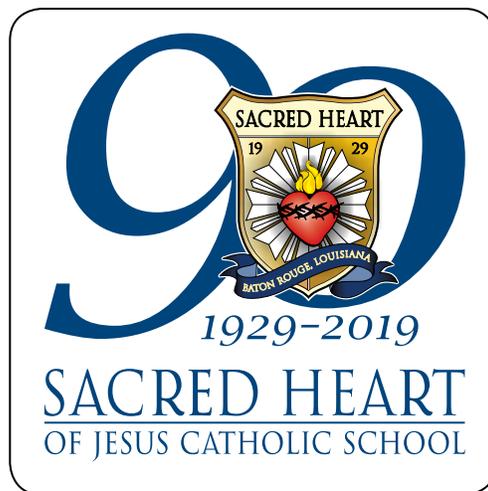
CHRISTMAS CARD CONTEST. We're so excited that our annual Christmas card contest is underway! The Thanksgiving holiday is the perfect time for students to create their artwork! Please see page 5 for more information.

BETA CLUB. Our Beta Club will meet Tuesday, December 3, 2:45 to 3:30 p.m., M208. Beta induction will be held immediately after Mass on Wednesday, December 11, Sacred Heart Church.

PANCAKES WITH SANTA. Youth Group's annual Pancakes with Santa will be Sunday, December 8, 9 a.m. until 12:30 p.m., Sacred Heart Parish Hall. Please see page 6.

SACRED HEART PARISH MESSENGER. The Sacred Heart of Jesus Parish Messenger for the week of November 17 is now available. Click [here](#) to access the document.

NEWS TO THE EDITOR. Do you have news for The Tuesday Newsletter? Please email news to Lisa Cossé (LCosse@SacredHeartBR.com) by 2 p.m. the Monday prior to publication.



The Home & School Association would like to wish you all a

Happy Thanksgiving and a wonderful holiday week. See you in December!

THE WIDE WORLD OF SACRED HEART SPORTS

DATE	TEAM & OPPONENT	TIME	LOCATION
11.19	1st Grade Bidy Soccer	5:15 p.m.	Sacred Heart Ball Field
	Pre-K/K Bidy Soccer	5:30 p.m.	Sacred Heart Ball Field
	2nd Grade Bidy Soccer	6:15 p.m.	Sacred Heart Ball Field
11.23	1st Grade Bidy Soccer & Trophies	9:00 a.m.	Sacred Heart Ball Field
	Pre-K/K Bidy Soccer	9:30 a.m.	Sacred Heart Ball Field
	2nd Grade Bidy Soccer & Trophies	10:00 a.m.	Sacred Heart Ball Field

O Lord, Great Spirit, we thank You for all the good gifts

You share with us. We thank You for the food we eat,

for the beauty of the seasons and for the wonders of Your

creation. We thank You for our friends and families and

ask You to bless and watch over us all. Most of all Lord,

we thank You for sharing Your life with us, and for the gift

of Your Son, Jesus. Amen.



NURSING BITS & PIECES

Gerianne Pearson, R.N.

THANKSGIVING: THE IMPORTANCE OF FAMILY TRADITIONS

When I think of Thanksgiving, I think of health. Health you say? Yes, health. This is not going to be an article discouraging you from having an extra piece of pie (or two). I am totally in favor of that! A person's health has many facets. I'm talking about the health of the body, mind and spirit. No time feeds all aspects of our health better than the holidays. One word addresses all these aspects. That word is tradition.

What is Tradition?

Tradition is doing something repeatedly with a group of people, in the same way and at the same time. It's a ritual that grabs your attention and shakes up your day-to-day routine. Some traditions are big, like extended family gathering for Thanksgiving, but some are much smaller, like having a special breakfast on the first day of school. Traditions represent a critical piece of our culture. They help form the structure and foundation of our families and our society. They remind us that we are part of a history that defines our past, shapes who we are today and who we are likely to become.

Why Are Traditions Important to Families?

Tradition:

- strengthens family bonds by creating lasting memories for our families and friends
- contributes a sense of comfort and belonging. It
- brings families together and enables people to reconnect.
- provides common activities connect us and give us new ways to relate to one another. How many of your conversations with relatives start with, "Remember when..." especially while you're participating in an annual event.
- gives its members a sense of identity when families maintain rituals that are important to them. You aren't just an individual, You're part of a family.
- passes down from generation to generation family morals, cultural heritages and religious beliefs further shaping one's identity.
- gives us time to focus on those who are important to us. Our lives are hectic, and every year there seems to be less and less time to spend with those we love.
- gives us a chance to stop, take a break from the chaos and focus our attention on who and what is around us.
- gives us time to be grateful and reflect how blessed we are. We can take action and pray for those who are far away from family, lonely, without adequate housing, food and so many other things.

No matter what traditions you observe with your family, I hope that your holidays are happy ones.

Wishing you an extra piece of pie or two,

Nurse Geri



**Sacred Heart of Jesus School
GRANDPARENT'S DAY PERMISSION SLIP**

This permission slip (one per child) must be turned in to the child's teacher by Wednesday, November 20, 2019.

STUDENT

GRADE/TEACHER

GRANDPARENT/GUARDIAN

This student has my permission to check out of Sacred Heart of Jesus School with his/her grandparent/guardian on Grandparent's Day, Friday, November 22, 2019.

PARENT

DATE



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Sacred Heart of Jesus School

2019 Christmas Card Art Contest

It's time for our annual Christmas Card Art Contest here at Sacred Heart! Every year we extend Christmas greetings to our Sacred Heart of Jesus family and friends. Pre-kindergarten through eighth grade students are invited to share their vision of Christmas through their beautiful art! *Your art work could be our official 2019 Christmas card!* The only criteria for the contest is that the art work must have a religious theme. So students, let the drawing begin! Return your art work on a single sheet of clean white paper, along with the form below, to school in an envelope marked "Christmas Card Art Contest." *Please, only **one** entry per student.* All art work must be received by Tuesday, December 2. Questions? Please contact Lisa Cossé (LCosse@SacredHeartBR.com).



Official entry: Sacred Heart 2019 Christmas Card Art Contest

Name _____

Grade _____ Teacher _____

Sacred Heart of Jesus Youth Group's 14th Annual



Please join us on
Sunday, December 8, 2019
9:00 a.m.—12:30 p.m.
In the Parish Hall

Tickets:
\$5.00
(in advance or
at the door)

Breakfast includes: pancakes, grits, sausage, juice and milk. Dine-in or carry out.
There will be Christmas crafts and music for the Children!

*Don't forget your camera to take a free picture with **Santa!***

Purchase your tickets today by completing the form below and returning it, along with payment,
to the Parish or School Office by Wednesday, December 4, 2019!

You may also mail the form and payment to 2250 Main St., Baton Rouge, LA 70802.

Your tickets will be held at the door for you to pick up the day of the event.

Name: _____

of tickets: _____ @ \$5.00 each = _____ Total Enclosed: _____

(If applicable, fill out lines below. Tickets will be held at the door for pick up the day of the event.)

Student's Full Name: _____ Grade/Section: _____

Checks can be made payable to Sacred Heart Church!

All proceeds benefit the Sacred Heart of Jesus Youth Group!

**ST. JOSEPH'S ACADEMY
HOLIDAY VOLLEYBALL CAMP**

January 2 & 3

THURSDAY, JANUARY 2

9 a.m. – 4 p.m.
(Skills Work)

FRIDAY, JANUARY 3

9 a.m. – 12 p.m.
(Tournament)

**COACH
SIVI MILLER**

**GIRLS IN
GRADES 4-8**

**ACADEMY STUDENT
CENTER**

COST: \$85

Only one session available. Space is limited, so sign up now.

Early drop off for camp begins at 8:30 a.m. in the new Academy Student Center. You can register online at sizzlingsummer.org. Registration opens November 1. Limited spots available. For more information, contact **Leighann King** at 388-2209 or kingl@sjabr.org.

PLEASE BRING YOUR LUNCH ON THURSDAY.